

Reintegrating into the community after an acquired brain injury (ABI) is complex and involves more than just ABI focused support.

### THE CENTRAL LINK ABI

Resource Library is an innovative virtual navigation tool that acts as a comprehensive resource hub. The development and implementation of this resource library takes the concept of navigation to a new level.



## **OBJECTIVES**

**THE CENTRAL LINK ABI Resource Library** was created based on feedback from persons with lived experience, caregivers and professionals, who identified challenges with navigation and accessing education as a foundational gap to support and service.

### **1. WHOLE PERSON**

Holistic view of resources across the healthcare and social service sector

## 3. CENTRALIZED

National, provincial, and regional resources that are financially accessible

**Putting navigation into the hands of those who need it most** is paramount in today's healthcare sector. Tools such as **THE CENTRAL LINK ABI Resource Library** can not only facilitate and educate users as to the resources they are looking for, but it can also help them connect with supports they never knew existed.

# THE CENTRAL LINK

# ABI RESOURCE LIBRARY



THE CENTRAL LINK is a wideranging collection of Central Region, Provincial and Federal resources that can facilitate navigation to funded support services for persons with an acquired brain injury (ABI), caregivers and support professionals.

#### www.neurotraumapathways.ca/central-link

#### FIND RESOURCES IN THE AREAS OF:

- ABI Supports & Services
- Community Supports & Social Services
- Specialized Supports & Services
- Accessibility
- Healthcare



#### Sample Postcard – contact Navigator for hard copies

## 2. SUPPORT CIRCLE

Consideration of caregivers and professionals within and outside ABI sector



Of those surveyed, 100% of respondents determined there was an active need for this resource.

> The library is the most viewed resource on the Neurotrauma Care Pathways website.

# SIMPLIFYING RESOURCE NEEDS FOR PERSONS WITH BRAIN INJURY Cathy Halovanic Central Acquired Brain Injury Navigator

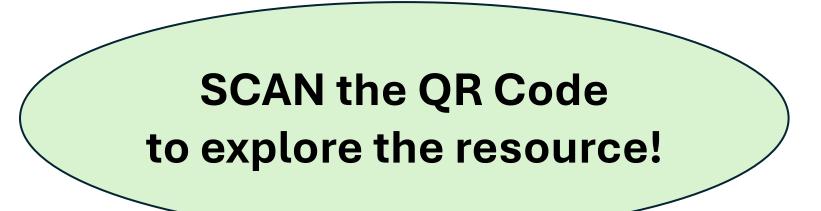


accessible transit, or supports related to mental health.

THE CENTRAL LINK serves as a comprehensive resource hub to help you and those who support you, find the links you need to regain your footing after an ABI. Visit the link below to find out more.

www.neurotraumapathways.ca/central-link

This project was made possible through the Neurotrauma Care Pathways



# BENEFITS

Quick and easy navigation reduces frustration and confusion

Facilitates education and advocacy

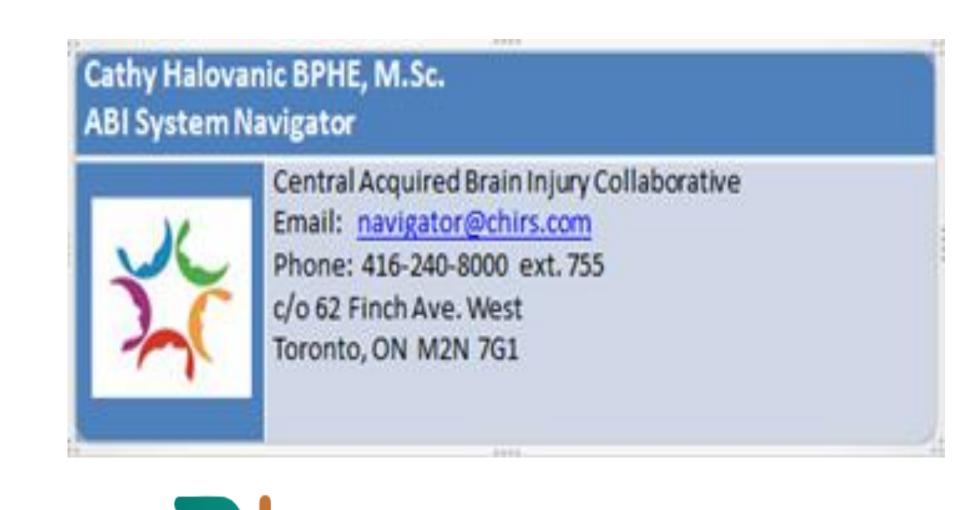
Simplifies resource sharing

Considers all levels of injury severity as well as traumatic and non-traumatic injuries

Easy implementation into care and discharge plans

Expansion efforts across the Province have been possible through the collaborative work of ABI Navigators, Brain Injury Associations, Community Agencies, and Regional Health Centres.

For a full list of acknowledgements and geographic coverage areas refer to the website.



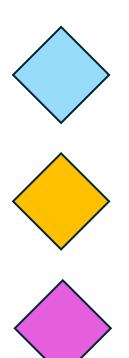
# **PROJECT EXPANSION**

The Library was launched in January 2024 in the Central Region of Ontario



Central

Phase 1 of expansion was completed in November 2024

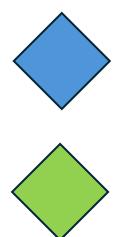


North East

East

Toronto

Phase 2 began in 2025 and will allow for resources in all 6 Health Regions



North West

West

A Neruotruama Care Pathways Implementation Project