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— 2022 —

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November 3 & 4, 2022

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Welcome and Introduction

Toronto ABI Network Conference 2022

It is our pleasure to welcome you to our 11th biennial conference!

We are very grateful you could join us in person this year – we've been amazed by the level of enthusiasm and support for this year's event! Each of our conferences provides an opportunity for all of us to establish and maintain links across the ABI community, and to share the work accomplished.

These past 2 plus years have challenged us all, and it is in our connections to each other where many of us have found the support and strength we needed. We encourage you to use these two days to meet with colleagues, clients and family members, our various conference sponsors and make new connections.

Our conference features sessions that appeal to the many professionals working with individuals who have sustained a brain injury, as well as survivors and family members living with the effects of brain injury. Our aim is to provide you, the delegate, with opportunities to reflect on the advances that have benefited the lives of individuals living with a brain injury and to look towards the future direction of research, resources, clinical practice and personal journeys.

The success of this conference could not be possible without the valuable contributions of our Conference Planning Committee. Refer to page 7 for our full volunteer committee list. We are also very grateful for the overwhelming response we have received from our sponsors this year; both returning and new – thank you very much for your support! We ask all delegates to please take advantage of the networking opportunities provided throughout the conference to connect with our sponsors, view their informative exhibits and learn about the variety of services available across the system.

Proceeds from this conference support the ongoing work of the Toronto ABI Network. Since 1995, the ABI Network has and continues to address issues of fragmentation in the system and inequitable access to service for individuals with an acquired brain injury. The Network is the central and recognized voice in advocating for the needs of those living with the effects of acquired brain injury. Clients, families, ABI stakeholders, the Ministry of Health and others rely on the ABI Network as a resource for information and advice, and a forum for the identification and resolution of issues affecting ABI services across the Greater Toronto Area and beyond.

We hope you find this conference informative, inspiring and enjoyable. Thank you for sharing these two days with us.

Sincerely,



Colleen Boyce
Chair
Conference Planning Committee



Charissa Levy
Executive Director
Toronto ABI Network



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Planning Committee for Toronto ABI Network Conference 2022

The Toronto ABI Network would like to thank the following individuals who participated on the 2022 conference planning committee for this event:

Volunteer Committee Members:

Colleen Boyce, Bayshore Therapy & Rehab, NRIO (Planning Committee Chair)

Akriti Agrawal, Sinai Health – Hennick Bridgepoint Hospital

Bob Murphy, Community Volunteer

Galyn Baptist, Community Head Injury Resource Services

Johanna Skippon, Unity Health Toronto – Providence Healthcare

Leanne Shapiro, FunctionAbility Rehabilitation Services

Miranda Hong, University Health Network – Toronto Rehab Institute

Nathalie Brown, West Park Healthcare Centre

Nesamet Girma, University Health Network – Toronto Western Hospital

Tonya Flaming, REHABilitation Planning (Sponsorship Committee Chair)

Roxanne Riess, Community Volunteer

Staff Support:

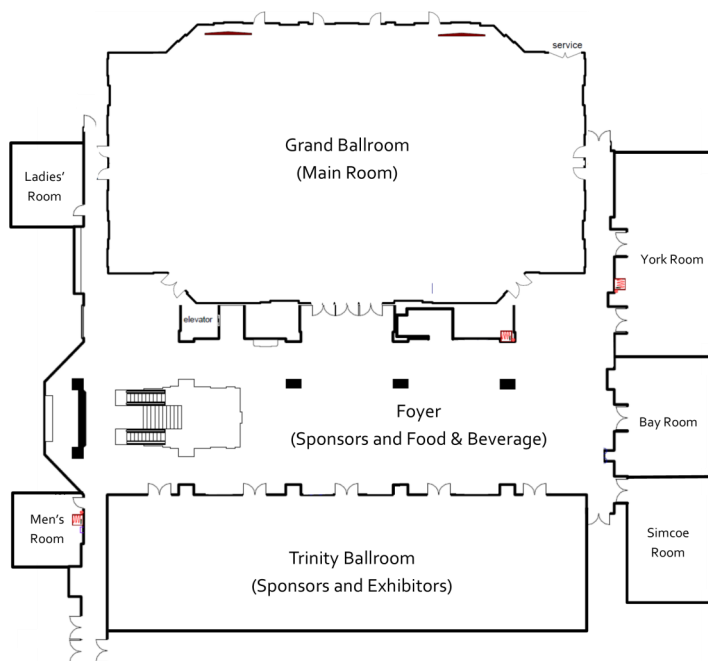
Charissa Levy, Executive Director, Toronto ABI Network

Linda Ngan, Project Manager, Toronto ABI Network

The planning committee would also like to extend our thanks to the Conference Services team of UHN Education for providing conference management services for this event.

Conference Venue Details

Marriott Eaton Centre Lower Convention Level



Wifi

Wi-Fi is available at the Toronto Marriott Downtown Eaton Centre Hotel.

Network: MarriottBonvoy_Conf

Password: ABI2022

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Provincial ABI Navigators Contact Information

Region #1 - Erie St. Clair

ABI & Exceptional Supports Manager
Assisted Living Southwestern Ontario
(519) 969-8188 x256

Region #2 - South West

Regional ABI Navigator, St Joseph's Health Care London
Acquired Brain Injury Program
P. O. Box 5777, Station B
London ON N6A 4V2
(519) 685-4292 x42988

Region #3 - Waterloo Wellington

ABI Intensive Care Coordinator
Traverse Independence
1-1382 Weber St E, Unit 1
Kitchener, ON N2A 1C4
(519) 580-9206

Region #4 - Hamilton Niagara Haldimand Brant

HNHB ABI Network Service & System Navigator
225 King William St. Suite 508
Hamilton, ON L8R 1B1
(905) 523-8852 x251

Region #5 - Central West

Region #6 - Mississauga Halton

Interim Clinical Services Manager, Mind Forward
176 Robert Speck Pkwy
Mississauga, ON L4Z 3G1
(905) 949-4411 x240

Region #7 - Toronto Central

ABI Referral Coordinator
Toronto ABI Network
550 University Ave. Rm. 3-102-11
Toronto, ON M5G 2A2
(416) 340-4800 x8660

Region #8 - Central

ABI System Navigator, Central ABI Collaborative
62 Finch Ave. W.
Toronto, ON M4G 3V9
(416) 240-8000 x755
navigator@chirs.com

Region #9 - Central East

CE ABI Network & System Navigator
Brain Injury Association of Peterborough Region
160 Charlotte Street. Unit 100
Peterborough, ON K9J 2T8
(705) 741-1172

Region #10 - South East

SEO ABI System Navigator
Regional Community Brain Injury Services
401-303 Bagot St. Lasalle Mews
Kingston, ON K7K 5W7
(613) 547-6969 x37165

Region #11 - Champlain

Champlain System Navigator for Acquired Brain Injury
Champlain Local Health Integration Network
613-745-8124 x5963

Region #12 - North Simcoe Muskoka

North Simcoe Muskoka ABI Collaborative
(705) 734-2178 x228

Region #13 - North East

March of Dimes Canada
(705) 671-3188 x237

Region #14 - North West

Intake Coordinator
Brain Injury Services of Northern Ontario
426 Balmoral St.
Thunder Bay, ON P78 5G8
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People's Choice Award Vote for Your Favourite Rapid Podium Presentation

To acknowledge the incredible amount of work that goes into rapid podium presentations, the conference planning committee is requesting all registrants to vote for their favourite presentation via the online survey!

Criteria:

- Originality and innovativeness
- Relevance to previous work
- Building on and relevance to body of knowledge
- Evidence and objectivity
- Clarity and presentation
- Quality and logical progression of argument
- Theoretical and practical implications

The URL to vote will be posted on the screens in the Main Room immediately following the Rapid Podium Presentations, during the Q&A session. There will also be an email sent out on Thursday morning to all delegates with the link included.

You can either click on the link to access the survey or type in the URL that will be displayed on the screen into your smart phone / tablet / laptop.

If you do not have a smart phone / tablet / laptop, we will have a limited number of paper ballots available at registration.

Voting will close at 10:30 am on Day 2, at the end of the Morning Break.

The award winner will be announced during the closing remarks on November 4, 2022.

Presentation Handouts for Toronto ABI Network Conference 2022

Presentation slides from the Toronto ABI Network Conference 2022 will be posted on the conference website within two weeks following the conference where permissions allow. To obtain a copy of the presentations, please visit:

<https://events.myconferencesuite.com/abi2022/page/program>

Delegate Directory

A full list of attendees can be found at:

https://event-wizard.com/files/clients/VLDVoVYQ/2022_ABI_Delegate_List_-_2022.10.24.pdf

The information for conference delegates is based on information provided by registrants who registered before October 24, 2022. This list excludes those registrants who requested not to have their information included. We apologize in advance for any errors or omissions to this list.

