

Poul Hansen Family Centre for Depression  
Presents

# CLINICAL ADVANCES IN DEPRESSION CARE

**30**  
SEPTEMBER

**08:30 - 17:00**  
Virtual, Zoom

## Speakers



**Rickinder Sethi**

8:40 – 9:20

Improving Care of Depression:  
What Does Quality Care Look Like in  
2022 & How Do We Get There?



**Daphne Voineskos**

9:20 – 10:20

A Practical Guide to Brain Stimulation:  
Therapeutic Options and Recent  
Advances



**Jenna McLeod & Blakie Sahay**

10:35 – 11:15

Next Steps for Mindfulness-based  
Cognitive Therapy



**Rodrigo Mansur**

11:15 – 12:15

Brain Insulin Signaling:  
Implications for Disease Modelling and  
Treatment of Mood Disorders



**Greg Samuelson &  
Sariné Willis-O'Connor**

13:00 – 14:20

Compassion Focused  
Therapy for Depression



**Nicole Bangloy & Shannon Wright**

14:20 – 15:05

Using a Stepped Model of Care in the  
Management of Depression in a  
Complex Medically Ill Population



**Alan Wai**

15:20 – 15:50

Psychopharmacology and Somatic  
Treatments in MDE and the Medically Ill



**Joshua Rosenblat**

15:50 – 16:20

Ketamine for Mood Disorders



**Susan Abbey**

16:20 – 16:50

Psychedelics in MDE and TRD:  
Not Quite Ready for Prime Time

**REGISTRATION  
DETAILS**



0830-0840	Welcome and Introduction	
0840-0920	Improving Care of Depression – What Does Quality Care Look Like in 2022 & How Do We Get There?	Rickinder Sethi
0920-1020	A Practical Guide to Brain Stimulation: Therapeutic Options and Recent Advances	Daphne Voineskos
1020-1035	BREAK	ALL
1035-1115	Next Steps for Mindfulness-Based Cognitive Therapy	Jenna McLeod Blakie Sahay
1115-1215	Brain Insulin Signaling: Implications for Disease Modelling and Treatment of Mood Disorders	Rodrigo Mansur
1215-1300	LUNCH	ALL
1300-1420	Compassion Focused Therapy for Depression : Recognizing and Addressing Self-Criticism and Social Rank Mentality	Greg Samuelson Sariné Willis- O'Connor
1420-1505	Using a Stepped Model of Care in the Management of Depression in a Complex Medically Ill Population	Shannon Wright Nicole Bangloy
1505-1520	BREAK	ALL
1520-1550	Psychopharmacology and Somatic Treatments in MDE and the Medically Ill	Alan Wai

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1550-1620

Ketamine for Mood Disorders

Joshua Rosenblat

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1620-1650

Psychedelics in MDE and TRD: Not  
Quite Ready for Prime Time

Susan Abbey

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1650-1700

Closing Remark & Program Evaluation

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