

**FACULTY**



**Kimberly Williams, MD, MSc, FRCPC**  
President Elect, Federation of Medical Women of Canada

Dr. Kimberly Williams is currently a neuropsychiatrist at the University of Calgary. She is excited to be the President-Elect of the Federation of Medical Women of Canada. She is a former President of the Resident Doctors of Canada, the national organization representing over 9,000 Canadian resident physicians across Canada. Prior to medical school Dr. Williams completed a BSc in pharmacology and an MSc in Global Health from the University of Alberta. She also worked as an infectious diseases epidemiologist for Alberta Health and Wellness.

She has been awarded the Award for Young Leaders from the Canadian Medical Association, the Kristin Sivertz Resident Leadership Award from the Royal College of physicians and surgeons of Canada, the Sandra Banner Student Award for Leadership from the Canadian Resident Matching Association and is one of Calgary's Top 40 under 40. She is a researcher in the areas of medical education, global health, and neuropsychiatry.



**Alex Bastiany, MD, FRCPC DRCPSC**  
TBRHSC, UOHI / Women's Heart Health Clinic

Dr. Alexandra Bastiany, is an interventional cardiologist in Ontario, Canada. She earned her medical degree and completed her Internal medicine and Cardiology training at the Université de Montréal. She graduated with honors, as the UdeM Faculty of Medicine first Black valedictorian.

Dr. Bastiany then successfully completed a fellowship in Interventional Cardiology in Alberta, making her the first Black female Canadian Interventional Cardiologist.

Dr. Bastiany is fluent in English, French, and Haitian Creole. She was born and raised in Montreal of Haitian parents and developed a strong interest in community work amongst visible minorities. She took direct action, and partnered with *La Maison d'Haiti* in Montreal.

She has also worked directly with other local community organizations, and started career days for minority and children from underserved communities, working to provide them with representation via professional role models.

Combining her expertise in cardiovascular disease and her passion for community work, Dr. Bastiany is actively working to decrease the race and gender biases leading to differences in standard of care and clinical outcomes.



**Marie Claire Bourque, MD, MSc, FRCPC, DABPN**

Mental Health & Peak Performance,  
Toronto Maple Leaf Hockey Club  
Clinical Assistant Professor, University of  
Calgary  
Clinical Instructor, UBC School of  
Medicine

Dr. Marie Claire Bourque is a true force in the field of mental health. With a background in elite sports, she has made a profound impact on the well-being of individuals, teams, and organizations alike. As the Head of Mental Health for the Toronto Maple Leafs, she is actively working to implement minimum standards for mental health in the NHL, paving the way to a brighter future for athletes everywhere.

As a respected leader in medicine, and the founder of the wellness brand Limbus, Dr. Bourque has received numerous accolades and invitations to speak at companies like Amazon and TD. Her transformative approach normalizes mental fitness practices, helping to change how we approach mental health in the long term.

With her unparalleled expertise and passion for promoting well-being, Dr. Bourque is a true inspiration and a beacon for all who seek to achieve their goals.



**Mamta Gautam, MD, MBA, FRCPC, CPDC, CCPE, CPE**

Mamta Gautam is an internationally renowned psychiatrist, consultant, certified coach, author and speaker. Focused on Professional Health and Well-being since 1990, she is a trailblazer in this field and is known as the “The Doctor’s Doctor”. She holds leadership roles in several national medical organizations to advise on issue of Physician Wellbeing. In the past 2 decades, she has expanded her work to include Leadership Development to better address system-level factors that impact the wellbeing of healthcare workers. She has created podcasts and videos on these topics, and authored articles, book chapters, and 2 international best-selling books. She brings this knowledge and expertise to PEAK MD, through which she delivers keynote presentations and workshops, consults to healthcare organizations and coaches senior medical leaders internationally.

Dr. Gautam is committed to advancing diversity in medicine, and facilitates leadership development for women in medicine. She has developed and co-leads Momentum, a 6-day retreat for women in medicine; and recently founded The Raft, an accredited online platform for leadership development, peer support and community for women physicians.

She is the recipient of numerous prestigious awards for her innovative work to support and mentor her healthcare colleagues. She is the inaugural recipient of both the 2011 CMA Physician Misericordia Award, as well as the 2023 AFMC Wellness Award. She has been awarded Distinguished Fellowships in both the Canadian and American Psychiatric Associations.



**Santanna Hernandez, Student**

Mrs. Santanna Hernandez is Dene, from the Liidlii Kue Nation and Cold Lake First Nation on her father's side and Dutch on her maternal side. She was raised on the traditional territory of the Sto:lo Nation and spent many years as a guest on the unceded territory of the Sinixt (Lakes), Syilx (Okanagan), Ktunaxa and Secwepemc (Shuswap) nations, whom she honours for the many traditions and gifts they shared with her. Mrs. Hernandez is a mother of four children and working on her own healing journey from post-generational trauma and ongoing systemic racism.

She is a military medical student at the University of Calgary. She served as the first Indigenous president of the Canadian Federation of Medical Students and will continue to support the federation in the position of past president. She serves as co-chair on the ii'taa'poh'to'p student advisory circle and is continually working on research and initiatives to support Indigenous students at the university.

