



Are You Providing Optimal Care for Persons Post-TBI? Discover How Living Clinical Practice Guidelines are an Accessible Way to Elevate Your Clinical Practice.

Thursday, Dec 5, 2024, 2:30-3:15 p.m.

Neurotrauma Care Pathways Team

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Land Acknowledgement

We acknowledge that we are on the traditional territory of many Indigenous nations. In Toronto these include the lands of the Mississaugas of the Credit, the Anishnabeg, the Chippewa, the Haudenosaunee and the Wendat peoples. Today, the meeting place of Toronto is still the home to many Indigenous peoples from across Turtle Island and we are grateful to have the opportunity to work and learn on this territory.

In this Land Acknowledgment, we recognize and respect Indigenous Peoples as traditional stewards of this land and the enduring relationship that exists between Indigenous Peoples and their traditional territories. We recognize the importance of reflecting on what occurred in the past as an important step to reconciliation with our Indigenous communities and other communities that have experienced hardship as part of our colonial past.

We also recognize the challenges and discrimination that can exist in the healthcare system towards persons with Indigenous Background. As healthcare providers, system evaluators and planners, it is our responsibility to identify and implement mechanisms to provide equitable and culturally sensitive care.



Disclosures

The Presenting Authors have an employment relationship with UHN-Toronto Rehab - KITE

- *Any data presented here were supported by ICES, which is funded by an annual grant from the Ontario Ministry of Health (MOH) and the Ministry of Long-Term Care (MLTC). This document used data adapted from the Statistics Canada Postal Code Conversion File, which is based on data licensed from Canada Post Corporation, and/or data adapted from the Ontario Ministry of Health Postal Code Conversion File, which contains data copied under license from Canada Post Corporation and Statistics Canada. Parts of this material are based on data and/or information compiled and provided by CIHI. The analyses, conclusions, opinions and statements expressed herein are solely those of the authors and do not reflect those of the funding or data sources; no endorsement is intended or should be inferred*



Presentation Objectives

Key objectives for this presentation are to:

1. Review key clinical actions, strategies and resources (e.g., Living TBI Clinical Practice Guidelines (CPG) and TBI Care Pathways)
2. Describe the KT/KM (*Knowledge Translation/Knowledge Mobilization*) strategy used to support clinicians to use and integrate best practices into their professional practice



What Is The Problem?

Traumatic Brain Injury (TBI) is a chronic and complex health condition. Unfortunately, its care quality varies due to:

- Limited availability of specialized acute care & rehabilitation
- Poor acknowledgment that it is a chronic and complex health condition
- Lack of navigation to specialized rehab and appropriate community services & supports
- Care model and access is determined by funding (public vs third party)

AND... these variations become magnified GAPS for those who have been traditionally marginalized in the healthcare system



Scope Of The Problem

How many people sustain a TBI every year in Ontario?

Concussion: 170,000 - about 20% will have persisting symptoms: 35,000

Complex mild: 2,500

Moderate to severe: 3,500

TOTAL: 175,000 new injuries a year
Approximately 41,000 with ongoing needs

How do people get injured?

Concussion: 30% Fall; 3% MVC; Sport 5%; Unspecified 41%

Complex mild: **66% Fall**; 9% MVC

Moderate to severe: **71% Fall**; 11% MVC

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Scope Of The Problem

How many people with a moderate to severe TBI receive inpatient rehabilitation?

Specialized brain injury rehab: 9%

Mixed Neuro rehab: 4%

General rehab: 5%

TOTAL: 18%

How many people have follow-up with primary care after discharge from acute care and no inpatient rehabilitation?

within 30 days of discharge - 44%

within 90 days of discharge - an additional 16%

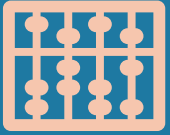
How many people get rehab from Ontario Health atHome after discharge from either acute care or inpatient rehab

Physiotherapy - 20%

Occupational Therapy - 21%

SLP or SW - 0.7%

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Healthcare Utilization

- Healthcare utilization is high 0-2 and 2-4 years after injury for all severity groups
- Table below shows 0–2-year healthcare utilization compared to the general population
- Mental health (MH) care utilization stays high overtime, suggesting ongoing MH needs for people with TBI

Type of BI	ER visits	MH utilization
Concussion/mild (no admission)	2.4 X higher	1.8 X higher
Complex mild (1-3 days admission)	3.6 X higher	2.4 X higher
Moderate to severe (4 or more days admission)	4.2 X higher	2.7 X higher



Scope Of The Problem



From Persons with lived experience of TBI.....

- Many healthcare **providers are unprepared** to address TBI needs and concerns; they do not understand the ongoing sequelae and chronic nature of the condition that needs are likely to change overtime
- **Who** should be following them in the community? **Who** do they go to for help? **What** is even available to them?

How can we build specialized knowledge and capacity for care management after TBI?



Gaps In TBI Care



A. General **gap of Equity Considerations** in care; poor overall care documentation and considerations regarding financial status, marginalized groups, comorbidities and geographical location



B. **Poor availability of diagnostic imaging** in rural and remote areas

C. **Inability to provide timely consultation and surgery** for people living in remote areas

D. **Lack of education mechanisms** for healthcare/service providers, persons with lived experience and families



E. **Poor communication and planning** between interprofessional teams during transfers, especially transitions to non-specialized centers

F. **Lack of or inappropriate** in **navigation** to link patients to primary care and specialized navigation



G. **13.5%** of moderate to severe traumatic brain injuries receive inpatient rehabilitation in ON; **only 6.5%** receive specialized inpatient rehabilitation

H. **Poor availability of Specialized Outpatient Rehabilitation** services, especially for those living in remote areas or not attending specialized inpatient rehabilitation

I. **Poor availability, limited interprofessional collaborations, and inappropriate funding** models for family doctors and team-based primary care

J. **Access to Community Services and Supports is limited** to personal funds, insurance and/or extended health care benefits

K. **Lack of or inappropriate specialized system navigation support**



L. **Lack of ongoing care, services and supports** for families/friends in the community

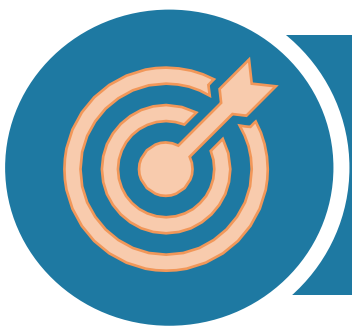


M. **Weak mechanisms to re-access rehabilitation** once patient returns to the community



Why Are We Doing What We Are Doing?