Proud to support the Toronto ABI Network Conference 2022

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Day 1: Thursday November 3, 2022

7:30 am	Registration & Breakfast		
8:45 am	Opening Remarks		
9:00 am	Keynote Address (Grand Ballroom)		
	Seeing Through Brain Fog: Disentangling the Cognitive, Physical, and Mental Health Sequelae of COVID-19 <i>Dr. Adrian Owen, OBE, PhD (Western University, Ontario, Canada)</i>		
10:10 am	Concurrent Session I		
	Session A (York AB)	Session B (Bay)	Session C (Grand Ballroom)
	ABA in ABI: The Role of Applied Behaviour Analysis in Acute and Chronic Brain Injury Rehabilitation <i>Stacie Dertinger, MADS, BCBA (Anchor Rehabilitation Support Services)</i> <i>Sandy Shamsoun, MS, BCBA (Mind Forward Brain Injury Services)</i>	The Intersection of Acquired Brain Injury and the Clinical Justice Program: A Cross Collaboration Providing Comprehensive Support <i>Samantha Airhart, BSc (Psych) (Centre for Behaviour Health Sciences, Mackenzie Health)</i> <i>Laura Bellon, BA, Bed (Brain Injury Society of Toronto)</i> <i>Marnie Lye, RSSW - (Community Networks of Specialized Care–Central East)</i> <i>Vicky Simos, M.ads, BCBA (Community Networks of Specialized Care–Central East)</i> <i>Courtney Hutson, BA, MA (Community Networks of Specialized Care–Central East)</i>	Learn to Thrive with Post Concussion Syndrome: A positive psychology-based well-being program improving the emotional and psycho-social experience of those living with PCS <i>Arvinder Gaya, BSc OT, OT Reg (Ont) (Revive and Thrive Wellbeing Inc.)</i> <i>Lina Maria Aristizabal, OCT, MSc, BEd, APCC (Revive and Thrive Wellbeing Inc.)</i>
10:55 am	Morning Break and Networking Break with Sponsors		
11:25 am	Concurrent Session II		
	Session A (Grand Ballroom)	Session B (York AB)	Session C (Bay)
	Using the 4 M's of Mental Health to Improve the Well-Being of People Living with Brain Injury During the COVID-19 Pandemic and Beyond <i>Michelle Busse, Psy.D, C.Psych (Community Head Injury Resource Services (CHIRS))</i> <i>Dr. Lisa Bolshin, PhD, C.Psych (Community Head Injury Resource Services (CHIRS))</i> <i>Amanda Muise, BST (Community Head Injury Resource Services (CHIRS))</i>	ABI In the Streets: A Collaborative Approach for those who are Experiencing Homelessness <i>Toby Harris (Traverse Independence)</i> <i>Aaron Willmott (Traverse Independence)</i>	Enabling Meaningful Remote Collaboration: Principles and Practices to Create Inclusive Online Meetings with Both Clients and Colleagues <i>Kirsten Clacey (The Remote Coaches)</i> <i>Joanne Perold (The Remote Coaches)</i> <i>*presenters joining remotely</i>
12:10 pm	Lunch and Networking Break with Sponsors - sponsored by Platinum sponsor, iScope Concussion and Pain Clinics		
1:15 pm	Rapid Podium Presentations - 6 presentations (8 minutes each) (Grand Ballroom)		
	Pillars of ABI Community Support - The Role of the Provincial ABI System Navigator <i>Cathy Halovanic, BPHE, M.Sc. (Central ABI Collaborative) & Julie Osbelt, B.A. in TR (Hons) (Toronto ABI Network (TABIN))</i>		
	Mining Traumatic Brain Injury Event Data of Male and Female Patients According to the Haddon Matrix <i>Dr. Tatyana Mollayeva, MD, PhD (University Health Network)</i>		
	Tech Based Solution to Personal Care and Rehabilitation <i>Jennifer Berg-Carnegie, OT (Invisible-Care)</i>		
	There's an App for That: Individuals with an mTBI may improve their symptoms by using an app to pace and plan their activities <i>Dr. Laura Graham, PhD (Western University)</i>		
	An Investigation of Sleep and Neuropsychiatric Measures in Brain Injury Rehabilitation <i>Rebecca Wood, BSs, MSc – Queen's University & Dr. Elvina Chu, PhD, FRCPsych (Queen's University)</i>		
	Food for the Soul - The Community Head Injury Resource Services (CHIRS) Food Security Program <i>Rachelle Gebel, DPTRT (Community Head Injury Resource Services (CHIRS)) & Sean Hollingsworth, MSW, RSW (Ont.) (Community Head Injury Resource Services (CHIRS))</i>		

Day 1: Thursday November 3, 2022

2:15 pm	Concurrent Session III		
	Session A (Bay)	Session B (York AB)	Session C (Grand Ballroom)
	WRAP Groups for Persons with Brain Injury <i>Fozia Murtaza (Wellness Recovery Action Plan (WRAP) Mental Health and Wellness Recovery Workshops)</i> <i>Isabelle Rivaletto (Brain Injury Society of Toronto)</i>	Working With Challenging Clients in a Virtual Age: Professional Boundaries and Self-Care for Health Care Workers and Administrative Staff <i>Eden Dales, MSW RSW (Eden Dales Social Work and Counselling Services)</i>	Can we get there from here? Developing and Implementing an Ideal Neurotrauma Care Pathway <i>Judy Gargaro, BSc, MEd (University Health Network)</i> <i>Dr. Matheus Wiest, PhD (University Health Network)</i> <i>Dr. Mark Bayley, MD (University Health Network)</i>
3:00 pm	Afternoon Break and Networking Break with Sponsors		
3:30 am	Keynote Address (Grand Ballroom)		
	Improving the Management of Post-Traumatic Amnesia after Traumatic Brain Injury <i>Dr. Adam McKay, MPsych, PhD (Monash University, Victoria, Australia) *presenter joining remotely</i>		
4:30 pm	Closing Remarks		
4:45 pm	Networking Event - Sponsored by Diamond sponsor, Thomson Rogers		

Day 2: Friday November 4, 2022

7:30 am	Breakfast		
8:45 am	Opening Remarks		
9:00 am	Keynote Address (Grand Ballroom)		
	Improving Outcomes for Care Partners: The Development of the TBI-CareQOL Measurement System and its Clinical Use in the CareQoL Self-Management App <i>Dr. Noelle Carlozzi, PhD (University of Michigan, USA)</i>		
10:00 am	Break and Last Vote for People's Choice		
10:30 am	Concurrent Workshops		
	Session A (York AB)	Session B (Bay)	Session C (Grand Ballroom)
	Brain Injured Clients and the Litigation Process <i>Matthew Sutton, BA, LL.B, JD (Personal Injury Lawyer, Thomson Rogers)</i>	Centering the Survivor of IPV with ABI <i>Deirdre Reddick, BA (Vocational Rehabilitation Specialist)</i>	Communication Disorders and How They Affect Consent Conversations, Relationships, and Intimacy <i>Dr. Laura Wolford, PhD, MS, CCC-SLP (Midwestern University)</i>
11:30 am	Lunch and Networking Break with Sponsors		
12:30 pm	Keynote Address (Grand Ballroom)		
	Yes Suffering and Loss - and Healing and Hope: My 10-Year Journey with TBI <i>Angie Davis, BA, BEd, RYT, iRest Meditation Teacher (Gentle Yoga International)</i>		
1:30 pm	Closing Remarks and presentation of People's Choice Award		

Day 1: Thursday November 3, 2022**Keynote Address: 9:00 am - 10:00 am****Location: Grand Ballroom**Title:**Seeing Through Brain Fog: Disentangling the Cognitive, Physical, and Mental Health Sequelae of COVID-19**Presenter:**Dr. Adrian Owen, OBE, PhD *University of Western Ontario***Presentation Synopsis:

As COVID-19 cases exceed hundreds of millions globally, many survivors face cognitive challenges and prolonged symptoms. My talk will focus on a recent cross-sectional online study of the cognitive, physical, and mental health outcomes in 500 adult COVID-19 survivors. The results revealed two modes of variation: one that varied mostly with physical symptoms and illness severity, and one with mental health. Cognitive performance was positively correlated with the global measure encompassing physical symptoms, but not the one that broadly described mental health, suggesting that the subjective experience of “long COVID” relates to a combination of physical symptoms and cognitive deficits.

Learning Objectives:

- To understand how the pattern of mental health outcomes (e.g. anxiety, depression) in COVID-19 survivors may be dissociated from the pattern of physical outcomes (e.g. pain, fatigue, impairments of physical functioning)
- To understand how the cognitive outcomes following COVID-19 infection are domain specific; that is, which types of cognition are impaired and which are not
- To understand the relationship between cognitive impairment following COVID-19 infection and the severity of physical illness during the infection period.