Mrs. Hernandez uses her leadership and governance experience to walk a parallel path with allies. Before attending medical school, she completed a bachelor of Indigenous social work degree at the University of Victoria with a focus on Indigenous health and health policy.



**Brian Hodges, MD, FRCPC, PhD**

Brian Hodges is Executive-Vice President Education and Chief Medical Officer at University Health Network, and Professor in the Temerty Faculty of Medicine at the University of Toronto and President of the Royal College of Physicians and Surgeons of Canada. Brian is a practicing psychiatrist, teacher, and healthcare leader. His research and writing focus on assessment, competence, compassion and the future of the health professions.

Brian earned a degree in Psychology and his MD at Queen's University in Kingston, Ontario, after which he completed a psychiatry residency and a fellowship in medical education at the University of Toronto. In parallel he undertook a Master's degree and then a PhD in Education at the University of Toronto. Later, while on sabbatical he completed a Diploma in Health Economics and Social Sciences and gained fluency in French at the University of Paris.



**Ojistoh Horn, MD, MSc, BSc, CCFP, OSSD**

Dr. Ojistoh Horn is a Mohawk / Haudenosaunee woman whose mother is from Kahnawake, and father is from Akwesasne. She works as a family physician taking care of her people through all stages of the lifecycle. She teaches medical students and family medicine residents the complexities of providing primary care to Indigenous peoples and their communities. Drawing on both Western and Traditional paradigms, working with likeminded physicians across the country, with a focus on the effects of the environment and pollution on health, she promotes the inclusion and support of traditional knowledge and 'ways of being' into a framework for providing wholistic and primary care to her people.



**Jada Johnson, MD MSc (neuroscience),  
BSc**

Dr. Jada Johnson is a psychiatrist working at Rockyview General Hospital and at AVENTA (an addictions centre for women). She is also a yoga and meditation teacher with a passion for empowering patients with lifestyle interventions. Recently, she started an inpatient yoga and meditation group at RGH.

In her spare time she loves to spend time in the outdoors with her rescue dog and princess purebred.



**Jennifer Kagan, MD, CCFP(PC)**

Jennifer Kagan is a Palliative Care Physician and dedicated advocate for victims of gender-based violence in all its forms.

After losing her daughter to intimate partner violence in February 2020, Jennifer has been a strong voice in calling for policy and legislative change to better protect victims of intimate partner violence and children in the legal and child protective systems. Jennifer's advocacy directly resulted in the passage of Keira's Law, otherwise known as Bill C-233, a federal law which will improve education on domestic violence and coercive control for federally appointed judges. Keira's Law aims to reduce femicide and filicide rates and better protect children from the trauma of domestic violence. Jennifer also played an integral role in advocating for Keira's Law on a provincial level in Ontario, contained within Bill 102.

Jennifer has been honoured with several awards for her advocacy including a Queen's Platinum Jubilee Community Service Award, a Spirit of Barbra Schlifer Award and an Attorney General's Victim Services Award.



**Simone Lebeuf, MD FRCPC**  
Adolescent Medicine Pediatrician -  
Stollery Children's Hospital  
Assistant Clinical Professor - Department  
of Pediatrics University of Alberta

Dr. Simone Lebeuf (she/her) is an Adolescent Medicine subspecialist who currently practices at Stollery Children's Hospital as a clinician and medical educator. She received her medical degree from the University of Calgary and completed her pediatric residency training at Alberta Children's Hospital. She furthered her training with a subspecialty residency in Adolescent Medicine at the Hospital for Sick Children and University of Toronto. Her primary clinical areas include complex youth with chronic health concerns, gender affirming care, and adolescent-led families. Her research focus includes clinician health and wellbeing. She is also the parent to a busy teenager and enjoys spending time outdoors.



**Seema Marwaha, MD, FRCPC, EdM**

Dr. Seema Marwaha is a general internal medicine physician at St. Michael's Hospital and an Assistant Professor in the Department of Medicine at the University of Toronto. She completed her Master's in Education at the Harvard Graduate School of Education with a specialization in technology and innovation. She also completed a Fellowship in Global Journalism and Toronto's Munk School of Global Affairs and Public Policy. Seema's academic work is focused on journalism, advocacy, and public facing health communication. Designing media and content optimal for public consumption is a goal and interest of hers. She is the Editor-in-Chief of Healthy Debate ([healthydebate.ca](http://healthydebate.ca)). Using it as a platform, she seeks to understand how medical content is created, accessed and deemed credible to the user. Seema is also a journalist and medical correspondent. She is a regular contributor to CBC and has written for the Canadian Press and Macleans, among others.