- Are there clear Brain Injury Care Pathways that all care providers across the continuum follow? **NO**
- Do care providers know who the providers are who specifically work with persons after brain injury? **SORT OF**
- Are we working together in the most efficient way? **PROBABLY NOT**
- Who is saying 'YES' to helping people and their families after brain injury? **NOT ENOUGH SERVICE PROVIDERS**



Best-Practice TBI Care



Neurotrauma
Care Pathways



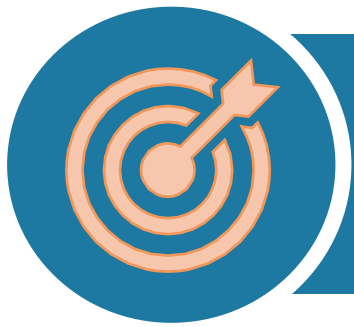
**CANADIAN
CLINICAL PRACTICE GUIDELINE**
FOR THE REHABILITATION OF ADULTS
WITH MODERATE TO SEVERE TBI



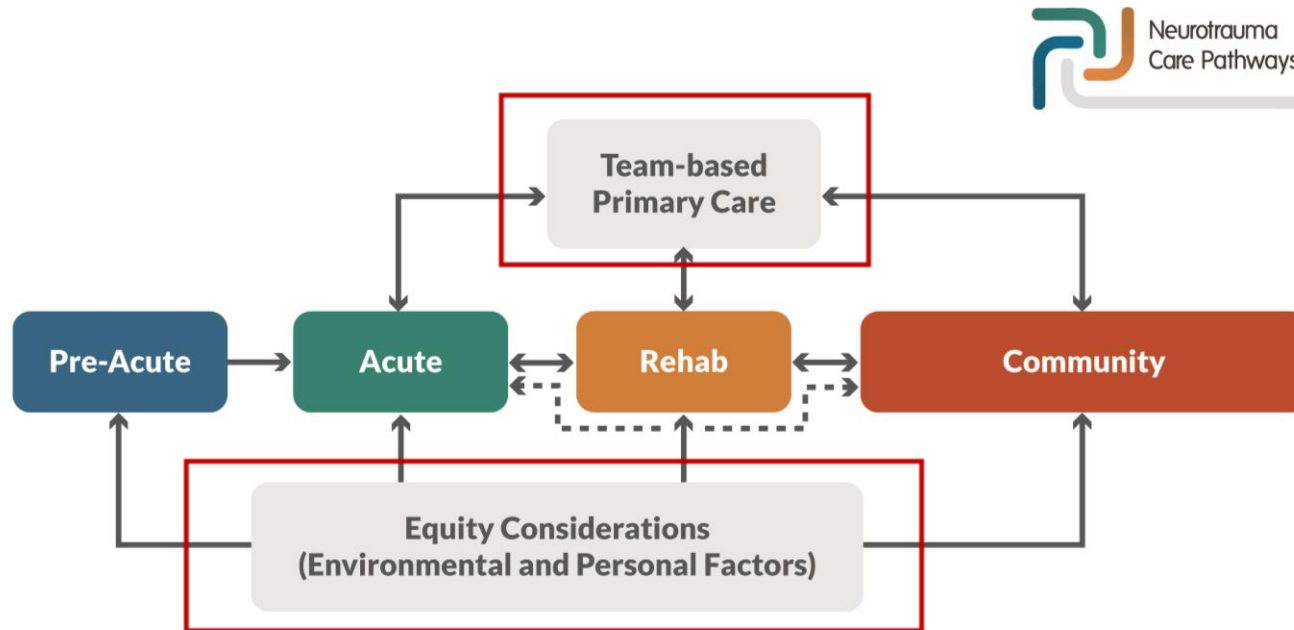
LIVING
CONCUSSION
GUIDELINES



PedsConcussion
— LIVING GUIDELINE FOR —
PEDIATRIC CONCUSSION CARE



Neurotrauma Care Pathways



**Neurotrauma Care Pathways
Interactive Website:**

<https://www.neurotraumapathways.ca>



The process involved co-creation with key partners across the province, particularly persons with lived experience

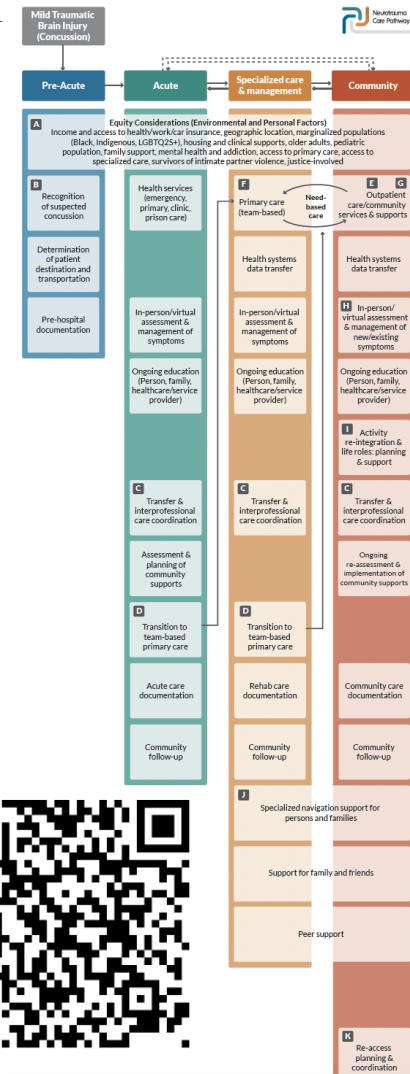
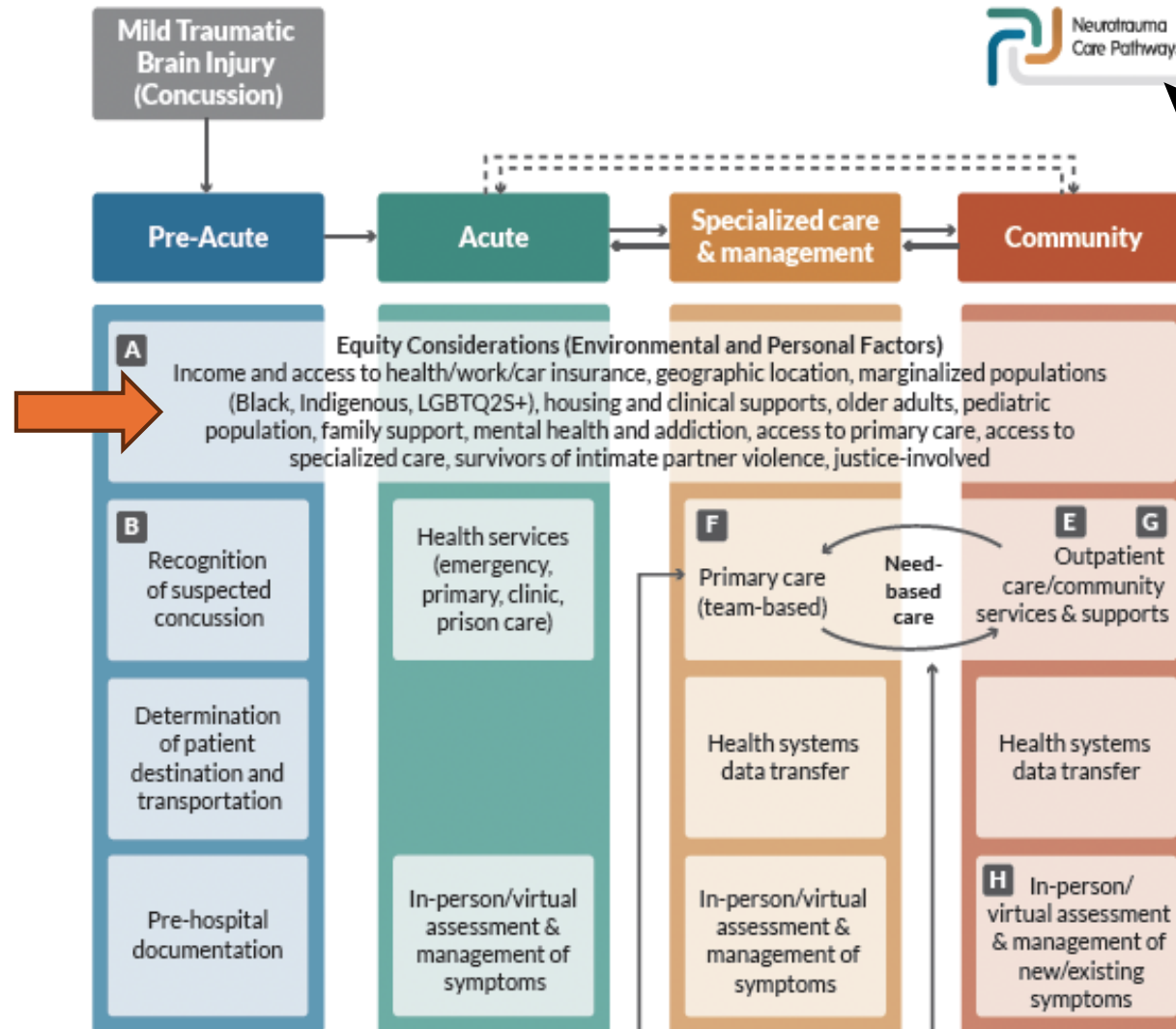
Each care stage contains building blocks (key elements of care), which are linked to existing evidence-based CPGs