Presenter Biography:

Adrian M. Owen OBE, PhD is currently a Professor of Cognitive Neuroscience and Imaging in the Departments of Physiology & Pharmacology and Psychology at the University of Western Ontario, Canada. He also directs the Brain, Mind, and Consciousness program funded by the Canadian Institute for Advanced Research (CIFAR) and is on the Executive Committee of the CFREF funded initiative BrainsCAN at the University of Western Ontario, Canada. Dr. Owen was previously the Assistant Director of the Medical Research Council Cognition and Brain Sciences Unit at Cambridge University and the Canada Excellence Research Chair in Cognitive Neuroscience and Imaging at Western University. His research combines structural and functional neuroimaging with neuropsychological studies of brain-injured patients and has been published in many of the world’s leading scientific journals, including *Science*, *Nature*, *The New England Journal of Medicine* and *Lancet*. Adrian Owen is best known for showing that functional neuroimaging can reveal conscious awareness in some patients who appear to be entirely vegetative and can even allow some of these individuals to communicate their thoughts and wishes to the outside world. These findings have attracted widespread media attention on TV, radio, in print and online and have been the subject of many TV and radio documentaries. Dr. Owen has played multiple editorial roles, including 9 years as Deputy Editor of *The European Journal of Neuroscience*. He has published over 360 peer-reviewed articles and chapters and a best-selling popular science book *Into the Gray Zone: A Neuroscientist Explores the Border Between Life and Death*. Dr. Owen was recently awarded Officer of the Most Excellent Order of the British Empire (OBE) in the Queen’s Honors List, 2019, for services to scientific research.

Day 1: Thursday November 3, 2022**Concurrent Session 1A: 10:10 am - 10:55 am****Location: York AB**Title:**ABA in ABI: The Role of Applied Behaviour Analysis in Acute and Chronic Brain Injury Rehabilitation**Presenters:**Stacie Dertinger, MADS, BCBA Anchor Rehabilitation Support Services****Sandy Shamsoun, MS, BCBA Mind Forward Brain Injury Services**Presentation Synopsis:

Behavioural Analysis has evolved from the early days of behaviour modification. Today's behaviour analysts work within a trauma informed lens, and understand how environment, emotions and thoughts can influence a person's behaviour. A Board Certified Behaviour Analyst (BCBA) is a valuable contributing member to an interdisciplinary team of professionals working with individuals who have sustained an ABI. Although typically associated as an Autism intervention, Applied Behaviour Analysis is scientific approach to understanding behaviours that addresses behavioural excesses (e.g., aggression, impulsivity, social inappropriateness) and improves skill deficit (e.g., social skills, activities of daily living, effective communication) through a client centred approach. Following an ABI, a plethora of programs aimed to improve functionality and outcomes are introduced; however, motivation to engage with programming may be limited. Behavioural analysis is an effective therapy recommended to break down motivational barriers, identify the function of non-adherence, and help the client achieve optimal outcomes. Including BCBAs within the clinical treatment teams can reduce interfering/challenging behaviours, increase contextually appropriate skills, and enhance positive rehabilitation outcomes for individuals with an ABI living in residential homes and community settings. Through case study examples, we will highlight the value of a BCBA within treatment teams from the acute community and home-based settings to long term residential rehabilitation systems. We'll examine a BCBA's contribution such as functional behavioural assessments, skill development and treatment recommendations, staff training, data collection and analysis and ethical compliance. We'll move beyond the ABC model of behaviour to discuss a constructional approach to rehabilitation.

Learning Objectives:

- Understand the core principles behind modern behavioural analysis and it's application to various populations
- Understanding the valuable contributions a Board Certified Behaviour Analyst (BCBA) can contribute to an interdisciplinary team working with individuals with Acquired Brain Injury (ABI)
- Identify three different areas that a behaviour analysts can assist with in the acute or chronic rehabilitation process.

Presenter Biographies:

Stacie has over 17 years of experience providing clinical rehabilitation and behavioural services to teens and adults who have complex care needs with intersecting disabilities of traumatic brain injury (TBI), mental illness, intellectual developmental delay, physical impairments, and addictions, in residential and community settings. Stacie graduated from Brock University with her Masters in Applied Disability Studies, and is a Board Certified Behaviour Analyst. She is the Clinical Director for Anchor Rehabilitation Support Services, and part time instructor at Mohawk College, George Brown College and McMaster University in the Autism and Behavioural Science programs. Stacie is a director at large for the Ontario Association of Behaviour Analysis (ONTABA). She has presented at provincial and national conferences on creating ethical behavioural interventions, neurodiversity and inclusion practices, functional communication, ethics of sexuality, the intersection of mental health and TBI, and how to achieve successful rehabilitation for hard to serve clients with TBI.

Sandy is a Board Certified Behaviour Analyst with over 10 years of experience working with individuals that have exceptional needs. She holds a Master's degree in Applied Behaviour Analysis and Autism. Throughout her career, she has worked in various settings including day programs, group homes, and children's treatment centres. In her current role, she is responsible for developing and supporting the implementation of comprehensive intervention plans for clients who have sustained an acquired brain injury with a spectrum of behaviours, developing and facilitating professional development to front line staff in applied behaviour analysis strategies and functional skills training, and data collection and analysis. She is passionate about helping individuals (both staff and clients) reach their full potential.

Day 1: Thursday November 3, 2022**Concurrent Session 1B: 10:10 am - 10:55 am****Location: Bay**Title:**The Intersection of Acquired Brain Injury and the Clinical Justice Program: A Cross Collaboration Providing Comprehensive Support**Presenters:**Samantha Airhart, BSc (Psych) Centre for Behaviour Health Sciences (Mackenzie Health)****Laura Bellon, BA, Bed Brain Injury Society of Toronto****Marnie Lye, RSSW Community Networks of Specialized Care – Central East****Vicky Simos, M.eds, BCBA Community Networks of Specialized Care – Central East****Courtney Hutson, BA, MA Community Networks of Specialized Care – Central East**Presentation Synopsis:

The Clinical Justice Program (CJP), established in 2018, is a collaboration between Centre for Behaviour Health Sciences (Mackenzie Health) and Community Networks of Specialized Care-Central East (CLH Developmental Support Services). The CJP's mission is to support complex individuals with a dual diagnosis who are involved in the criminal justice system as a victim, witness or accused to ensure they experience the justice system in an equitable manner. Over the years, our CJP has collaborated with a number of cross-sectoral community service partners, developing comprehensive programs to address the varying needs of those we support. Recently, we had the opportunity to partner with the Brain Injury Society of Toronto to assist an individual with an Acquired Brain Injury (ABI) who was justice-involved and required a collaboration of tailored supports. A case study will be presented to highlight the effectiveness of the collaboration and how an ABI Specialist, an Applied Behaviour Analyst, and a Dual Diagnosis Justice Coordinator can work together to provide comprehensive, qualitative programming to best serve the needs of our clients. In turn, participants will learn different models of support within our Clinical Justice Program, including the success of our Adapted-Dialectical Behaviour Therapy (A-DBT) Justice group, where quantitative data has shown to be an effective and adaptable support for individuals with neurodiverse needs and considerations. We will also identify observed gaps in service from our CJP lens, and address how we might build capacity to enhance the programs we offer and strengthen the partnerships we share.

Learning Objectives:

- Illustrate through a case study how the collaboration between an ABI Specialist, an Applied Behaviour Analyst, and a Dual Diagnosis Justice Coordinator can be paramount in providing comprehensive service for an individual with an ABI who is justice involved
- Highlight the various models of support within the Clinical Justice Program (CJP), including the effectiveness of our Adapted-Dialectical Behaviour Therapy Justice Group to support individuals with a variety of neurodiverse needs and considerations
- Identify observed gaps in service from a CJP lens and address how we might build capacity and strengthen community partnerships.

Presenter Biographies:

Samantha is currently a Behaviour Consultant/Justice Specialist with the Justice Clinic at Centre for Behaviour Health Sciences (CBHS), Mackenzie Health. Her contributions to the Clinical Justice Program at the Community Networks of Specialized Care – Central East (CNSC-CE) include creating and implementing ABA Justice Plans for clients involved in the justice system as well as a facilitator for the A-DBT Justice Group.

Continued on next page

Day 1: Thursday November 3, 2022
Continued...

Concurrent Session 1B: 10:10 am - 10:55 am
Location: Bay

Presenter Biographies:

Laura is a Community Coordinator at the Brain Injury Society of Toronto (BIST) with the Homeless Prevention Program. Laura's career has focused on the Social Service sector, providing support to individuals with Brain Injury, Mental Health and Addictions for over 20 years. Laura has worked closely with individuals in navigating various court proceedings, including criminal justice, Landlord and Tenant Board, Immigration hearings, and Social Benefits Tribunal.

