



# THE CENTRAL LINK

## ABI RESOURCE LIBRARY

# SIMPLIFYING RESOURCE NEEDS FOR PERSONS WITH BRAIN INJURY

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Reintegrating into the community after an acquired brain injury (ABI) is complex and involves more than just ABI focused support.

**THE CENTRAL LINK ABI Resource Library** is an innovative virtual navigation tool that acts as a comprehensive resource hub. The development and implementation of this resource library takes the concept of navigation to a new level.

## OBJECTIVES

**THE CENTRAL LINK ABI Resource Library** was created based on feedback from persons with lived experience, caregivers and professionals, who identified challenges with navigation and accessing education as a foundational gap to support and service.

### 1. WHOLE PERSON

Holistic view of resources across the healthcare and social service sector

### 2. SUPPORT CIRCLE

Consideration of caregivers and professionals within and outside ABI sector

### 3. CENTRALIZED

National, provincial, and regional resources that are financially accessible

### 4. SCALABILITY

Across the Province

**Putting navigation into the hands of those who need it most** is paramount in today's healthcare sector. Tools such as **THE CENTRAL LINK ABI Resource Library** can not only facilitate and educate users as to the resources they are looking for, but it can also help them connect with supports they never knew existed.

**Of those surveyed, 100% of respondents determined there was an active need for this resource.**

**The library is the most viewed resource on the Neurotrauma Care Pathways website.**



Sample Postcard – contact Navigator for hard copies

SCAN the QR Code  
to explore the resource!

## BENEFITS

Quick and easy navigation  
reduces frustration and confusion

Facilitates education and advocacy

Simplifies resource sharing

Considers all levels of injury severity  
as well as  
traumatic and non-traumatic injuries

Easy implementation into  
care and discharge plans

## PROJECT EXPANSION

The Library was launched in January 2024 in the Central Region of Ontario

◆ **Central**

Phase 1 of expansion was completed in November 2024

◆ **North East**

◆ **East**

◆ **Toronto**

Phase 2 began in 2025 and will allow for resources in all 6 Health Regions

◆ **North West**

◆ **West**

Expansion efforts across the Province have been possible through the collaborative work of ABI Navigators, Brain Injury Associations, Community Agencies, and Regional Health Centres.

For a full list of acknowledgements and geographic coverage areas refer to the website.



A Neurotrauma Care Pathways  
Implementation Project