Ideal Care Pathways

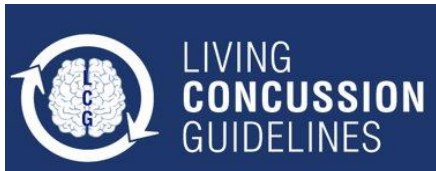
Current Gaps in current care are addressed by the Ideal Care Pathways

Implementation of the building blocks can be measured by **companion quality indicators** to facilitate uptake by health care providers and system planners.





Important Living Website Links



**Living Concussion
Guidelines for
Adults**



**Peds Concussion
Guideline**



**CANADIAN
CLINICAL PRACTICE GUIDELINE
FOR THE REHABILITATION OF ADULTS
WITH MODERATE TO SEVERE TBI**



**Adults Moderate
to Severe TBI
Guideline**



Let's Navigate To the Guideline

The Canadian TBI Guideline Website:
<https://kite-uhn.com/brain-injury/en>

All 3 Guidelines have a similar format, but we will just walk through one of them today

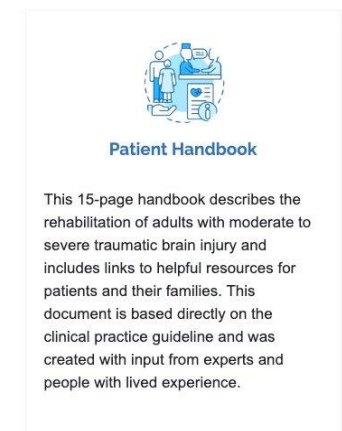
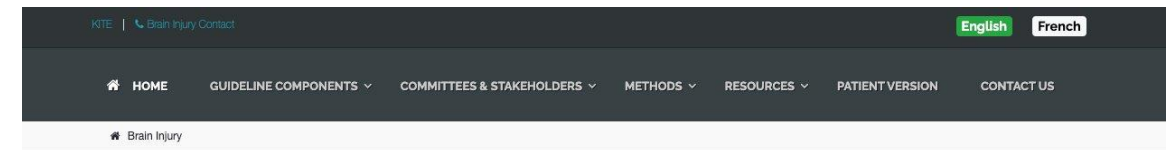




Guideline For TBI Rehabilitation

The Canadian CPG for the Rehabilitation of Adults with Moderate-Severe TBI:

- Is based on ongoing and comprehensive review of international research, clinical evidence and lived experience
- Helps inform TBI care across jurisdictions
- Provides best-practice recommendations, resources, and tools to make clinical decisions that will improve the quality and consistency of TBI care





How To Use The TBI Guideline

Section 1 - Components of the Optimal TBI Rehabilitation System

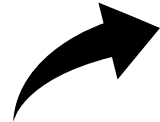
- › A - Key Components of TBI Rehabilitation
- › B - Telehealth
- › C - Subacute Rehabilitation
- › D - Promoting Reintegration and Participation
- › E - Caregivers and Families
- › F - Brain Injury Education and Awareness
- › G - Capacity and Consent

Target Audience:
**Health system
leaders and
planners**

Section 2 - Assessment and Rehabilitation of Brain Injury Sequelae

- › H - Comprehensive Assessment of the Person with TBI
- › I - Disorders of Consciousness
- › J - Cognitive Functions
- › K - Cognitive Communication
- › L - Dysphagia and Nutrition
- › M - Motor Function and Control
- › N - Sensory Impairment
- › O - Fatigue and Sleep Disorders
- › P - Pain and Headaches
- › Q - Psychosocial / Adaptation Issues
- › R - Neurobehaviour and Mental Health
- › S - Substance Use Disorders
- › T - Medical / Nursing Management
- › U - Intimacy and Sexuality

Target Audience:
Clinicians



P. Pain and Headaches

- › Rationale
- › System Implications
- › Key Indicators
- › Tools and resources
- › Summary of Evidence

P Priority **F** Fundamental **N** New Level of Evidence **A** **B** **C**

P.1 - Assessment of Pain and Headaches

- › Recommendations

P.1.1 C
Pain should always be considered if a person with traumatic brain injury presents agitation or has cognitive/communication issues, non-verbal psychomotor restlessness or worsening spasticity, with particular attention paid to non-verbal signs of pain (e.g., grimacing).

(ABIKUS 2007, G73, p. 27)

Suggested tool: [Algorithm for Agitation and Aggression](#)

P.1.2 N C
Individuals experiencing persistent pain following brain injury should be examined for musculoskeletal, visceral, central and peripheral nervous system causes of pain by a clinician experienced in neurological and musculoskeletal examinations to determine the likely cause of pain.

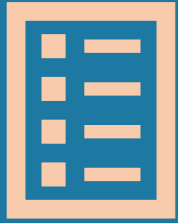
P.1.3 N C



- › Rationale
- › System Implications
- › Key Indicators
- › Tools and resources
- › Summary of Evidence

<https://kite-uhn.com/brain-injury/en/guidelines>





Why Keep Coming Back to the Guideline?