Marnie is currently a Dual Diagnosis Justice Coordinator (DDJC) and lead A-DBT Justice Program facilitator and content creator for the Community Networks of Specialized Care – Central East (CNSC-CE). Marnie's specialist career has been devoted to the health and social sectors, with a primary focus in Developmental Services, Behavioural Therapy, and Neurological Rehabilitation.

Vicky is currently a Dual Diagnosis Justice Coordinator (DDJC) with the Community Networks of Specialized Care – Central East (CNSC-CE) and Justice Clinic Coordinator at Centre for Behaviour Health Sciences (CBHS), Mackenzie Health. Her contributions to the Clinical Justice Program include clinical supervision, the creation and implementation of ABA Justice Plans, Justice App content, and A-DBT Justice Group content and facilitation.

Courtney is currently a Dual Diagnosis Justice Coordinator (DDJC) and Justice Clinical Supervisor at the Community Networks of Specialized Care – Central East (CNSC-CE). Her contributions to the Clinical Justice Program include Justice App content, A-DBT Justice Group facilitation, content creation, as well as DDJC clinical supervision.

Day 1: Thursday November 3, 2022**Concurrent Session 1C: 10:10 am - 10:55 am****Location: Grand Ballroom**Title:**Learn to Thrive with Post Concussion Syndrome: A Positive Psychology-Based Well-Being Program Improving the Emotional and Psycho-Social Experience of those Living with PCS**Presenters:**Arvinder Gaya, BSc. OT, OT Reg (Ont) *Revive and Thrive Wellbeing Inc*****Lina Maria Aristizabal, OCT, MSc, BEd, APPC *Revive and Thrive Wellbeing Inc.***Presentation Synopsis:

Approximately 30-80% of traumatic brain injury patients are diagnosed with post-concussion syndrome (PCS), profoundly impacting their lives. Aside from combatting physical symptoms, 1 in 5 PCS patients develop mental health disorders within 6 months of injury. With compounding negative impacts on one's relationships, self-image, sociability, and mindset, there is a large, unmet need to address one's emotional and psychosocial well-being. Learn to Thrive with Post-Concussion Syndrome is a new program proven to be effective in addressing the emotional and psychosocial challenges of prolonged PCS recovery. In this supportive online community, cohort participants meet other concussion survivors and embark on a shared 9-week journey, learning the science of positive psychology and well-being through science-based theories and tools. By receiving professional and peer support, sharing experiences, and engaging in activities, participants have shown improvements in the following outcomes. According to our previous Cohorts 1 & 2, Learn to Thrive participants have reported substantial positive shifts in anxiety (11.45% improvement in Beck Anxiety Score), depression (11.93% improvement in Beck Depression Inventory), and flourishing (20.48% improvement in Flourishing Scale). This translates to improvements in participant's social lives, ability to cope, intrinsic emotions, and mental state. Participants retain positive habits, perspectives, and tools, effective even after program completion. The facilitators, Arvinder and Lina Maria, have extensive experience in the science of well-being, positive psychology, and PCS. Arvinder brings 25 years of occupational therapy experience working with brain injury survivors, while Lina Maria brings her lived experience from a concussion sustained in 2018.

Learning Objectives:

- Participants learn about a new positive psychology and well-being-focused program to support their PCS clients, emphasizing the emotional and psycho-social aspects of prolonged recovery
- Participants become aware of the tools and community created in the program, which have a significant impact on the clients' emotional wellbeing as measured through Beck Anxiety/Depression Scales and the Flourishing Scale
- Participants learn the value of a group experience, supported by positive psychology and mindfulness, to complement patient physical rehabilitation during PCS recovery.

Presenter Biographies:

Arvinder Gaya has over 27 years of experience working as a Registered Occupational Therapist. Arvinder is the CEO and founder of PiOT Inc. Arvinder has served on the board of directors of the Brain Injury Association of York Region. Arvinder has extensive experience in community-based rehabilitation with clients who have sustained traumatic and acquired brain injuries, spinal cord injuries, chronic pain and various orthopaedic injuries as well as psychosocial issues. Arvinder has contributed to various research studies and co-published several papers and books in the field of occupational therapy, and brain injury rehabilitation. She has also been involved in the education of OT students and has held status appointment with the University of Toronto.

Lina Maria Aristizabal is a certified teacher, certified coach, resilience trainer and facilitator. She was an elementary teacher for seven years before her training in positive psychology, coaching, and positive education. She holds a Masters Degree in Education from Buffalo State University. Lina Maria is committed to sharing the tools of wellbeing to those who need it most. She creates and delivers workshops on resilience, wellbeing and flourishing. She is also a faculty member at the Center for Positive Education, where she is committed to transforming schools into places where children and youth are given the tools and practice to become their best selves.

Day 1: Thursday November 3, 2022**Concurrent Session 2A: 11:25 am - 12:10 pm****Location: Grand Ballroom**Title:**Using the 4 M's of Mental Health to Improve the Well-Being of People Living with Brain Injury During the COVID-19 Pandemic and Beyond**Presenters:**Michelle Busse, PsyD, CPsych** *Community Head Injury Resource Services (CHIRS)***Dr. Lisa Bolshin, PhD, CPsych** *Community Head Injury Resource Services (CHIRS)***Amanda Muise, BST** *Community Head Injury Resource Services (CHIRS)*Presentation Synopsis:

Recent environmental scans of our health care system revealed that access to community-based rehabilitation and mental health interventions for people living with brain injury is very limited. In response to this, Community Head Injury Resource Services (CHIRS), has developed a series of clinical groups providing specific interventions to address mood and emotional dysregulation. At the onset of the COVID-19 pandemic, these groups became an even greater priority because of the disproportionate mental health impacts for people living with brain injury. To address these growing needs, CHIRS transitioned many in-person clinical groups to a virtual platform, and developed a new group specifically designed to support clients' wellbeing during the COVID-19 pandemic. This workshop will provide an overview of the evidence-based intervention focused on managing mood using the 4 M's of mental health - Movement, Mastery, Mindfulness and Meaningful Engagement. The goal of this framework is to help individuals build skills, set meaningful customized SMART goals related to the 4 M's, and explore various activities designed to improve well-being and coping. This workshop will also cover key considerations in implementing successful evidenced-based virtual clinical groups for individuals living with a brain injury by addressing areas such as: maintaining privacy and confidentiality, setting appropriate group guidelines, approaches to modifying teaching methods and learning materials, strategies to maintain engagement and foster between session learning, and the unintended benefits of virtual clinical groups.

Learning Objectives:

- Provide an overview of the 4 M's key principles
- Outline the use of individualized SMART goals related to the 4 M's
- Discuss the ways in which clients' mental health and coping skills improved using the 4 M's
- Cover key considerations for transitioning in-person clinical groups to an online platform.

Presenter Biographies:

Dr. Busse is a Clinical Neuropsychologist and Rehabilitation Psychologist, as well as a certified assessor for Catastrophic Impairment–MB. She completed her Psy.D. in 2014, specializing in clinical neuropsychology. She has been working at Community Head Injury Resource Services of Toronto (CHIRS) since 2014. She primarily works in the Neuropsychology Clinic at CHIRS, where she specializes in the neuropsychological assessment of individuals with acquired brain injury and co-occurring mental health disorders. In addition, she provides clinical consultation to the community programs and residential sites at CHIRS and is involved in developing and facilitating clinical groups.

Dr. Bolshin is a Clinical Psychologist and Clinical Neuropsychologist. She completed her Ph.D. in 2020, specializing in clinical neuropsychology. She has been working at Community Head Injury Resource Services of Toronto (CHIRS) since 2017. She currently works in the Neuropsychology Clinic at CHIRS where she conducts assessments and provides treatment to individuals with acquired brain injury and co-occurring mental health disorders. In addition, she provides clinical consultation to the residential sites at CHIRS and is involved in developing and facilitating clinical groups.

Amanda is a Behaviour Therapist at Community Head Injury Resource Services of Toronto (CHIRS). Amanda started at CHIRS in 2001 at the Aldebrain residence and presently consults with the community outreach teams and adult day programs. She assists with developing behaviour plans and Goal Attainment Scales and provides clinical coaching to staff. In addition to co-developing and co-facilitating the 4 M's Group, Amanda also co-facilitates a number of other clinical psychoeducational groups including, cTech, Cognitive Rehabilitation, and Living Well with Brain Injury.

