

Ditch the binders!

Being a caregiver to someone living with a chronic illness can be both mentally and emotionally draining. Medications, appointments, contacts and reports all need to be organized. Binders are one approach, but they can quickly fill up – especially when you’re managing several specialists across different health districts. Dealing with endless to-do lists, on top of the emotional toll of being a caregiver, can lead to caregiver burnout.

Chronically Simple gives you the ability to manage appointments and medications in one central place – making it easy to share information with others to ensure continuity of care. It means one less post-it note to write. One less report to remember to bring. And one less reminder you need to set for yourself.

The use of technology in patient-centered care is here to stay and having control of their records and health information provides the opportunity to be more of being more empowered advocates in the healthcare journey. Chronically Simple provides a digital method of facilitating collaboration with the further goal of easing patient and caregiver burnout.

Helping you manage the healthcare of someone you love.