The Guideline is living with regular updates to:

- ✓ Recommendations
- ✓ Summary of Evidence
- ✓ Tools and Resources
 - Infographics, decision trees and algorithms
 - Links to evidence-based tools and resources
- ✓ New topics added to respond to demand and evidence



****All updates are made to both the French and English versions***

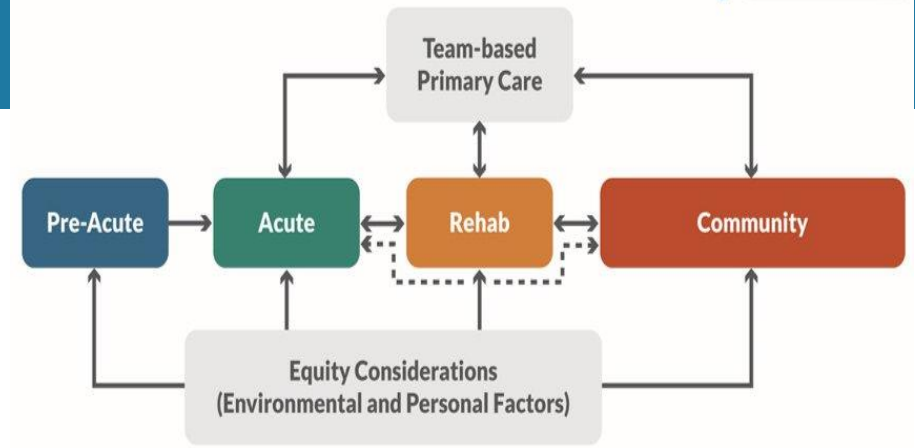


Case Example

Ross is a 45-year-old man who sustained a **severe brain injury** and had to have craniectomy and partial resection of the left temporal lobe due to severe elevated ICP.

What are the Key Clinical Practice Points?

- Documentation of GCS, SDH that are likely to influence care decisions
- Evaluation for rehabilitation
- Documentation of screeners and assessments completed
- INFORMATION!
- Robust discharge planning for next stage in the Care Pathway; Peer Support?



Acute ×

Trauma centre

Patients with suspected brain injury should be triaged to an appropriate trauma center that can assess and manage traumatic brain injury and sequelae.

In this block, first responders and acute care providers will find a list of trauma centers and specialized brain injury centres in Ontario.

RESOURCES

A summary of trauma centers and acute hospitals with neuro-capacity (i.e., capacity to care for persons experiencing a traumatic brain injury) in Ontario, by Ontario Health Region, as well as regional summary tables detailing hospital names can be found here: [Summary of Regional Publicly Funded Services](#)

Acute ×

Initial medical assessment & management

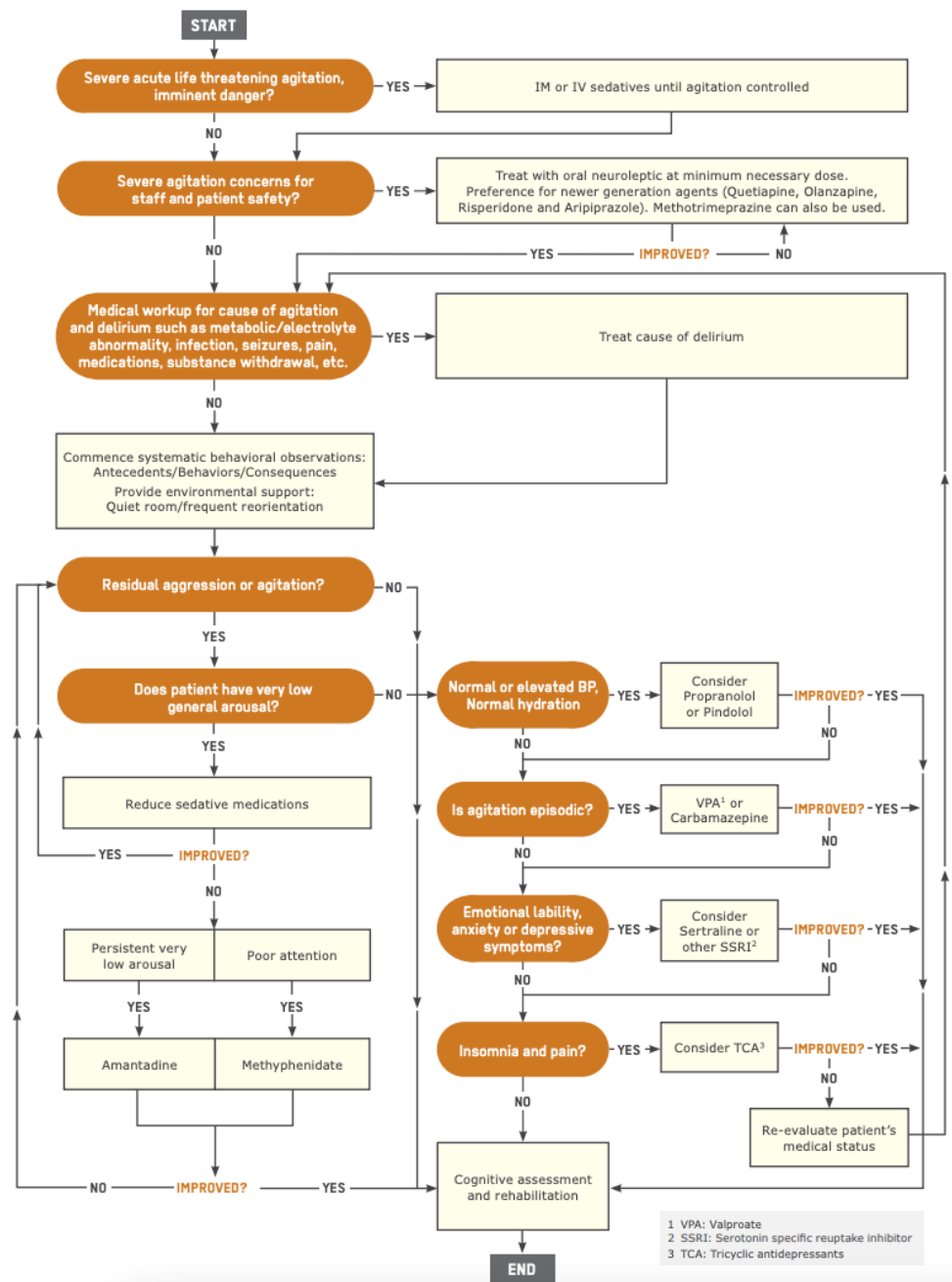
Specialized assessment and management of a brain injury should occur in acute care services. Assessing brain injury as well as its complications requires trained personnel and may include diagnostic imaging, and/or screening and diagnostic tools considering physical, cognitive, behavioural, and emotional factors. Assessment should include determining the patient's decision-making and mental capacity and should follow consent procedures based on jurisdiction regulations. Initial management strategies for brain injury and its sequelae include



Case Example

- Ross has just arrived on the floor from the ICU and is **very agitated**
- He is swinging at the nurses when they enter the room and yelling loudly.

