

Innovative Models to Promote Aging in Place in Social Housing: GEF Seniors Housing Quality of Life Philosophy

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Quick Facts about GEF Seniors Housing



GEF Seniors Housing is the largest provider of subsidized seniors housing in **ALBERTA**



Close to
4,000

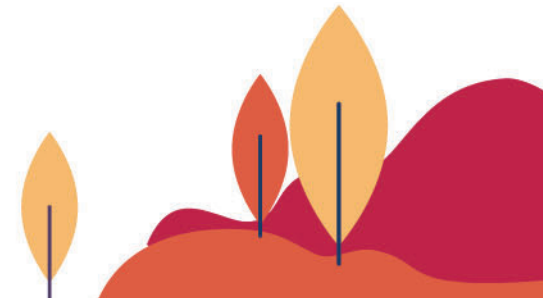
seniors call **GEF** home. Our measure of success is our seniors' comfort and peace of mind in well maintained communities



Quick Facts about GEF Seniors Housing

35 apartment
buildings
(73% of units)

11 lodges
(27% of units)



Apartment Program

- Independent living apartment style accommodations geared to seniors who are able to live independently
- Rent is calculated at 30% of annual income.



Lodge Program

- Supportive Living environment in which residents are provided with meals, housekeeping services, as well as activity and wellness programming.
- Health Care services are available through Alberta Health Services and their contracted partners
- Rent is calculated at 30% of annual income plus the cost of support services.



Average Age by Housing Type



Average age of
Apartment tenants
74 years

Average age of
Lodge residents
83 years



The Contextual Landscape for Supporting Aging In Place

- Infrastructure
- Clients moving in a later age
- Acuity of clientele health



Quality of Life Philosophy

"To provide seniors with accessible, affordable, and safe housing in comfortable and supportive environments that promotes opportunities to successfully age in place"



Activity and Wellness

Clients:

- Contribute to what happens in their community
- Develop a shared sense of relatedness
- Facilitating their integration into the community
- Helping them to develop an emotional connection with the community
- Provide opportunities for engagement with each other and the staff



Community Support Program

- Conducting social assessments that involve identifying physical and socio-emotional needs of seniors.
- Advocating on behalf of seniors who may be in need of services and supports.
- Networking and liaising with community resources and provide information for seniors on a range of topics.



Supporting Aging in Place

- Engage and support for clients in their home spaces
- Person centered model
- Promoting clients' agency
- Supporting clients choice re engagement and acceptance of support



Pandemic Shifts

- Identify (re)new(ed) ways to work with partners
- Adapting programming to more effectively reach the clients that are meeting their engagement and connection needs



Thank you

