

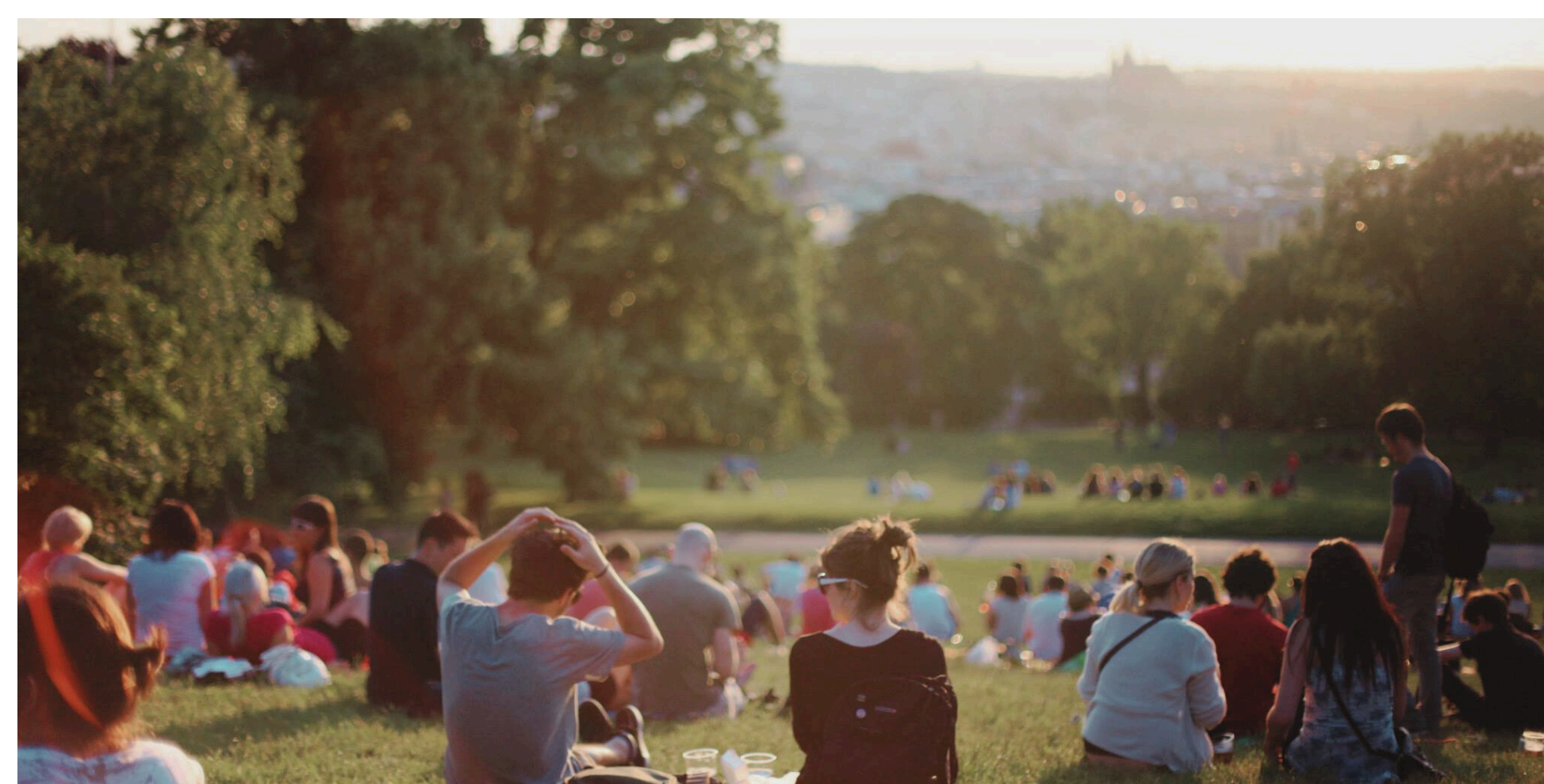
CAREGIVING-IN-TRANSITION

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INSIGHTS FROM A RAPID REVIEW ON INTERSECTORAL PARTNERSHIPS AND INTEGRATED CARE INTERVENTIONS FOR ESSENTIAL CARE PARTNERS

INTRODUCTION

As more stroke survivors are discharged home, **essential care partners (ECPs)** play a crucial role in bridging the care gap, **providing 75% of care within the healthcare system [1]**. With limited support during hospital-to-home transitions, many **ECPs face increased responsibilities and financial strain, affecting their psychosocial well-being [2,3]. Community-based organizations (CBOs)** can support ECPs during critical transitions [4], **however little is known about how to integrate community care into transitional care planning for ECPs.**



OBJECTIVES

- To explore **what existing transitional interventions** have been used to **support stroke ECPs** during **critical care transitions**
- To identify in what capacity **CBOs (intersectoral partnerships), volunteers, and leisure modalities** were involved?

METHODOLOGY

Using the 5-step rapid review method [5], to:

1. Refine the **topic and research questions**
2. Create a **search strategy** to search key databases (*Medline, Cochrane, Embase, CINAHL, Pubmed*)
3. Complete **screening** process (using *Covidence*)
4. **Extract** the data
5. **Synthesize** the results

DATA COLLECTION

- **2056** records identified for screening
- **91** records included after title/abstract screening
- **25** records included after full-text screening
- **25** records extracted for synthesis

DATA SYNTHESIS: WHAT WE FOUND

- [1] Limited involvement of CBOs and volunteers**
- [2] Primarily focused on education and training to support stroke survivors, with minimal attention to ECP-specific psychosocial and leisure needs**
- [3] Extended support beyond acute care and discharge is associated with improved ECP outcomes**
- [4] Limited ECP experience-based research**
- [5] Limited Canadian understanding and sociopolitical context**

SO WHAT? NEXT STEPS

- Our findings highlight **a gap in transitional care for stroke ECPs**, particularly in addressing psychosocial and leisure needs
 - **CBOs are well-positioned to bridge these gaps**, especially in the Canadian sociopolitical context where their roles remain underutilized
- Our findings will inform a CIHR-funded Postdoctoral Fellowship that includes: (1) a **Realist Review** to discover what works, for whom, under what conditions' (2) a **World Cafe** Workshop to identify research and community care priorities



References:

- [1] Health Care Excellence Canada. (2021)
- [2] Kokorelias et al. (2020)
- [3] Singh et al. (2022)
- [4] Nelson et al. (2024)
- [6] Tricco, et al. (2017)