Day 1: Thursday November 3, 2022**Concurrent Session 2B: 11:25 am - 12:10 pm****Location: York AB**Title:**ABI In the Streets: A Collaborative Approach for those who are Experiencing Homelessness**Presenters**Toby Harris** *Traverse Independence***Aaron Willmott** *Traverse Independence*Presentation Synopsis:

Brain injury organizations are extremely challenged to reach individuals who are experiencing homelessness. The typical approach of a formal intake assessment, diagnostic clarity, along with lengthy waitlists do not work. To better support individuals who have an ABI and who are experiencing homelessness, we must embed and collaborate with existing service providers while also adapting our intake and service procedures. In 2021, Traverse Independence embedded an outreach staff alongside mental health and addiction staff across the system. The staff now work in the shelter systems, visit encampments, in outreach vans and primary care teams. Our staff have unique skills sets as specialized brain injury workers, they provide support, and can educate clients and outreach workers on ABI and how to support day-to-day. Often this population does not have a formal ABI diagnosis. Many are unattached to primary care, are marginally housed, move through the shelter system, and have multiple disabilities which present significant challenges to their access of service. We know that a sizable percentage of these people have brain injuries most commonly due to assaults, anoxia from overdoses, and substance use such as crystal meth. The sheer number of issues facing this population has meant historically ABI services were not accessed. This approach offers meeting individual where they are at, building a trusted relationship between the worker and the individual, and collaborates with service providers. This innovative approach has increased the reach to services for people who often were excluded and can not advocate for themselves.

Learning Objectives:

- Explore the prevalence of ABI in this population
- Explore benefits of collaboration with organizations that support individuals who are experiences homelessness
- Explore implementation of HELPS screeners to identify potential ABI.

Presenter Biographies:

Toby Harris has been the CEO for Traverse Independence for 20 years and has a background in rehabilitation. Throughout her career she has worked with many different populations including people with a developmental disability, physical disability and now, with those who have sustained a brain injury. She has an intense passion for independent living and supporting those who are most marginalized in our community.

As the Director of Client Services at Traverse Independence, Aaron Willmott has not only has a background in behavioural support, but addictions as well, having just completed his addictions certificate from Wilfred Laurier University. He has worked in the social service sector for the last 22 years, most of that time specifically with survivors of Acquired Brain Injury. Prior to his work in the ABI field, Aaron worked in child welfare. Aaron has a passion for watching individuals improve in their independence and live in the community.

Day 1: Thursday November 3, 2022**Concurrent Session 2C: 11:25 am - 12:10 pm****Location: Bay**Title:**Enabling Meaningful Remote Collaboration: Principles and Practices to Create Inclusive Online Meetings with Both Clients and Colleagues**Presenters:**Kirsten Clacey** *The Remote Coaches***Joanne Perold** *The Remote Coaches*Presentation Synopsis:

Join us as we unpack the challenges and possibilities of remote working and collaboration. We will specifically focus on what it takes to create inclusive online sessions that accommodate a diversity of personalities, cultures and thinking styles. Gain some practical skills and tips, to give you, as leaders and clinicians, the cutting-edge advantage in the ever evolving world of distributed working.

Learning Objectives:

- Gain deeper insights to the problem space: what is it that is different about remote spaces?
- Learn two principles to prioritize inclusion in remote spaces
- Take away new practices to create connection and equity in distributed environments

Presenter Biographies:

Kirsten Clacey is a professional Facilitator and Coach. Her neuropsychology background coupled with extensive experience gives her a unique perspective on humans and systems. Her strength lies in building quality relationships and her desire to treat everyone she meets with fairness and genuine curiosity. Kirsten shares her knowledge by speaking at worldwide events and is the co-author of *The Remote Facilitator's Pocket Guide*. Kirsten is also founder of *The Remote Coaches* consultancy and co-authored *The Remote Facilitator's Pocket Guide*.

Joanne is a globally acclaimed Agile Coach, trainer, keynote speaker and facilitator. She's held senior leadership roles for many years and uses this experience in her work with executives. She leverages her deep understanding of complexity and systems thinking to bring holistic perspectives to the organisations she partners with. She also has one of the cutest (and possibly neediest) lab cross ridgeback who adds a little extra sunshine to calls with Jo.

Joanne is also a founder of a consultancy, *Faethem*, that trains, coaches and supports leaders from all different contexts.

Day 1: Thursday November 3, 2022**Rapid Podium Presentations: 1:15 pm - 2:10 pm****Location: Grand Ballroom**

Rapid Podium Presentations are unique, 8 minute-long presentations on an initiative or research with a focus on the key 'take-away' messages for the audience. There will be six presentations made during this session.

Rapid Podium Presentation Title #1:**Pillars of ABI Community Support - The Role of the Provincial ABI System Navigator**Presenters:**Cathy Halovanic, BPHE, MSc** *Central ABI Collaborative***Julie Osbelt, BA in TR (Hons)** *Toronto ABI Network (TABIN)*Presenter Biographies:

Cathy has worked in the field of brain injury for over 25 years. Her experience ranges from for-profit to not-for-profit as well as front-line and behind-the-scenes roles. She currently divides her time between her position as Central ABI System Navigator, serving part of Toronto, York Region and South Simcoe, and providing Intake Services for Community Head Injury Resource Services (CHIRS). In addition to connecting individuals to ABI services, she spends much of her time educating service providers outside the field of brain injury on the prevalence of those with ABI within their streams of care. Cathy enjoys being active and promoting wellness and has enjoyed the opportunity to wear a third hat, promoting healthy living with the staff and clients at CHIRS.

Julie's role as the Toronto Central ABI System Navigator is largely intertwined in her role as the ABI Referral Coordinator with the Toronto ABI Network. She has worked in the field of brain injury for over 25 years. Over the past almost 10 years, Julie has managed a centralized referral system for inpatient and community based referrals across the GTA for the Toronto ABI Network. By providing a single point of entry to community-based ABI services, she assists in simplifying the process to access services. Julie values the opportunity to provide comprehensive navigation support to service providers, families and persons with lived experience to find the right pathway to access publicly funded programs. In addition she has provided information and referral support to the more than 1200 calls and referrals the Network receives annually from persons with lived experience, caregivers and professionals.

Rapid Podium Presentation Title #2:**Mining Traumatic Brain Injury Event Data of Male and Female Patients According to the Haddon Matrix**Presenters:**Dr. Tatyana Mollayeva, MD, PhD** *University Health Network*Presenter Biography:

Dr. Mollayeva received her Medical Degree in Preventive Medicine, followed by a specialization in Epidemiology and Public Health in 1994. She worked for almost a decade in the field of infectious diseases' prevention in Central Asia. In 2015 she obtained PhD in Rehabilitation Sciences and Neurosciences at the University of Toronto. Her PhD and post-doctoral fellowships on topics of sleep, traumatic brain injury, and dementia were externally funded by top funding agencies, including the Banting and Best Canadian Institutes for Health Research, the National Institutes of Health, and the Alzheimer's Association. Dr. Mollayeva's scientific contributions have been recognized by the 2021 Canada Research Chair in Neurological Disorders and Brain Health.

Rapid Podium Presentation Title #3:**Tech Based Solution to Personal Care and Rehabilitation**Presenter:**Jennifer Berg-Carnegie, OT** *Invisible-Care*Presenter Biography:

Jennifer Berg-Carnegie is a member in good standing of the Canadian Association of Occupational Therapists (CAOT), the College of Occupational Therapists of Ontario (COTO) and the Ontario Society of Occupational Therapists (OSOT). She obtained a Bachelor of Science degree in 1993 in Occupational Therapy from the University of Toronto. Jennifer has also completed Canadian Life Care Planning Post-Graduate training from the University of Florida and is currently a Certified Life Care Planner through the International Commission on Health Care Certification.

Day 1: Thursday November 3, 2022
Continued...

Rapid Podium Presentations: 1:15 pm - 2:10 pm
Location: Grand Ballroom

Rapid Podium Presentation Title #4:

There's an App for That: Individuals with an mTBI May Improve Their Symptoms by Using an App to Pace and Plan their Activities

Presenters:

Dr. Laura Graham, PhD *Western University*

Presenter Biography:

Laura Graham is an Assistant Professor and Graduate Chair of Western University's Master of Physical Therapy Program, and an Associate Scientist with Lawson Health Research Institute. Professor Graham's teaching focus is neurological injury/illness rehabilitation, and her research interests revolve around the development of interventions for adults with persistent symptoms following concussion or other mild traumatic brain injuries (mTBI).

Rapid Podium Presentation Title #5:

An Investigation of Sleep and Neuropsychiatric Measures in Brain Injury Rehabilitation

Presenters:

Rebecca Wood, BSs, MSc *Queen's University*

Dr. Elvina Chu, PhD, FRCPsych *Queen's University*

Presenter Biographies:

Rebecca is a neuroscience student at Queen's University with interests in the fields of neuropsychiatry, sleep and neurology. Her thesis project aims to investigate the sleep quality and mental health of patients recovering from an acquired brain injury both in and out of the hospital, to determine which setting provides the most optimal recovery. She is additionally working on a project which uses eye-tracking technology to identify abnormalities in eye movements in patients with Huntington's disease.