Pharmacological Management of Agitation and Aggression Following TBI



1 VPA: Valproate
 2 SSRI: Serotonin specific reuptake inhibitor
 3 TCA: Tricyclic antidepressants



KITE | Brain Injury Contact English French

HOME | GUIDELINE COMPONENTS | COMMITTEES & STAKEHOLDERS | METHODS | RESOURCES | PATIENT VERSION | CONTACT US

Brain Injury

- Scope & Purpose
- Evidence Levels
- Recommendations
- Tools & Resources
- Key Indicators
- Citing the Guideline
- References
- Glossary
- Sex, Gender and Race Considerations

CANADIAN CLINICAL PRACTICE GUIDELINE FOR THE REHABILITATION OF ADULTS WITH MODERATE TO SEVERE TBI



Case Example

- With treatment with IM neuroleptics followed by oral neuroleptics, **Ross settles down but is still very concerned**
- His blood work shows he has low sodium which is corrected
- He is more alert and has a decreased need for sedative medications



CANADIAN
CLINICAL PRACTICE GUIDELINE
FOR THE REHABILITATION OF ADULTS
WITH MODERATE TO SEVERE TBI

» T. Medical / Nursing Management

» T.9. Principles of Medication Management (Neuropharmacology)

► Recommendations

T.9.9 C

Pharmacological treatment of neurobehavioural / mental health or other symptoms following traumatic brain injury should be used with caution and with the knowledge that studies suggest that many medications, including neuroleptics, anxiolytics, and anticonvulsants are associated with slowed recovery after brain injury.

(Adapted from ABIKUS 2007, G15, p. 19)

Suggested tool: [Health Canada Indications of Use](#)



Case Example

- Ross settles down but has gradually developed increased yelling when the nurses walk in the room
- **Antecedent Behaviour Consequence** charting is completed, and the yelling occurs only when a nurse walks in the room & not others
- **Cause of yelling = pain**
- Reassurance reduces the frequency, but the behaviour persists



R. Neurobehaviour and Mental Health

- ▶ Rationale
- ▶ System Implications
- ▶ Key Indicators
- ▶ Tools and resources
- ▶ Summary of Evidence

P Priority [?] **F** Fundamental [?] **N** New [?] Level of Evidence **A** [?] **B** [?] **C** [?]

R.1 - Neurobehavioral Assessment

- ▶ Recommendations

R.2 - Neurobehavioral Interventions

- ▶ Recommendations



Case Example

- Ross improves but the **subacute rehab team** feels they could improve the efficiency of the care they provide to people like him
- ***What are some of the key practices? (HINT: This is a system question)***



**CANADIAN
CLINICAL PRACTICE GUIDELINE
FOR THE REHABILITATION OF ADULTS
WITH MODERATE TO SEVERE TBI**

Section 1 - Components of the Optimal TBI Rehabilitation System

- > A - Key Components of TBI Rehabilitation
- > B - Telehealth
- > **C - Subacute Rehabilitation**
- > D - Promoting Reintegration and Participation
- > E - Caregivers and Families
- > F - Brain Injury Education and Awareness
- > G - Capacity and Consent



C. Subacute Rehabilitation

Save PDF

- Rationale
- System Implications
- Key Indicators
- Tools and resources
- Summary of Evidence

P Priority **F** Fundamental **N** New Level of Evidence **A** **B** **C**

C.1 - TBI Inpatient Rehabilitation Models

- Recommendations

C.2 - Duration, Intensity and Other Attributes

- Recommendations

C.2.1 **P** **C**

A target length of stay should be established with input from persons with traumatic brain injury (TBI) and their families/caregivers as soon as possible after admission to

Guidelines Index

A - Key Components of TBI Rehabilitation

B - Telehealth

C - Subacute Rehabilitation

D - Promoting Reintegration and Participation

E - Caregivers and Families

F - Brain Injury Education and Awareness

G - Capacity and Consent

H - Comprehensive Assessment of the Person with TBI



Case Example

- A new doctor comes on the service and asks why the patient needs more intense **cognitive rehabilitation**
- “Where’s the evidence?”



**CANADIAN
CLINICAL PRACTICE GUIDELINE
FOR THE REHABILITATION OF ADULTS
WITH MODERATE TO SEVERE TBI**

▶ Summary of Evidence

Several studies have been conducted on cognitive rehabilitation post ABI. Five large, robust systematic reviews were conducted by the INCOG group on the following domains of cognition: post-traumatic amnesia (PTA), attention, executive functioning, communication, and learning and memory (Jennie Ponsford et al., 2014; J. Ponsford & Sinclair, 2014; R. Tate et al., 2014; L. Togher et al., 2014; Velikonja et al., 2014). When assessing cognitive impairment, initially, it is important to consider other factors besides the injury such as a patient’s cultural background, premorbid intelligence, substance abuse, or mental illness, as these have been found to impact one’s cognitive abilities (MacMillan, Hart, Martelli, & Zasler, 2002; Prigatano & Leathern, 1993; L. A. Taylor, Kreutzer, Demm, & Meade, 2003).

Deficits in attention are a common complaint amongst patients. Attentional disorders can impede patients’ activities of daily living, ability to drive and their vocational status. Rehabilitation strategies for attention include tasks that emulate everyday activities. In an RCT, Fasotti, Kovacs, Eling, and Brouwer (2000) employed a training program that emulated many real life tasks versus a verbal instruction program for improving attention. The authors noted greater concentration and speed of processing in participants exposed to the real life task program in their everyday tasks.

Dual task training is another effective way to train attention; this rehabilitation strategy



J. Cognitive Functions

- ▶ Rationale
- ▶ System Implications
- ▶ Key Indicators
- ▶ Tools and resources
- ▶ Summary of Evidence

P Priority [?] **F** Fundamental [?] **N** New [?] Level of Evidence **A** [?] **B** [?] **C** [?]



Case Example

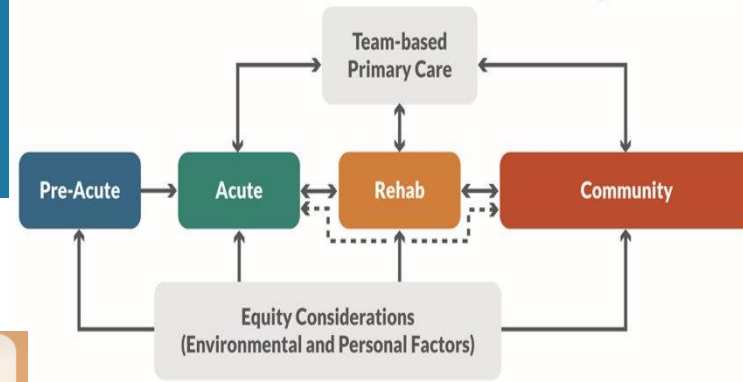
Ross has been lucky to get access to inpatient rehab. **What should the rehabilitation phase address?**

What are the Key Clinical Practice Points?

