

## LEARNING OBJECTIVES

At the conclusion of this activity, participants will be able to:

- **Develop and enhance your leadership style and potential.**
- **Create system change using evidence-based strategies.**
- **Enhance knowledge and practice of Indigenous cultural humility and safety.**
- **Gain skills to develop effective advocacy strategies.**
- **Learn how to engage others and create coalitions when advocating for women's health.**

<b>Presentation Title</b>	<b>Presentation Learning Objectives: At the end of this session, participants will be able to:</b>
<b>One Hundred Years of Medical Women in Canada</b> <i>Jacalyn Duffin, CM, MD, PhD, FRCPC, FRSC, FCAH</i>	<ul style="list-style-type: none"> <li>• Identify several early women doctors</li> <li>• Upon recognizing challenges to medical education for women, advocate for change to medical education policy</li> <li>• Contextualize current issues in medicine and advocate for policies that fulfill EDI</li> </ul>
<b>Women Peace and Security: Impacts on Canadian Healthcare</b> <i>Sen. Rebecca Patterson, OMM, MSM, CD</i>	<ul style="list-style-type: none"> <li>• Discuss the principles and application of WPS in Canada</li> <li>• Describe the role of Gender Based Analysis in clinical practice</li> <li>• Practical application of WPS and GBA+ to improve patient care in Canada</li> </ul>
<b>Recognizing and Responding to Family Violence (VEGA)</b> <i>Anne Niec, MD, FRCPC</i>	<ul style="list-style-type: none"> <li>• Describe the prevalence of the different forms of family violence, specifically child maltreatment and intimate partner violence, in Canada, their impacts, as well as their risk and protective factors, signs and symptoms</li> <li>• Articulate and apply evidence-based approaches for safety recognizing and responding to the different forms of family violence in clinical practice, including child maltreatment, intimate partner violence, and children’s exposure to intimate partner violence</li> </ul>
<b>Leadership and Disruptive Innovation: The World of AI</b> <i>Kathleen Ross, MD, MSc, MCFP</i>	<ul style="list-style-type: none"> <li>• Introduce the transforming and disrupting roles of AI in healthcare.</li> <li>• Identify potential pitfalls and risks to leveraging AI in clinical care.</li> </ul>

	3) Define new leadership skills in the era of AI.
<b>Passion, Patience, Persistence: Three Decades of Advocacy for Physician Well-Being</b> <i>Mamta Gautam, MD, MBA, FRCPC, CPDC, CCPE, CPE</i>	<ul style="list-style-type: none"> <li>• Define Advocacy</li> <li>• Identify barriers to advocating as a physician</li> <li>• Discuss concrete steps one can take to advocate successfully</li> </ul>
<b>Gender Pay Gap: How to Negotiate</b> <i>Zainab Abdurrahman, MD</i>	<ul style="list-style-type: none"> <li>▪ Navigate the Gender Pay Gap in Medicine including the extent of pay disparities within different medical specialties and practice settings.</li> <li>▪ Discuss the organizational initiatives within the OMA to address gender pay gap including the work of the OMA Women Committee.</li> <li>▪ Apply strategies to overcome some common gender biases that may affect negotiation outcomes for women doctors</li> </ul>
<b>Leadership for Reproductive Rights: Taking our Power from the Inside Out</b> <i>Ramneek Dosanjh, MD, CCFP</i> <i>Renée Fernandez, MD, CCFP</i>	<ul style="list-style-type: none"> <li>• Define and employ the reproductive justice framework</li> <li>• Share the stories and lived experiences of feminist activists who defend reproductive rights around the world.</li> <li>• Develop tools for using their personal and professional voice to further reproductive justice</li> </ul>
<b>Striving for Thriving: Using the LEADS Framework for System Change in Family Planning</b> <i>Santanna Hernandez, MD</i> <i>Danielle Stacey, BScPharm, PharmD</i>	<ul style="list-style-type: none"> <li>• Summarize continued challenges and barriers women face in family planning and reproduction while pursuing a demanding career.</li> <li>• Identify commonalities between challenges women face at all levels of education, clinical training and career progression through storytelling.</li> <li>• Apply skills in striving for system change regarding family planning and reproduction while showcasing utilization of the LEADS framework.</li> </ul>
<b>Clinical Pearls – Cardio-Kidney Metabolic</b> <i>Shelley Zieroth, MD, FCCS, FHFA(hon), FESC, FACC, FHFA, FRCPC</i>	<ul style="list-style-type: none"> <li>• Discuss new data for heart and kidney protection in patients living with CKD</li> <li>• Communicate new data for heart and kidney protection in patients living with obesity</li> <li>• Summarize new data for heart and kidney protection in patients living with heart failure</li> </ul>
<b>Clinical Pearls – Psychiatry</b> <i>Gail Beck, MD, CM, FRCPC</i>	<ul style="list-style-type: none"> <li>• Describe the development of the adolescent brain in 2 minutes.</li> <li>• Outline the prevalence of the most common mental disorders presenting in adolescence.</li> </ul>