**Connie Newman, MD, MACP, FAMWA**

Connie Newman, MD, MACP, FAMWA, an endocrinologist, is MWIA Vice President, North America; Past President, AMWA; Adjunct Professor, New York University School of Medicine; member, FDA Endocrine and Metabolic Drugs Advisory Committee; and Chair, Board of Directors, Planned Parenthood, Northern, Central and Southern New Jersey. She advocates for access to high quality reproductive health services for all people. Dr. Newman is a leading proponent of sex and gender- based healthcare and co-edited "How Sex and Gender Impact Clinical Practice: An Evidence Based Guide to Patient Care", Elsevier. She is an expert in cholesterol management, and chaired committees for the AHA Scientific Statement on statin safety and Endocrine Society guideline on dyslipidemia. She also writes and lectures on reproductive rights, health equity, challenges facing women in medicine, and burnout. Dr Newman has three children and lives in New Jersey, USA and Oxford, UK.



**The Honourable Flordeliz (Gigi) Osler**

The Honourable Flordeliz (Gigi) Osler is an internationally renowned surgeon and a dedicated advocate for health and health care. Senator Osler has held leadership roles with several Canadian medical organizations, including co-chair of the Virtual Care Task Force, a collaboration between the Canadian Medical Association, the Royal College of Physicians and Surgeons of Canada and the College of Family Physicians of Canada. She is the recipient of numerous honours and awards and was appointed to the Senate of Canada in September 2022.



**Christina Pilarski**  
Founder and CEO, CIPR Communications

Christina Pilarski is the Founder and CEO of CIPR Communications, a leading public relations and digital marketing agency renowned for its strategy-first approach. With a Bachelor of Arts (Hons) in Communications Studies, specializing in media effects, and an MA in Communications Studies, focusing on social media engagement between the public and government, Christina possesses a deep understanding of effective communication strategies.

Having worked with over 250 unique brands, Christina's expertise lies in public relations, social media innovation, and personal brand building. Her notable achievements include media training over 250 executives, enabling them to effectively communicate their brand messages.

At CIPR Communications, Christina emphasizes four core values: kick ass, confidence, client-focus, and kindness. Transparency is at the heart of her agency, as she believes in empowering clients by sharing insights and knowledge, fostering trust and confidence in her approach.

Christina, a mother of twin boys in grade 2, aspires to drive the continued growth of her business while maintaining a healthy work-life balance alongside her business and life partner – Peter.



**Kathleen Ross, MD, MSc, BSc**  
President, Canadian Medical Association

Dr. Ross is a family physician in Coquitlam and New Westminister, British Columbia; she does clinical work in community primary care and obstetrics and surgical assist work, including cardiovascular surgery, at Royal Columbian Hospital (RCH). She is a wife and mother of two. She holds a MSc in pathology and a MD from the University of British Columbia and teaches in the UBC Department of Medicine undergraduate and postgraduate programs.

Numerous leadership roles have provided Dr. Ross the opportunity to establish health care policy and lead grassroots improvement in both community and acute care services, including: past president of Doctors of BC; founding member and chair of the Fraser Northwest Division of Family Practice (FNDFP), RCH's Collaborative Services Council and FNWDFP's Shared Care Committee; and president of the RCH medical staff.

Dr. Ross is recognized for her interest in advancing technology in front-line clinical care. She has served as the physician lead and chair of the Pathways Patient Referral Association from inception to its current state as an indispensable online clinical and referral tool for physicians in BC and the Yukon.

As a founding member of Doctors of BC's Diversity and Inclusion Advisory Group in 2018 and physician lead for RCH's Antiracism and Unconscious Bias Working Group in 2021, Dr. Ross remains committed to fostering learning, awareness, education and ongoing implementation of inclusive, diverse and antiracist practices in health care.

In line with her commitment to ongoing quality improvement in health care, Dr. Ross recently completed the IHI Physician Quality Improvement Certificate Program targeting increased antenatal awareness of fetal movement changes to reduce adverse pregnancy outcomes at RCH.

Volunteerism is important to Dr. Ross. She has twice been recognized by Rotary International District 5050 for her health care educational training project work in remote Andean regions of Peru. She is a board member of Rotary World Help and the chair of the International Affairs Committee Chair for Rotary Club of Coquitlam. Dr. Ross works to awaken young women and girls to their possibilities and empower them via Girl Guides of Canada. In recognition of her long-standing community and international service work, Dr. Ross was inducted into the Terry Fox Wall of Fame in Port Coquitlam in 2019.



**Danielle Stacey, BScPharm, PharmD**  
MD Student Year 2, University of Calgary  
Captain, Canadian Forces Health Services

Second Year Medical Student, University of Calgary. Born and raised in Lord's Cove, NL, I aspire to move back later in life as a rural generalist. I am a proud Officer of the Canadian Armed Forces and served as a Pharmacy Officer with the Canadian Forces Health Services for 14 years prior to medical school. As a leader, clinical pharmacist, and medical logistician, I have had the opportunity to practice pharmacy, medical planning and fulfill a multitude of leadership roles in many corners of the world, most recently as the Primary Care Services Manager of the Canadian Forces Health Services Centre Atlantic in Halifax. My passions currently lie with rural healthcare, rural healthcare delivery and antimicrobial stewardship, to name a few.

Currently, I live in Cochrane, AB with my husband, Michael Hague, and our two dogs, Bernie and Moe. We all love having the mountains as a playground in our backyard.