- Multidisciplinary team assessment, in the context of SDH
- Meaningful goals
- Promotion of resilience and agency
- Documentation of structure, process, outcome
- INFORMATION!
- Families need support
- Robust discharge planning for next stage in the Care Pathway; Peer Support?

Interprofessional Specialized Rehab

- Equity Considerations (Environmental and Personal Factors)
- Specialized inpatient
- Specialized outpatient
- Health systems data transfer
- In-person / virtual assessment & management of symptoms
- Ongoing education (Person, family, healthcare/service provider)
- Plan re-integration & life roles
- Transfer & interprofessional care coordination

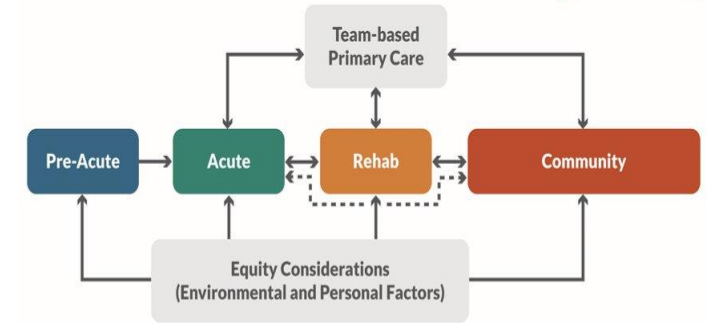


- Assessment & planning of community supports (cont. from Acute)
- Transition planning (cont. from Acute)
- Rehab care documentation
- Community follow-up
- Specialized navigation support for persons and families
- Support for family and friends
- Peer support



Case Example

- Discharge planning needs to be patient-centered
- Integral role of Team-Based Primary Care



Community follow-up

Re-access planning & coordination

Community

Re-access planning & coordination

As a person with brain injury's needs change over time and in relation to ageing, mechanisms to facilitate their re-access to the healthcare system are essential. The person with brain injury's primary care provider should be prioritized as the first access point to plan and coordinate re-access needs. Persons with brain injury may require re-entry to acute care or rehabilitation, depending on the severity of the change in outcome.

In this block, community service providers and system planners can find links to recommendations on establishing mechanisms to allow persons with TBI to easily re-access the healthcare system.

GUIDELINE LINKS

- [Clinical Practice Guideline for the Rehabilitation of Adults with Moderate to Severe TBI](#)
 - [Section C: Subacute Rehabilitation - C.1: TBI Inpatient Rehabilitation Models](#) (Subsection: 1.4)
 - [Section D: Promoting Reintegration and Participation- D.2: Community Rehabilitation](#) (Subsection: 2.3)

D. Promoting Reintegration and Participation

Save PDF

- Rationale
- System Implications
- Key Indicators
- Tools and resources
- Summary of Evidence

Guidelines Index

- A - Key Components of TBI Rehabilitation
- B - Telehealth
- C - Subacute Rehabilitation
- D - Promoting Reintegration and Participation**
- E - Caregivers and Families
- F - Brain Injury Education and Awareness
- G - Capacity and Consent
- H - Comprehensive Assessment of the Person with TBI
- I - Disorders of Consciousness

P Priority F Fundamental N New Level of Evidence A B C

D.1 - Postdischarge Follow-Up and Support

Recommendations

D.1.1 P B

All persons with traumatic brain injury (TBI) discharged from a specialized TBI rehabilitation program (inpatient, outpatient, residential) should have access to scheduled telephone, virtual or in person follow-up contact with a professional trained in working with persons after brain injury. It is preferable that this professional have skills in promotion of self-management skills, motivational interviewing, and goal setting, in order to adequately provide reassurance and problem-solving support.

(Adapted from INESSS-ONF, 2015)

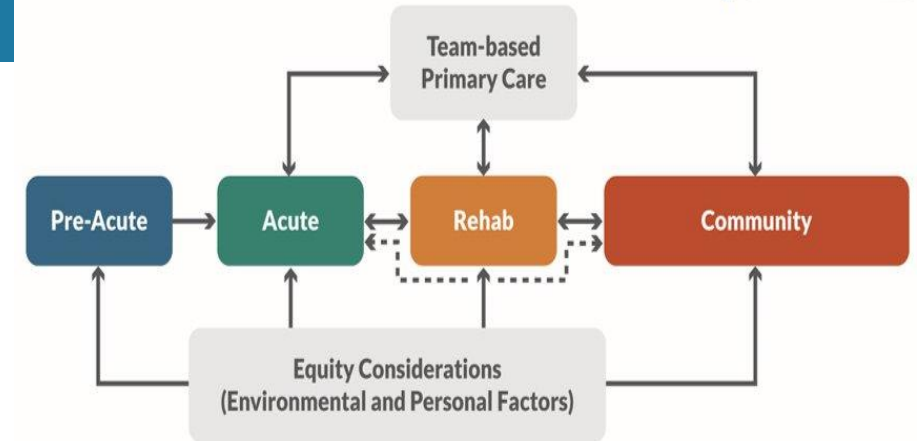


Case Example

Ross has better chance of succeeding in the community because he had rehab and he is 'connected'.

What are the Key Clinical Practice Points?

- Who are the key community-based providers? Do we know about each other? Are we working together?
- Meaningful goals and focus on life goals
- Promotion of resilience and agency
- Documentation of structure, process, outcome
- INFORMATION!
- Peer Support: PWLE and Families
- Future planning and chronic condition management; things will change over time; in the context of SDH



- Follow-up can be provided by acute care, primary care, family health teams, and community service providers
- Follow-up must be needs-based and integrated across providers so that there are no gaps or unnecessary delays in care



KT/KM Objective

The Care Pathway and Guideline are excellent resources. However, **their benefits are contingent on the successful knowledge translation of the Guidelines and Care Pathways into professional practice.**



Our Objective:

To show clinicians how to use and integrate online CPGs and associated Care Pathways using principles of adults learning.



Principles of Adult Learning

Readiness to learn: *Adults learn best when the subject matter helps them solve a real-world problem.*

Self-concept: *An adult learner's self-concept and individuality are important to the learning process.*

Internally motivated and self-directed: *Adults prefer to feel in control of their own learning. They resist learning when they feel others are imposing information on them.*

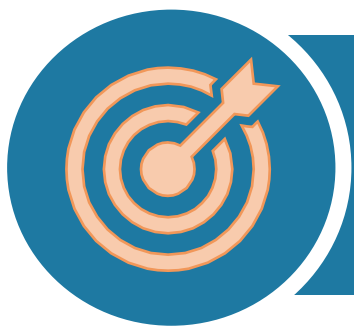
Experience: *Adults prefer to learn from their own experiences. They are more likely to be engaged if they can see how the material relates to their lives.*

Orientation to learning: *This principle gives meaning or direction to the learning process.*

Adults learn by doing: *Adults learn best through active participation and practicing what they are learning. They learn best through experience, feeling, and doing a new task with support and feedback from others.*

Motivation: *Motivation is key with adult learners. You can motivate them by offering them a reason for every activity they need to complete.*





Methods

Regulated Healthcare Professional Associations (RHPA) were approached to co-develop targeted KT activities that promote the relevance of the CPGs and Care Pathways by addressing their areas of need.

