

# Establishing FICare Standards within the UK

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Chair of the BAPM FICare  
working group



British Association of  
Perinatal Medicine



# What is BAPM?



- A multidisciplinary group of professionals dedicated to shaping the delivery, and improving the standard of perinatal care in the UK
- Currently membership is over 1700 and it continues to grow
  - International members are very welcome!
- BAPM produces many resources to support perinatal teams
  - Frameworks for Practice, Quality Improvement Toolkits and Webinars
  - Working groups formed from BAPM members
  - Diverse as possible across the perinatal team, across the UK and including parent representatives
  - All work is done by professionals working on a volunteer basis

<https://www.bapm.org>

# Recent Frameworks for Practice

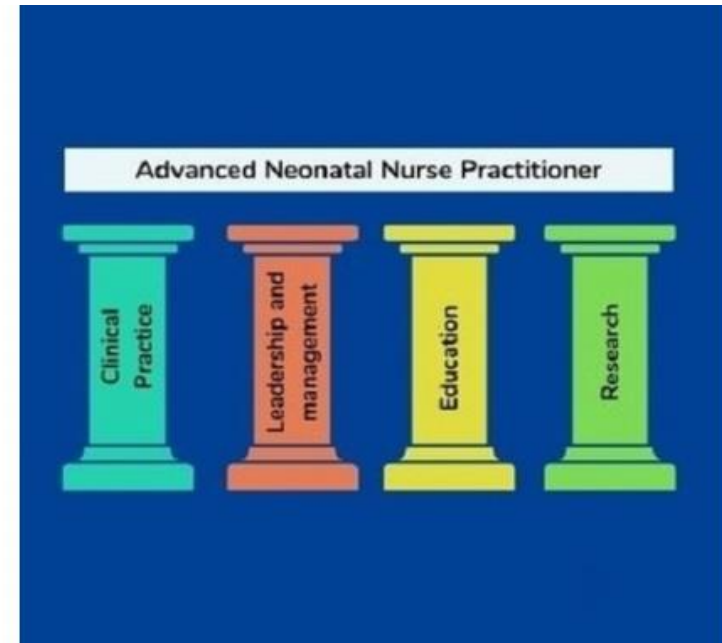


Therapeutic Hypothermia for Neonatal Encephalopathy

*A BAPM Framework for Practice Dec. 2020*

Advanced Neonatal Nurse Practitioner Capabilities Framework

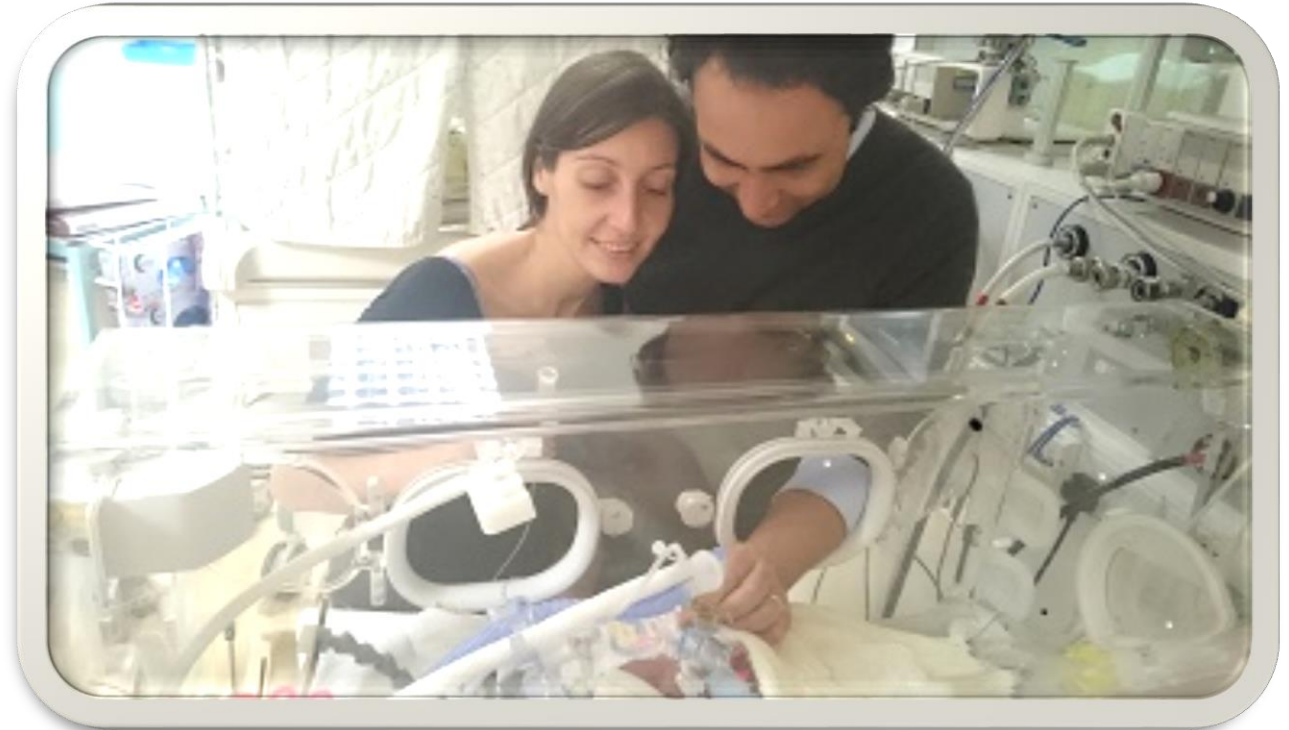
*A BAPM Framework for Practice May 2021*