	<ul style="list-style-type: none"> <li>Describe the impact of marijuana on the developing brain and its impact on mental illness in that age group.</li> </ul>
<b>Clinical Pearls – Gynecology</b> <i>Dalia Karol, MD</i>	<ul style="list-style-type: none"> <li>Discuss contraception options in Canada, and updates on new contraception options</li> <li>Express the evolving definition of recurrent pregnancy loss and initial management steps</li> <li>Describe treatment options for management of genitourinary symptoms of menopause</li> </ul>
<b>Clinical Pearls – Ophthalmology</b> <i>Setareh Ziai, MD, FRCSC</i>	<ul style="list-style-type: none"> <li>Discuss ophthalmological nomenclature, including ocular anatomy, common diagnoses and their medical and surgical treatments</li> <li>Recommend treatment options available to their patients for the most common ocular pathologies, including dry eye, glaucoma and age-related macular degeneration, among others</li> <li>Demonstrate confidence in the triaging, the wording and the timing of their referrals to an optometrist versus an ophthalmologist</li> </ul>
<b>Clinical Pearls – Immunization</b> <i>Vivien Brown, MDCM, CCFP, FCFP, NCMP</i>	<ul style="list-style-type: none"> <li>Recognize the role of Adult Immunization</li> <li>Summarize how to catch up in preventions</li> <li>Realize the impact of a HCPs recommendation, proactively advising patients re: vaccines</li> </ul>
<b>Clinical Pearls – Osteoporosis</b> <i>Ardelle Piper, MD, M.Ed, FRCSC OB Gyn</i>	<ul style="list-style-type: none"> <li>Recognize risk factors for primary osteoporosis and understand elements of risk assessment.</li> <li>Develop an approach to bone health and fracture prevention in postmenopausal females.</li> <li>Classify pharmacologic interventions according to mechanism of action and understand when to initiate therapy.</li> </ul>
<b>Climate Change and Mental Health: Emerging Issues for Care Providers</b> <i>Kimberly Williams, MD, MSc, FRCPC</i>	<ul style="list-style-type: none"> <li>Discuss the impact of climate change on health</li> <li>Identify emerging phenomenology on climate change and mental health</li> <li>Apply skills to support patients in managing eco-anxiety and ecological grief</li> </ul>
<b>Indigenous Missing Women: Advocating for Cultural Safety and Humility</b> <i>Ojistoh Horn, MD, MSc, BSc, CCFP</i>	<ul style="list-style-type: none"> <li>Describe the pervasive up and downstream factors that have found Indigenous women to be unsafe and vulnerable.</li> <li>Express that being disenfranchised from the land has amplified this vulnerability.</li> <li>Advocate for the health of women and their families by supporting the development of healthy relationships</li> </ul>

	<p>within themselves, each other, their families, their communities, their ancestors, the future, and the lands they find themselves in.</p>
<p><b>The Role of Gender and Health in Gender Equality and Women's Empowerment</b>  <i>Jan Christilaw, MD, FRCSC</i></p>	<ul style="list-style-type: none"> <li>• Describe how identifying gender gaps in health care can empower women</li> <li>• Apply the lessons from the Beijing Platform and subsequent MDGs and SDGs to advocate for gender equality</li> </ul>
<p><b>The Future of Aviation and Space Medicine in Canada</b>  <i>Joan Saary, MD, MSc, PhD, FRCPC, CIP, FACOEM, FAsMA</i></p>	<ul style="list-style-type: none"> <li>• Describe the discipline of Aerospace Medicine</li> <li>• Discuss Canadian Aerospace Medicine initiatives</li> <li>• Relate how developments in the field of Aerospace Medicine translate to terrestrial healthcare benefits</li> </ul>
<p><b>Constructing the Future of Healthcare</b>  <i>Jane Philpott, MD</i></p>	<ul style="list-style-type: none"> <li>• Summarize the factors that led to the current crisis in primary care</li> <li>• Identify new models for care delivery and primary care homes</li> <li>• Define the drivers to reconstruct the future of health care</li> </ul>
<p><b>Emerging Issues</b>  <i>André Picard</i></p>	<ul style="list-style-type: none"> <li>• Relate the challenges that lay ahead for improving women's health.</li> <li>• Critically assess the system issues at the root of these challenges.</li> <li>• Discuss the systemic change required to meet evolving demographic, economic and societal needs.</li> </ul>