How were the CPGs and Care Pathways promoted?

- Using clinical administrative data
- Partnering with practicing clinicians
- Addressing current issues in care as identified by the RHPAs



Target Audience

Target Audience:

Healthcare professionals who do not commonly treat persons with TBI or are not current on TBI best practices.

Secondarily those who commonly treat TBI/ABI to tune up their knowledge

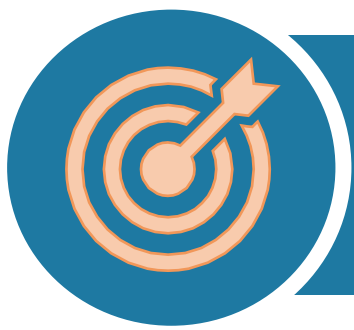




Who Worked With Us?

Collaboration occurred with many RHPA and other organizations, including:





What Did We Do?

KT activities were co-developed with the RHPA and tailored to their preference to suit diverse audiences.

Common KT Activities:

- **"Lunch and Learn" Interactive Webinars** (*recorded and had their slide decks made available for asynchronous learning*)
- Newsletter Articles
- Blog Posts
- All-Member Email Blasts
- Website Links
- Conference Presentations
- Peer-Reviewed Manuscripts
- Social Media Posts

In most cases, multiple KT methods were used.



Outcomes

"Lunch and Learn" Interactive Webinars - Examples



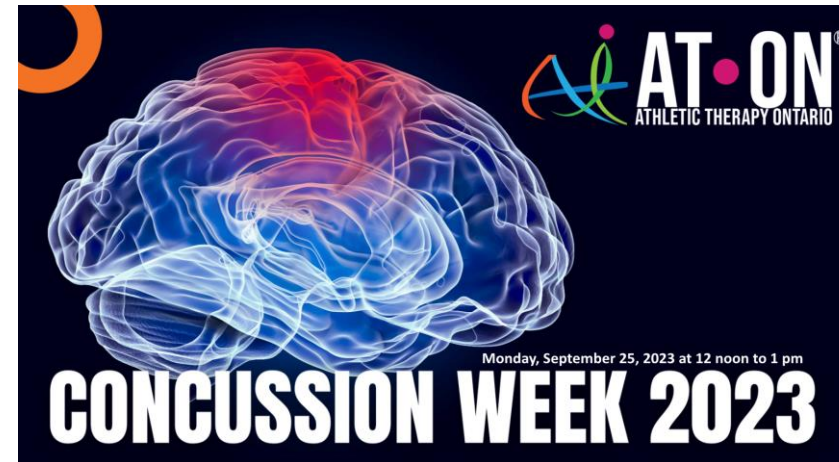
CANADIAN
CLINICAL PRACTICE GUIDELINE
FOR THE REHABILITATION OF ADULTS
WITH MODERATE TO SEVERE TBI

What does it take to care for a person after a Traumatic Brain Injury? The essential role of Primary Care

Thursday, Oct 5, 2023, 12-1pm

Dr. Mark Bayley
Judith Gargaro

Research Analysts: Aishwarya Nair, Parwana Akbari



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Where do Physiotherapists fit into the Care Pathway after TBI? Making it relevant

Wednesday, Dec 6, 2023, 12-1pm

Neurotrauma Care Pathways Team
Manager: Judith Gargaro
Research Analysts: Aishwarya Nair, Parwana Akbari
Project Lead: Mark Bayley

Clinician Presenter
Shannon McGuire – Registered
Physiotherapist, St. Joseph's Health
Care London – Parkwood Institute



Supporting Individuals with Traumatic Brain Injury: Concussion, Mild or Moderate to Severe Injury

Tuesday, September 24, 2024 | 12-1pm





Were We Successful?

All KT activities were rooted in the principles of adult learning.

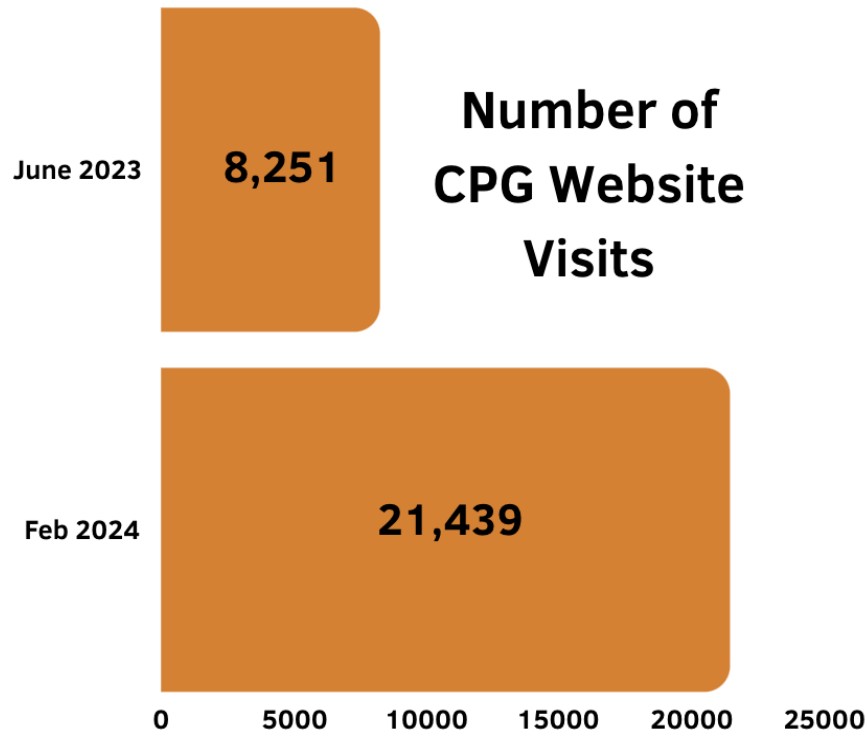


- ✓ **Self-concept;** *we embodied a self-directed, asynchronous learning model*
- ✓ **Adult learner experience, readiness to learn, orientation to learning, and motivation to learn;** *we encouraged voluntary attendance and focused on current challenges/issues*
- ✓ **Active learning;** *we presented real-life case examples and clinical data, and helped learners navigate the CPG and Care Pathways*



Outcomes: Engagement

These KT activities have been ongoing since June 2023 with **excellent engagement** as evidenced in the increase to the CPG website visitors



The excellent engagement was also highlighted in the **audiences' interactive discussions and interest to return and attend future webinar sessions.**

*The peak of our KM activities was in Oct – Dec 2023; the activities proved to be successful (**Jan: 23,587 users to the website; Feb: 21,439 users**).