Dr Elvina Chu joined Kingston Health Sciences Centre as a Neuropsychiatrist and Consultation Liaison psychiatrist in 2019. She has special interests in brain injury, neurorehabilitation and Huntington's disease. Graduating from Guy's and St Thomas' Medical Schools, University of London, England, she completed the Maudsley psychiatry training scheme gaining Membership of the Royal College of Psychiatrists in 2005 and was elected to Fellowship in 2021. She gained her PhD from University College London, Institute of Neurology and now enjoys examining, supervising and teaching students at Queen's University in Canada.

Rapid Podium Presentation Title #6:

Food for the Soul - The Community Head Injury Resource Services (CHIRS) Food Security Program

Presenter:

Rachelle Gebel, DPTRT *Community Head Injury Resource Services (CHIRS)*

Sean Hollingsworth, MSW, RSW (Ont) *Community Head Injury Resource Services (CHIRS)*

Presenter Biographies:

Rachelle Gebel is a Community Facilitator in CHIRS' Adult Day Services Program. Rachelle has worked with persons with special needs for over 27 years, and focused the last 23 years supporting persons with ABI. Rachelle has a diploma in Therapeutic Recreation and Leisure Services from Mohawk College. Rachelle has always been passionate about all things food in her many roles at CHIRS. Planning and budgeting for special events, leading cooking programs, facilitating client mentor run meals and weekly menus for the residential programs are just a few examples of how Rachelle has established her expertise in food security.

Sean is a Social Worker and presently works at CHIRS as a Residential Facilitator. Sean has been supporting individuals that have sustained a brain injury for 20 years in a variety of roles across community-based and residential settings. He has a Bachelor of Social Work from Carleton University and a Master of Social Work from University of Windsor with vast experience serving on different committees and boards. Sean has a passion for advocacy, equitable accessibility, skill development and harm reduction through education, recreation, community participation, and innovative program development.

Day 1: Thursday November 3, 2022**Concurrent Session 3A: 2:15 pm - 3:00 pm****Location: Bay**Title:**WRAP Groups for Persons with Brain Injury**Presenters:**Fozia Murtaza** *Wellness Recovery Action Plan (WRAP) Mental Health and Wellness Recovery Workshops***Isabelle Rivaletto** *Brain Injury Society of Toronto*Presentation Synopsis:

Wellness Recovery Action Plan® or WRAP®, is a self-designed prevention and wellness process that anyone can use to get well, stay well and make their life the way they want it to be. The presenters have been conducting WRAP groups virtually for persons with Brain Injuries/Post Concussion Symptoms since 2020. This workshop will review the 5 key concepts of WRAP, how it is adapted for persons with ABI, long-term benefits and challenges and successes of the program. The beauty of WRAP is that it can be adapted for any group, and the facilitators have run it for different communities within the ABI world, such as a trauma informed group for persons who experience(d) violence, the LGBTQ2+ community and Caregivers. In the groups, individuals learn strategies to manage their mental health and ABI symptoms. They also are given support and the opportunity to develop a crisis plan when they are well, so they are able to maintain control of the choices occurring in their lives when a crisis occurs. Individuals also are equipped with tools to support them in preventing/averting crises through learning to identify their stressors, what character traits they exhibit when they are well and how those character traits change as they move towards the crises. WRAP participants collaboratively create a box of wellness tools which they can utilize to support them in maintaining wellness. They are also taught about daily maintenance plans, so they are able to recognize what level of wellness they are trying to maintain .

Learning Objectives:

Participants who attend this workshop will have the opportunity to collectively create a Wellness Recovery Action Plan through participation and facilitation, so they can understand the concept of WRAP and how the material is presented. They will also learn how to refer themselves, their family members or clients to this FREE program. Some information will also be provided on how to become a WRAP facilitator and begin a group in your own community. Lastly, survey results that have been compiled from the multitude of ABI/PCS WRAP groups will be shared and client testimonies will be presented.

Presenter Biographies:

Fozia Murtaza is a Stress Prevention Strategist, Certified Facilitator for Wellness Recovery Action Plan (WRAP) Mental Health and Wellness Recovery Workshops, Certified Life and Wellness Coach, Writer, and Speaker. Her extensive work with the community includes co-facilitating workshops and support groups with the Brain Injury Society of Toronto (BIST). She is also a member of Voices Against Stigma Everywhere (VASE) – a program of the Durham Mental Health Services (DMHS) and Lakeridge Health, a member of Malton Women Council (MWC), a member of Happy Strong Family (HSF), a member of the Durham Chapter of the Canadian Council of Muslim Women (CCMW), and past Ambassador for the Jamie Oliver Foundation (JOFR).

Isabelle Rivaletto is a Community Coordinator for the Violence Impact Program with the Brain Injury Society of Toronto. In her role she supports individuals who have brain injuries and have suffered from intimate partner violence. She is also a Certified Facilitator for Wellness Recovery Action Plan (WRAP) Mental Health and Wellness Recovery Workshops. She has a background in Psychology and Journalism and has been working in the field of Acquired Brain Injury (ABI) since 2014. Isabelle has worked in the community and supported individuals with medical appointments, community referrals, and one to one support.

Day 1: Thursday November 3, 2022

Concurrent Session 3B: 2:15 pm - 3:00 pm

Location: York AB

Title:

Working With Challenging Clients in a Virtual Age: Professional Boundaries and Self-Care for Health Care Workers and Administrative Staff

Presenters:

Eden Dales, MSW RSW *Eden Dales Social Work and Counselling Services*

Presentation Synopsis:

This presentation will focus on common challenges experienced by health care providers and administrative staff in legal and health care professions, specifically around identifying risk factors for burnout and characteristics to be aware of regarding challenging clients. Education on effective interpersonal communication skills, self-care, boundary setting, and mood/stress management will be provided as well as specific tools for successful communication, effective virtual health care service delivery and relaxation strategies will be provided. Through the pandemic, health care workers and administrative staff have felt overwhelmed by the increasing demands and needs for support by clients, and struggle to manage the constant stream of communication with clients who are struggling with mental health challenges. This presentation will review the following:

- Education and awareness for "red flag" behaviours in clients
- Coping skills for self-care and stress management
- Developing awareness of our own triggers for stress with alternative ways to cope
- Risks for service delivery without healthy professional and personal boundaries
- Tools to establish healthy personal and professional boundaries
- Overview of cognitive behavioural therapy for mood and stress management
- Empathy vs. sympathy: how to demonstrate care and concern while setting boundaries (video and handouts)
- Effective ways to support colleagues, team members, family members
- Mindfulness practice for daily functioning

Learning Objectives:

Participants will learn new and effective communication skills and healthy boundary setting practices for stress management, self-care and to prevent burn out. Specific skills will be provided for working with challenging clients, managing expectations and setting clear boundaries for effective service delivery and to support their own mental health and the mental well-being of their clients.

Presenter Biography:

Eden Dales, MSW RSW, is a registered social worker, registered with The Ontario College of Social Workers and Social Service Workers (reg # 806569), and a member of The Ontario Association of Social Workers. Eden received her master's degree in Social Work from Yeshiva University in New York City and commenced her career supporting clients in the emergency departments during 9/11 in NYC. Eden has almost twenty years of clinical experience in the field of social work, with expertise in trauma recovery. Eden is the owner and director of Eden Dales Social Work (EDSW), a community based social work practice, and Eden also has a private counselling practice in North York.

Day 1: Thursday November 3, 2022

Concurrent Session 3C: 2:15 pm - 3:00 pm

Location: Grand Ballroom

Title:

Can We Get There From Here? Developing and Implementing an Ideal Neurotrauma Care Pathway

Presenters:

Judy Gargaro, BSc, MEd *University Health Network*

Dr. Matheus Wiest, PhD *University Health Network*

Dr. Mark Bayley, MD *University Health Network*

Presentation Synopsis:

Ontario lacks an equitable system of care for traumatic spinal (SCI) and/or brain (TBI) injuries, where quality of care and health outcomes depend on where you live, available funding and severity/type of injury. This project developed evidence-based standardized neurotrauma care pathways for all Ontarians living with SCI and/or TBI injuries by engaging key stakeholders from across the province (N=101). Stakeholders included people with lived experience, clinicians, researchers, funders, and community providers from different sectors. Acute, Rehab, and Community working groups reviewed published literature and selected building blocks for the pathway. The focus was on building blocks of care ("the what"; e.g., access to primary care), not specific recommendations ("the how"; e.g., hours of therapy). A fourth working group focused on Critical Considerations related to care planning and provision (e.g., geographic location, marginalized populations). The injury-specific adaptable pathways address identified gaps and have been endorsed by persons with lived experience. Key features are timely comprehensive and appropriate assessment, access to trained specialized rehabilitation, navigation into community supports, follow up by primary care, and ongoing access to education and supports related to life adjustments over the lifespan. Discussions among stakeholders about how to implement the ideal neurotrauma care pathways have been ongoing. Join us for a discussion among a person with lived neurotrauma experience, an insurance representative, a plaintiff lawyer, a clinician and an implementation specialist that will highlight strategies for implementation taking into account regional realities, priorities and equity considerations and evaluation strategies.