# Why a FICare Framework for Practice?



- Growing scientific evidence base
- Pioneering UK centres demonstrating the success of the approach
- Wider appreciation of the importance of FICare
- Requests from the BAPM membership





# FICare Group Members



Debbie Bezalel	BLISS Representative
Chelsie Letts	BLISS Representative
Nadia Leake	Parent Representative
Nikki Crowley	Trainee Representative
Aniko Deierl	Neonatologist, London
Maha Mansour	Neonatologist, Cardiff
Liz McKechnie	Neonatologist, Leeds
Neil Patel	Neonatologist, Glasgow
Grazia Sinar	Nursing Representative
Rebecca Lemin	Network Representative



# FICare Working Group Process



1

- Initial face to face meeting (now virtual)
- Literature and evidence review / adapt existing FICare implementation models (4 pillars)

2

- First draft of framework created and circulated
- Iterative process of refining and improving the framework (virtual meetings and emails)

3

- Collect practical examples to reinforce the framework
- Circulate final draft to BAPM membership and other stakeholders for consultation

# Response to the Consultation Feedback

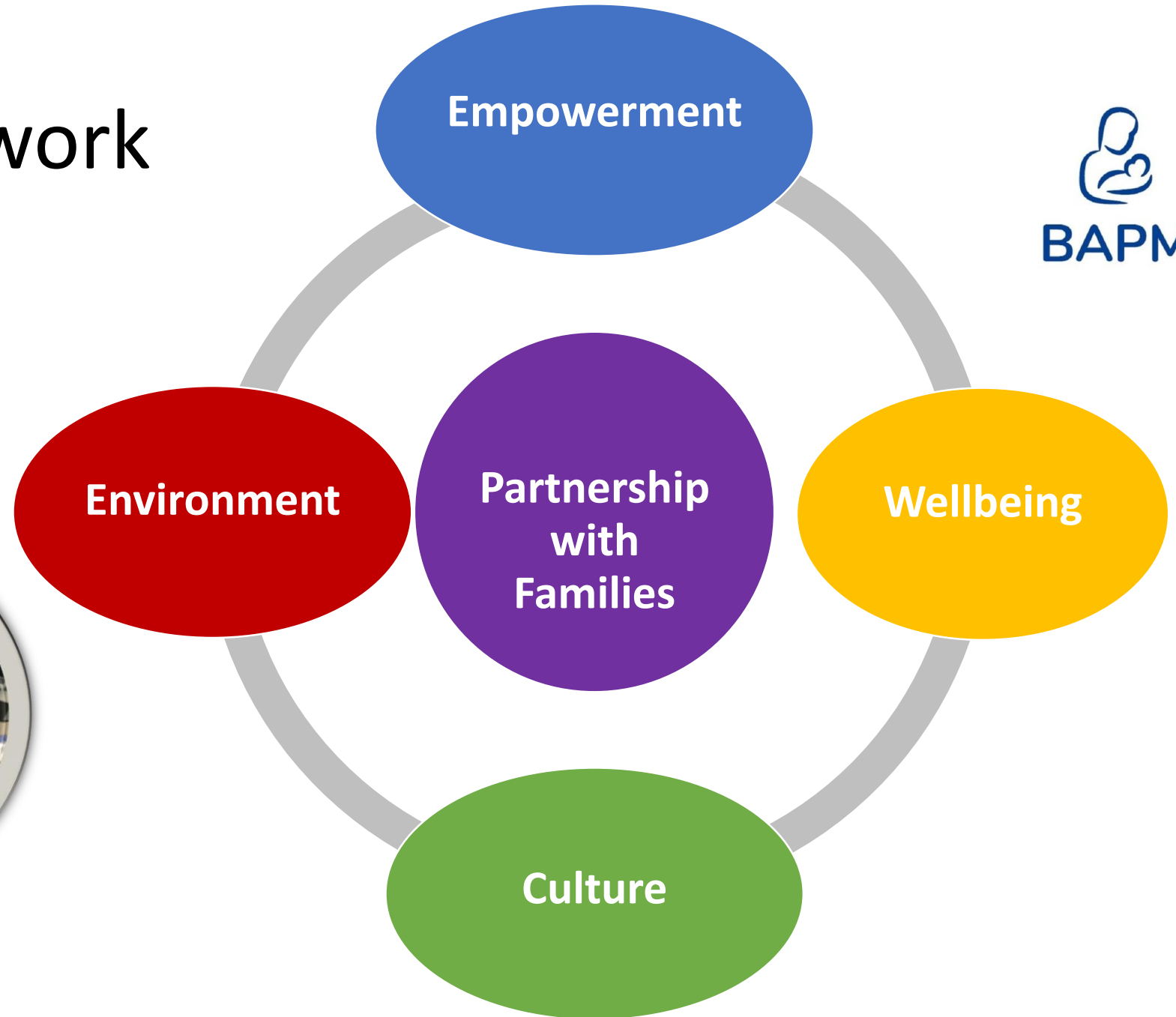


Your name and workplace: XXXX

Page number/ heading / general comments	Line number/ 'general' for comments	Comments  Please insert each new comment in a new row
13	General	Is there any expectation of what the psychological will be? It could vary from peer support to clinical psychologist?
13	General	Can units develop their own training or would there be an expectation of purchasing from larger organisation, communication skills, mentoring and coaching parents, trauma informed care etc
14	General	Availability of onsite child care/play therapists, how much is recommended or is it individual unit discretion?
16	General	Appointment of regional care coordinators only in England, maybe needs emphasising as this is a UK document.
17	General	Biannual regional peer review against standards, will there be a tool to ensure consistency? Is this leading to a system of accreditation?

Response from working group: XXXX

# FICare Framework for Practice







### **PARTNERSHIP WITH FAMILIES**

Families are seen as equal partners in the care team, and integrated into all aspects of their baby's neonatal journey including shared decision making



### **EMPOWERMENT**

Parents are provided with education, training and support to have the confidence, knowledge and tools to understand and engage fully in their babies care and to advocate for their needs



### **WELLBEING**

Family mental health and welfare are priorities with access to support and information that promote and enable wellbeing  
Staff wellbeing is prioritised



### **CULTURE**

Neonatal units are underpinned by a shared and collaborative culture that promotes the integration of families into the delivery of care. Staff are empowered to lead the implementation of FICare



### **ENVIRONMENT**

Neonatal units provide physical and social environments that are family friendly, comfortable and which enable parents to spend as much time as they wish with their babies



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FICare  
Framework  
for Practice.....  
coming soon



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