

3<sup>RD</sup> ANNUAL  
**Sunnybrook**  
 UPDATES IN  
 ENDOCRINOLOGY  
 AND DIABETES

Tuesday, September 17, 2024  
 5:30 pm to 8:30 pm EDT



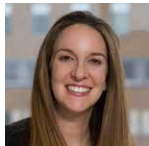
York Mills Gallery, 1885 Leslie St. N., North York, Ontario

**CO-CHAIRS:**



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 Co-Chair

Endocrinologist and Associate Professor,  
 Sunnybrook Health Sciences Centre  
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**FACULTY:**



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**AGENDA**

|         |  |                    |
|---------|--|--------------------|
| 5:30 pm | Registration and Networking  |                    |
| 6:00 pm | <i>Dinner Service begins</i>   |                    |
| 6:10 pm | <b>Hyperthyroidism - Diagnostic and Management Approaches</b>  | Dr. Angela Assal   |
| 6:20 pm | <b>Basal Insulins - How to get to target while avoiding hypoglycemia</b>   | Dr. Ilana Halperin |
| 6:35 pm | <b>Polycystic Ovarian Syndrome - Individualizing management plans and preventing long term complications</b>                       | Dr. Alyse Goldberg |
| 6:45 pm | <b>Osteoporosis - When to look for secondary causes and when to start, change or stop treatment</b>                                | Dr. Nicole Pun     |
| 6:55 pm | Q&A  |                    |
| 7:15 pm | <i>Networking Dessert</i>  |                    |
| 7:35 pm | <b>Medical Management of Obesity using GLP Agonists and Co-Agonists</b>  | Dr. Julie Lovshin  |
| 7:45 pm | <b>Diabetes in Pregnancy - Preconception to postpartum optimization with a discussion on the evidence for CGM use in pregnancy</b> | Dr. Jennifer Fu    |
| 7:55 pm | <b>Lipids - when to order additional investigations and consider agents beyond statins</b>   | Dr. Jeremy Gilbert |
| 8:10 pm | Q&A  |                    |
| 8:30 pm | End of Program   |                    |

**Learning Objectives**

By the end of this symposium participants will be able to:

- 1) Describe current approaches to diagnosis and investigation of various endocrinology conditions seen in primary care
- 2) Discuss practical strategies and clinical pearls to address the management of various endocrinology conditions seen in primary care
- 3) Apply practical management principles to common endocrine cases in the areas of osteoporosis, dyslipidemia, insulin use, obesity, endocrinology in pregnancy and diabetes

**CLICK HERE TO REGISTER**

This program has received educational grants/support from:  
 Abbott, Amgen, Boehringer Ingelheim, Dexcom, Novo Nordisk, and Sanofi

This program has been organized by the Sunnybrook Health Sciences Centre Department of Family and Community Medicine, Division of Endocrinology and Metabolism at Sunnybrook Hospital, a not-for-profit CPD provider.