Learning Objectives:

- Understand the process for the development of Ideal Neurotrauma Care Pathways in Ontario
- List the key elements of care during different stages of care provision across the lifespan, from acute to community care
- Identify mitigation strategies to address barriers to equitable care (e.g., social determinants of health, access to third party funding, access to primary care)
- Understand the implementation process for the Ideal Care Pathways
- Learn the perspectives of stakeholder representatives regarding the strengths and challenges of the Ideal Neurotrauma Care Pathways.

Presenter Biographies:

Judy Gargaro is the Manager for the Neurotrauma Care Pathways Project and was previously the Program Director for the ABI programme at the Ontario Neurotrauma Foundation (ONF). Judy has been focusing on the creation of a Neurotrauma Care Pathway Strategy with a focus on how best to support persons with a neurotrauma with comorbidities and who have traditionally been under-served by the healthcare system. Other initiatives include developing a Neurotrauma data strategy to assess quality of care, the Provincial TBI Report Card and the implementation of the Standards and Clinical Practice Guidelines for Concussion/Mild Traumatic Brain Injury and for the Rehabilitation of Moderate to Severe Traumatic Brain Injury. In all this work Judy collaborates with administrators, clinicians (brain injury, spinal cord injury and other sectors) and policy makers to improve the quality of care available to persons after all severities of neurotrauma.

Continued on next page.

Day 1: Thursday November 3, 2022
Continued...

Concurrent Session 3C: 2:15 pm - 3:00 pm
Location: Grand Ballroom

Presenter Biographies:

Matheus Joner Wiest has broad experience in neuromechanics of human movement and health systems planning and evaluation. His basic research career spans from biomechanics of cycling and postural control, to neurophysiological adaptations to transcutaneous electrical stimulation. Regarding health systems planning and evaluation, he led and collaborated in local, provincial and national activities related to the development and implementation of quality of care indicators for spinal cord injury rehabilitation. Currently, he leads the development and implementation of the Ideal Care Pathways for mild to severe traumatic brain injury and traumatic spinal injury for the province of Ontario.

Mark Bayley is the Program Medical Director & Psychiatrist-in-Chief at UHN-Toronto Rehabilitation Institute. He is a Professor at the University of Toronto in the Division of Physical Medicine and Rehabilitation, Faculty of Medicine. Mark has led large randomized controlled trials including the Stroke Canada Optimization of Rehabilitation by Evidence (SCORE), Fluoxetine to Open the Window of Stroke Recovery (FLOW) study, the Getting on with Life after Stroke, and the EVREST (Efficacy of Virtual Reality Exercises using Wii gaming technology in Stroke Rehabilitation). Mark has held a number of health system leadership roles including Chair of the Stroke Evaluation Committee at Corhealth Ontario, Brain Injury Committee at Ontario Neurotrauma Foundation, the Canadian Stroke Best Practices Committee and the Vice Chair of the GTA Rehab Network. His efforts have helped redesign rehabilitation systems in Canada. He has been very interested in implementing evidence at a health system level in the areas of stroke and brain injury, initially through the development of stroke rehabilitation guidelines, then a leadership role in development of Canadian Stroke strategy (www.strokebestpractices.ca), a smartphone app to determine post stroke arm rehabilitation (www.viatherapy.org) and guidelines for concussion and traumatic brain injury (www.braininjuryguidelines.org). He is also actively involved in research to promote neurological recovery.

Day 1: Thursday November 3, 2022

Keynote Address: 3:30 pm - 4:30 pm

Location: Grand Ballroom

Title:

Improving the Management of Post-Traumatic Amnesia After Traumatic Brain Injury

Presenter:

Dr. Adam McKay, MPsych, PhD *Turner Institute, Monash University, Australia*

**presenter joining remotely*

Presentation Synopsis:

Post traumatic amnesia (PTA) is characterised by severe cognitive and behavioural changes which can impede rehabilitation efforts, pose management challenges, and cause distress for patients and families. This presentation will provide an overview of the assessment and management of PTA with a focus on agitation management and improving the delivery of rehabilitation during this period of recovery

Learning Objectives:

- Outline the common features of PTA and their impact on management and rehabilitation during early TBI recovery
- Describe approaches to enhance the assessment, management and rehabilitation of people in PTA.

Presenter Biography:

Dr Adam McKay is Senior Lecturer and Researcher at the Turner Institute at Monash University and Head of Psychology at Epworth HealthCare, a leading provider of ABI rehabilitation services in Melbourne, Australia. Adam is a Clinical Neuropsychologist with years of experience in supporting patients with ABI and their families in acute and community settings. He has published widely on post traumatic amnesia (PTA) and early TBI recovery including publication of a treatment manual for occupational therapy during PTA. He is committed to establishing evidence-based interventions for people with brain injury and facilitating their translation into clinical practice.

Day 2: Friday November 4, 2022

Keynote Address: 9:00 am - 10:00 am

Location: Grand Ballroom

Title:

Improving Outcomes for Care Partners: The Development of the TBI-CareQOL Measurement System and its Clinical Use in the CareQoL Self-Management App

Presenter:

Dr. Noelle Carlozzi, PhD *University of Michigan, USA*

Presentation Synopsis:

Our understanding of the experience of care partners has been limited by the fact that there are no comprehensive measures that capture important health-related quality of life outcomes for these individuals. To address this shortcoming, the TBI-CareQOL measurement system was developed. This presentation describes the development of this new system, as well as its application in a new app (i.e., the CareQOL app) that is designed to improve care partner self-care.

Learning Objectives:

- Describe the three stages of new patient-reported outcome measurement development
- Describe the key components of the CareQOL app
- Have a general understanding of the main components of just-in-time-adaptive interventions.

Presenter Biography:

Dr. Carlozzi is a Professor and Director of the Center for Clinical Outcomes Development and Application (CODA) in the Department of Physical Medicine & Rehabilitation and a Professor of Surgery at the University of Michigan. With a broad background in clinical psychology and specific training in neuropsychology, she is an expert in outcomes measurement development, measurement application, and cognitive test development. Much of her work involves measurement development including both neuropsychological test development and patient-reported outcome (PRO) measurement development using state-of-the-art item response theory-based methods to develop computer adaptive tests (CATs). Most recently, she has been applying her outcomes measurement expertise in innovative ways, such as utilization of mobile health applications to evaluate real-time assessment of symptoms and functioning, and using these patient-reported outcomes to guide just-in-time-adaptive interventions.

Day 2: Friday November 4, 2022

Concurrent Session 4A: 10:30 am - 11:30 am

Location: York AB

Title:**Brain Injured Clients and the Litigation Process**Presenters:**Matthew Sutton, BA, LLB, JD** *Personal Injury Lawyer, Thomson Rogers*Presentation Synopsis:

"I would like to provide a forum for service providers and injured parties to come and learn generally about the litigation process in the Ontario Superior Court and the dispute resolutions process at the License Appeal Tribunal for those who have been victims of accidents, and, most importantly, to answer any questions they have about the process.

I would like to provide this forum in the context of how the approach to handling legal disputes change or are altered in light of clients with brain injuries. This would include a discussion on the increased workload for legal, providing instructions to the clients, helpful treatment providers and approach with lawyers, instructions for settlement, requirements for litigation guardians, structured settlements, and court approval in certain cases, etc.

I would like to discuss the difficulties with lack of funding during the litigation process and an overall approach to how expectations can be managed throughout the process."

Learning Objectives:

- Provide a general understanding of the Ontario legal dispute resolution process and a forum to ask any questions about the process.
- Provide an understanding as to how that process is modified or changed when assisting a brain injured client.
- To advise service providers of the difficulties with litigation and ways to overcome those difficulties as a team for the client.

Presenter Biography:

Matt's practice focuses on personal injury litigation.

Before joining Thomson Rogers in 2019, Matt was a partner of a well-respected insurance defence firm and practiced exclusively in the area of insurance defence litigation for over a decade. His practice included all areas of insurance litigation, including first and third party claims and disputes between insurers such as loss transfer and priority disputes.

Matt's change in focus stems from his desire to help people receive the compensation they need to aide in their recovery.

Matt's experience includes, but is not limited to, motor vehicle accidents, slip & falls, fire loss and injury, product liability, and commercial host and occupier's liability claims involving all levels of injury including catastrophic claims.

Matt has experience in all facets of the litigation and statutory accident benefit claims process: from the moment someone is unfortunately injured, through the commencement of their claim and/or application, right up until resolution or hearing. He regularly appears before the Ontario Superior Court of Justice and the License Appeal Tribunal.

Matt also acts on behalf of lawyers and paralegals in regulatory proceedings before the Law Society Tribunal.

