



Federation of Medical Women of Canada

Fédération des femmes médecins du Canada

NOW ACCREDITED



TO REGISTER:  
[www.FMWC2023.com](http://www.FMWC2023.com)

## 2023 EDUCATIONAL CONFERENCE & AGM

**HEALTH ADVOCATES:** Creating Connections, Synergizing Energies

**SEPTEMBER 23 – 24, 2023**

**HOTEL ARTS, 119 12 AVENUE SW CALGARY, ALBERTA**

### AGENDA

#### Saturday, September 23, 2023\*

*\*All educational sessions will take place in Spectrum 5*

8:00 - 8:30 am	Registration & Breakfast	Spectrum 4
8:30 - 9:30 am	<b>Annual General Meeting</b> - Members only	
9:30 - 9:45 am	<b>Opening Remarks &amp; Indigenous Land Acknowledgement</b> – Dr. Kimberly Williams, President-Elect, FMWC	
9:45 - 10:15 am	<b>Opening Keynote Address: Advocacy, Politics &amp; Leadership: Thoughts from a Surgeon turned Senator</b> – The Honourable Flordeliz (Gigi) Osler	
10:15 - 10:45 am	Nutrition break	Spectrum 4
<b>Plenary 1 - Equity Gaps in Access</b> Moderators: Dr. Shelley Zieroth / Ms. Isabella Churchill		
10:45 - 11:00 am	<b>Physician Diversity: Access and Allies</b> – Dr. Brian Hodges, President, Royal College of Physicians and Surgeons of Canada	
11:00 - 11:15 am	<b>Transhealth Care Gaps</b> – Dr. Simone Lebeuf	
11:15 - 11:30 am	<b>Cardiovascular Disease in Women: A Call for Action</b> – Dr. Alex Bastiany	
11:30 - 12:00 pm	Q&A and Panel Discussion	
12:15 - 1:15 pm	Lunch Symposium (unaccredited)	Spectrum 5
<b>Plenary 2 - Building Skills for Wellness</b> Moderators: Dr. Manrit Takhar / Dr. Paule Bertholet		
1:30 - 1:45 pm	<b>Key Tips for Resiliency</b> – Dr. Mamta Gautam	
1:45 - 2:00 pm	<b>Leadership Skills for 2023 and Beyond</b> – Dr. Kathleen Ross, President, Canadian Medical Association	
2:00 - 2:15 pm	<b>Conceptualizing Wellness in the Planetary Health Framework</b> – Dr. Ojistoh Horn	
2:15 - 2:45 pm	Q&A and Panel Discussion	
2:45 - 3:15 pm	Nutrition break	Spectrum 4
3:15 - 4:00 pm	<b>Take Control of Your Life: Values-Based Living</b> – Dr. Marie Claire Bourque	
4:00 - 6:00 pm	Leisure Time	
6:00 - 7:00 pm	Cocktail Reception	Spectrum 5 Foyer
7:00 - 10:00 pm	Awards Dinner	Spectrum 5

#### Sunday, September 24, 2023\*

*\*All educational sessions will take place in Spectrum 5*


7:30 - 8:00 am	<b>Optional Yoga &amp; Meditation</b> – Dr. Jadah Johnson	Spectrum 5
8:00 - 8:30 am	Breakfast	Spectrum 4
<b>Plenary 3 - Building Advocacy Skills for Tomorrow</b> Moderators: Dr. Anne Niec / Dr. Brian Hodges		
8:30 - 8:50 am	<b>Advocacy Skills in Medicine</b> – Dr. Seema Marwaha	
8:50 - 9:10 am	<b>Personal PR: Why Your Brand Matters</b> – Ms. Christina Pilarski	
9:10 - 9:30 am	<b>Physician Advocacy to Improve Global Health</b> – Dr. Connie Newman	
9:30 - 9:45 am	Q&A and Panel Discussion	
9:45 - 10:15 am	Nutrition Break and Poster Viewing	Spectrum 4
10:15 - 10:45 am	<b>Keira's Law: Turning Tragedy into Domestic Violence Advocacy</b> – Dr. Jennifer Kagan	
10:45 - 11:10 am	<b>Student Advocacy Presentation and Media Release</b> – Ms. Santanna Hernandez and Ms. Danielle Stacey	
11:10 - 11:15 am	<b>Closing Remarks</b> – Dr. Kimberly Williams, President-Elect, FMWC	
11:15 - 12:00 pm	<b>Past Presidents Meeting</b>	Studio Room
12:00 - 1:00 pm	<b>Board Meeting</b>	Galleria Room

### LEARNING OBJECTIVES

- Define important gaps in women and girls' health.
- Recognize and enhance your leadership style and potential.
- Employ skills to advocate effectively.
- Identify strategies for improving and maintaining your wellness.
- Develop professional and social networks.

This **Group Learning** program has been certified by the College of Family Physicians of Canada and the Alberta Chapter for up to **6.50 Mainpro+ credits**.

This event is an **Accredited Group Learning Activity** (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the SOGC. You may claim a maximum of 6 hours (credits are automatically calculated).

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