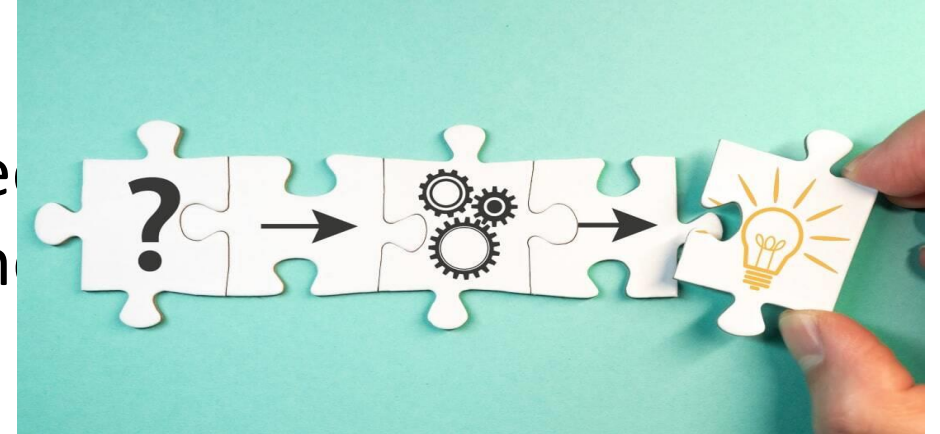
*Our KM activities have slowed down since then, but website usage continues to remain higher than baseline



What We Learned

We learned that:

- Healthcare professionals welcome evidence-based practical support to help them make informed and up-to-date TBI clinical care decisions
- Awareness of the resources and assumptions about what the CPG and Care Pathways provide are barriers to providing best-practice care
- A multi-faceted and collaborative Knowledge Mobilization strategy is necessary



POP QUIZ



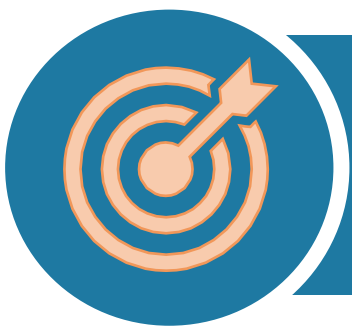
Question One

**What is the first recommendation of Section U
of the TBI Guideline?**



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Question One: ANSWER

U. Intimacy and Sexuality

- ▶ Rationale
- ▶ System Implications
- ▶ Key Indicators
- ▶ Tools and resources
- ▶ Summary of Evidence

P Priority **F** Fundamental **N** New Level of Evidence **A** **B** **C**

U.1 - Intimacy and Sexuality Considerations

- ▶ Recommendations

U.1.1 **N** **C**

Designated team members: Interprofessional teams should identify members of the team who will always initiate a discussion about intimacy and sexuality with the patient and their partner. The team member should be appropriately trained to initiate this discussion.

Last Updated June 2023





Question Two

Does the TBI Guideline discuss recommendations for assessment and management of sleep disorders?



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Question Two: ANSWER

O. Fatigue and Sleep Disorders

- ▶ Rationale
- ▶ System Implications
- ▶ Key Indicators
- ▶ Tools and resources
- ▶ Summary of Evidence

P Priority [?] **F** Fundamental [?] **N** New [?] Level of Evidence **A** [?] **B** [?] **C** [?]

O.1 - Assessment of Fatigue and Sleep

- ▶ Recommendations

O.2 - Management of Fatigue and Sleep

- ▶ Recommendations



Yes



Question Three

Which stage of care does the Neurotrauma Care Pathways NOT provide building blocks of ideal care for?

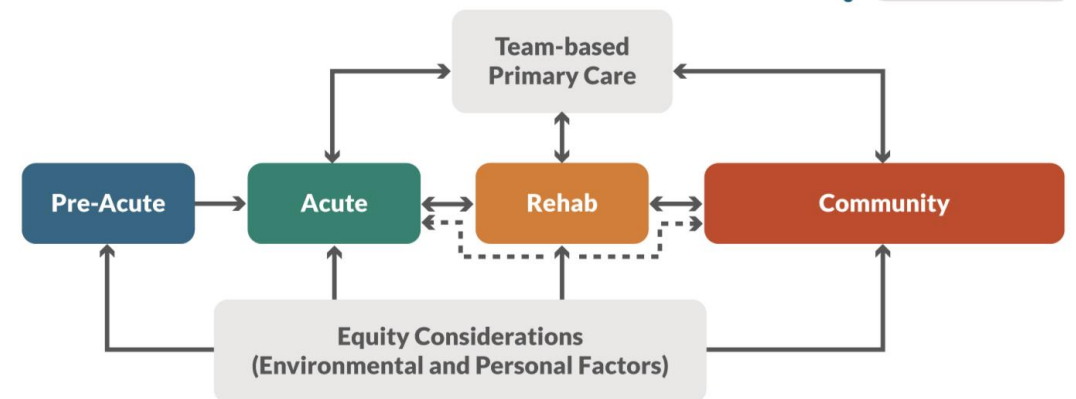
- 1. Acute Care*
- 2. Community*
- 3. Pre-Acute*
- 4. Interprofessional Specialized Rehab*
- 5. None of the Above*



Question Three: ANSWER

Which stage of care does the Neurotrauma Care Pathways NOT provide building blocks of ideal care for?

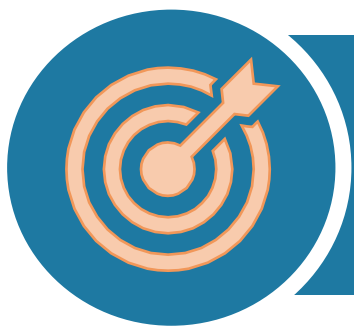
1. *Acute Care*
2. *Community*
3. *Pre-Acute*
4. *Interprofessional Specialized Rehab*
5. ***None of the Above***





Question Four

How are you going to use the Care Pathway and Guideline in your work?



Question Four: ANSWER

Implementation Projects

Peel Halton ABI Care Pathway

CE ABI Collaborative

Toronto ABI Network

NEON/acute care/rehabilitation discharge infographics

Peterborough multidisciplinary acute concussion clinic

Scarborough East GTA FHT multidisciplinary ABI Primary care team

Central Link expansion

Concussion Navigator expansion

HSN Acute Care Pathway

And **YOUR** project!

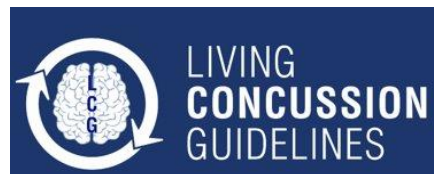




Neurotrauma
Care Pathways



PedsConcussion
— LIVING GUIDELINE FOR —
PEDIATRIC CONCUSSION CARE



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THANK YOU

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