Day 2: Friday November 4, 2022**Concurrent Session 4B: 10:30 am - 11:30 am****Location: Bay**Title:**Centering the Survivor of IPV with ABI**Presenter:**Deirdre Reddick, BA Vocational Rehabilitation Specialist**Presentation Synopsis:

This workshop will be presented from the survivor's perspective of managing both a traumatic brain injury and living through trauma of Interpersonal Violence (IPV). Through developing an understanding of IPV as a power and control dynamic, and the high probability of traumatic brain injury from physical violence, this talk will examine the gaps in service of many IPV survivors living with an ABI. The talk will conclude with suggestions of care, which promote survivor agency.

Learning Objectives:

- Describe the importance of recognizing and acknowledging the intersection of Interpersonal Violence (IPV) and TBI
- Understand the IPV survivor's experience of looking for medical recognition
- Recall 3 barriers to diagnoses for victims of IPV
- Describe how to provide sufficient and efficient care to women affected by IPV.

Presenter Biography:

Deirdre Reddick is committed to advocating for women survivors of gender-based violence through educating and improving practices of social institutions. She is a founding member of Kingston Anti-Violence Advocacy Committee and the Chair of the Kingston chapter of WomenatthecentrE, a unique non-profit organization that was created for survivors of gender-based violence, by survivors. Deirdre has had the privilege of participating in various public talks, conferences, and training initiatives on the lived experience of gender-based violence, with a particular interest in the intersection of acquired brain injury and intimate partner violence. She currently works as a frontline counsellor assisting fellow survivors of gender-based violence navigate through their journey of empowerment.

Day 2: Friday November 4, 2022

Concurrent Session 4C: 10:30 am - 11:30 am

Location: Grand Ballroom

Title:

Communication Disorders and How They Affect Consent Conversations, Relationships, and Intimacy

Presenters:

Dr. Laura Wolford, PhD, MS, CCC-SLP *Midwestern University*

Presentation Synopsis:

Communication disorders can have considerable affects on intimacy and sexual relationships, as well as sexual healthcare. Yet, these clients are frequently left out of the sex and disability conversation. This presentation will provide an overview of some of the research into acquired communication impairments' affects on sexual health and will propose ways that healthcare providers can broach the topic in their sessions.

Learning Objectives:

- Recall two affects of communication impairments on intimate relationships
- Describe an affect of communication impairment on consent conversations
- Name a way they can address sexual health in their own practice.

Presenter Biography:

Laura Wolford, PhD, MS, CCC-SLP, CSE is a speech-language pathologist, researcher, and AASECT-certified sex educator. Her primary goal is to teach SLPs how to address sexual health with their clients.

As founder of the SPICE Institute, Dr. Wolford teaches speech-language pathologists and other healthcare professionals to address sexual health head-on. She provides workshops to teach how to bring up the topic of sex, how to address intimacy goals, and how to hold space for our clients.

Day 2: Friday November 4, 2022

Survivor Keynote Address: 12:30 pm - 1:30 pm

Location: Grand Ballroom

Title:

Yes Suffering and Loss - and Healing and Hope: My 10-Year Journey with TBI

Presenter:

Angie Davis, BA, BEd, RYT, iRest Meditation Teacher

Founder, Gentle Yoga International

Presentation Synopsis:

Angie Davis has been on a decade-long journey to heal from the effects of a fall in 2012. While her original dental injuries were well taken care of, unfortunately her brain injury and neck injury were not and over time both resulted in moderate-to-severe brain injury. Angie will share her experience of living undiagnosed and untreated for many years and the global effects this had on her life. She'll also share how she found her way to care and healing and speak to the importance of yoga and mindfulness in her recovery. She'll offer some gentle movement guidelines for survivors and practitioners alike.

Presenter Biography:

Angie Davis is an international yoga and meditation teacher, writer, speaker and coach. She is the founder of Gentle Yoga International, an online global community supporting trauma survivors to transform their trauma, restore their nervous systems, and build resilience through the "Grounded" membership.

Angie is a moderate-to-severe brain injury, P.T.S.D., and cranial-cervical syndrome survivor. She now speaks, writes, and teaches from the wisdom gained from navigating her recovery over the last decade. She has presented internationally on invisible injuries and disabilities, mental health, the power of yoga and meditation, and health and wellness.

She is a registered 500-hour yoga teacher and a Trauma Sensitive Yoga Teacher, having trained through the Trauma Center at the Justice Resource Institute. Angie is also a Level 2 iRest® Meditation Teacher. iRest is endorsed by the U.S. Army Surgeon General and Defense Centers of Excellence as a Complementary and Alternative Medicine and has been proven effective for reducing the symptoms of P.T.S.D., anxiety, sleep difficulties, chronic pain, and more.

Angie is a contributing author to the book *Anxiety Warrior II* for her chapter "Yoga and Anxiety" and her writing has been featured with the Yoga and Body Image Coalition and the National Eating Disorder Association. Find her at @gentleyogainternational and gentleyogainternational.com and personally at @angiedavis.ca and angiedavis.ca.

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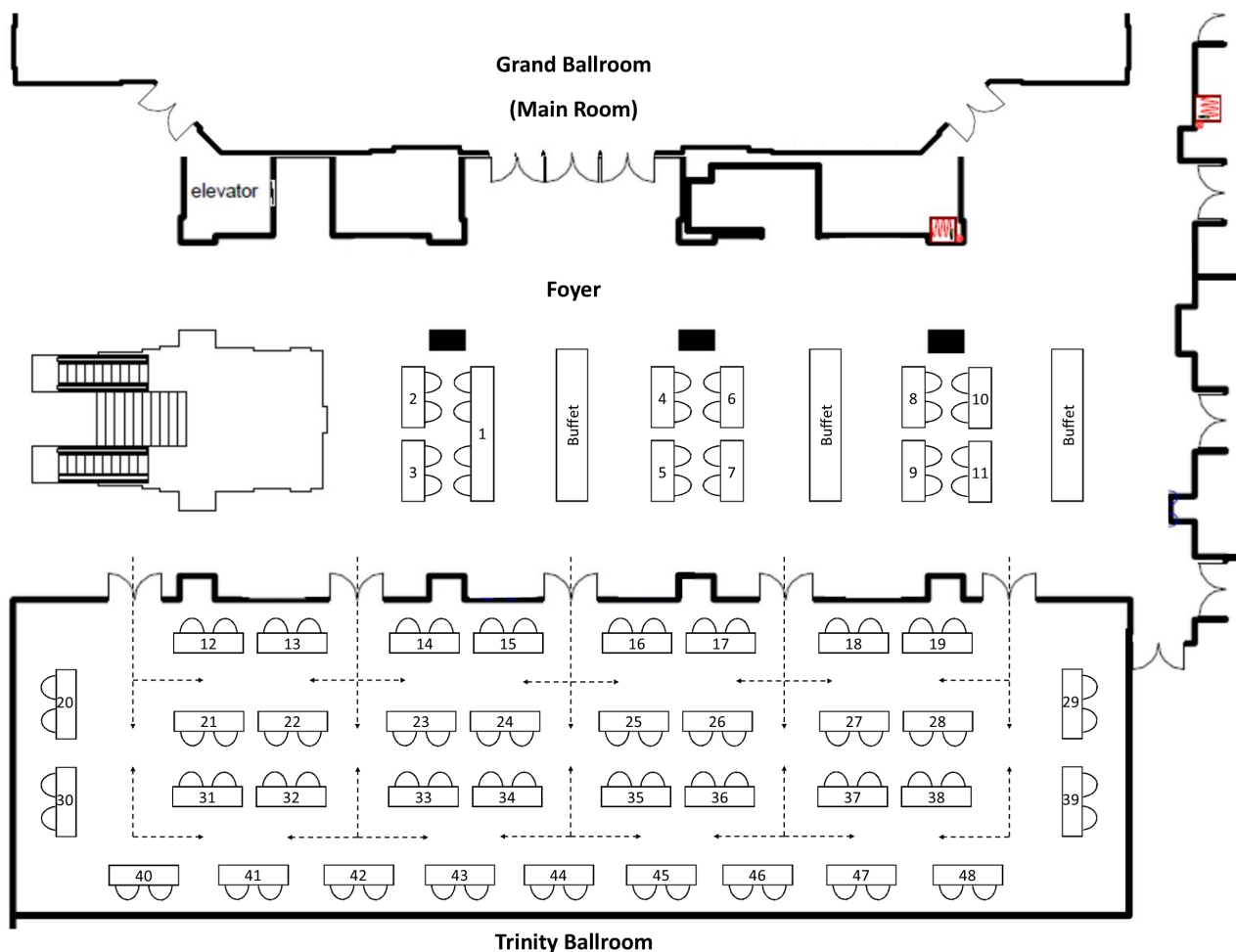
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