



Princess Margaret Cancer Centre

Allogeneic Transplant and CAR T-cell: Contrasting Cell Therapies

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I. Pasic disclosures

Research Support	N/A
Employee	N/A
Consultant	N/A
Major Stockholder	N/A
Speakers' Bureau	N/A
Scientific Advisory Board	Medexus Pharmaceuticals

C.Chen Disclosures

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Speakers' Bureau	N/A
Scientific Advisory Board	J&J, Gilead, BMS, Abbvie, Lilly

Objectives: Contrast and highlight *(Not a debate!)*

1. Contrast and compare mechanisms of action
2. Greatest clinical achievement to date
3. Biggest disappointment
4. Single most concerning toxicity and mitigation strategies
5. Top challenge when counseling patients
6. Most exciting innovation expected in the next year
7. Applicability beyond cancer

Mechanism of action

Allo-HCT: sequential process relying on the combined power of conditioning therapy & donor's immune system

Intensive conditioning + donor immune control; GVL is central but inseparable from GVHD risk



Key evidence for GVL effect

GVHD–relapse link	T-cell depletion	DLI efficacy	RIC efficacy	Immune escape
Lower relapse in patients with GVHD	Increased relapse with TCD grafts	DLI induces remission in relapsed CML, AML	Disease control despite non-ablative doses	HLA loss, checkpoint upregulation at relapse

- MAC vs RIC: higher conditioning intensity reduces relapse but increases NRM
- Donor T cells target leukemia via histocompatibility antigens and tumor neoantigens
- Post-transplant relapse: immune evasion (HLA downregulation, T-cell exhaustion)
- Mixed chimerism + pre-emptive DLI: potent GVL without severe GVHD in select patients

Conditioning intensity: MAC vs RIC trade-off

BMT CTN 0901: MAC offers superior OS vs RIC in AML/MDS ≤65y (HR 1.54, p=0.03)

Myeloablative (MAC)

- ▲ Higher cytoreduction
- ▼ Lower relapse rates
- ▲ Higher NRM (15–30%)

Preferred: fit patients <60y, MRD+

Reduced Intensity (RIC)

- ▼ Lower NRM (10–20%)
 - ▲ Higher relapse rates
 - ▲ Relies more on GVL effect
- Preferred: older/comorbid, MRD–

Key clinical findings

OS advantage

MAC superior OS in AML/MDS ≤65y

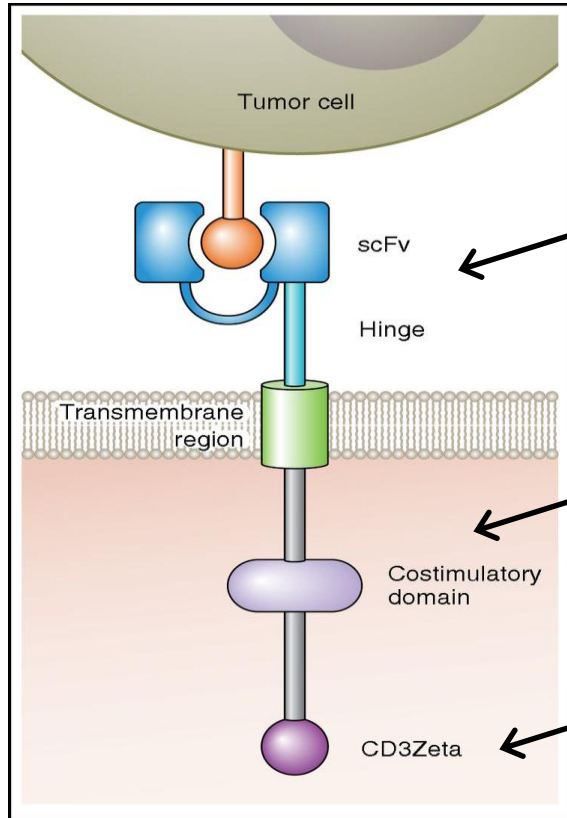
RIC role

Relies on donor immune control; may benefit from maintenance

Future direction

MRD-adapted conditioning intensity under investigation

Chimeric Antigen Receptor (CAR)



Antigen-binding domain:

- scFv derived from a MoAb
- CD19, BCMA, many others

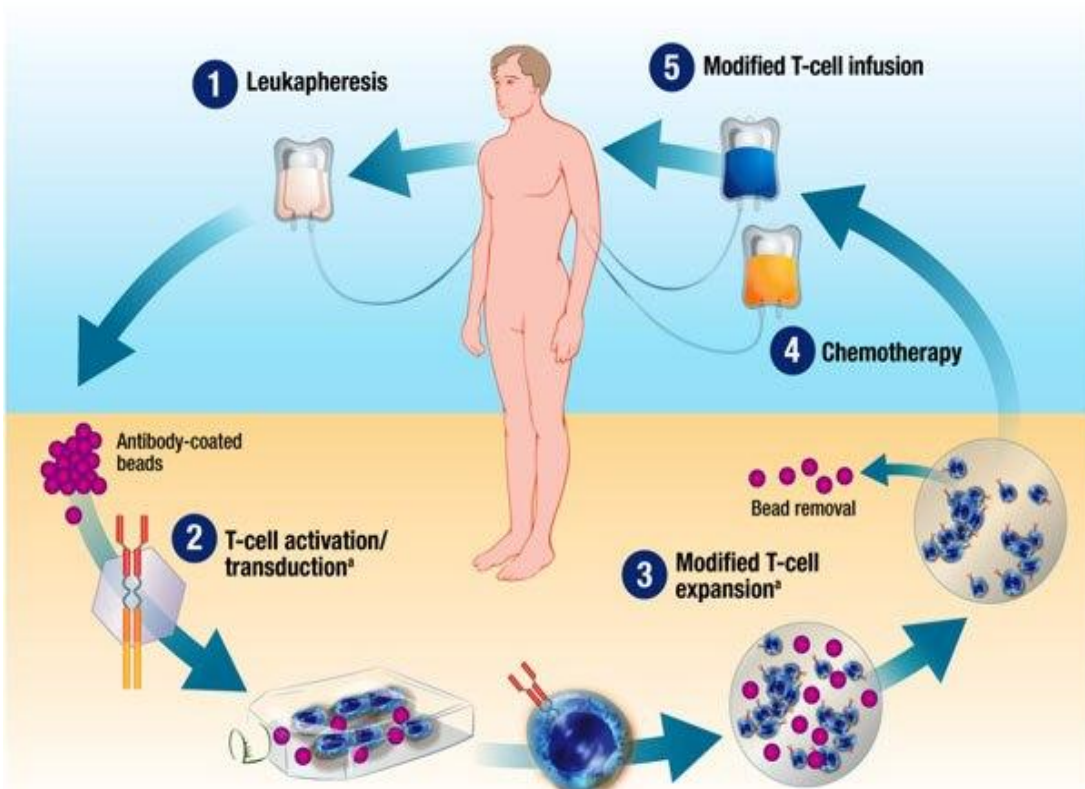
Costimulatory domains:

CD28, 4-1BB

T-cell activation domain: CD3zeta

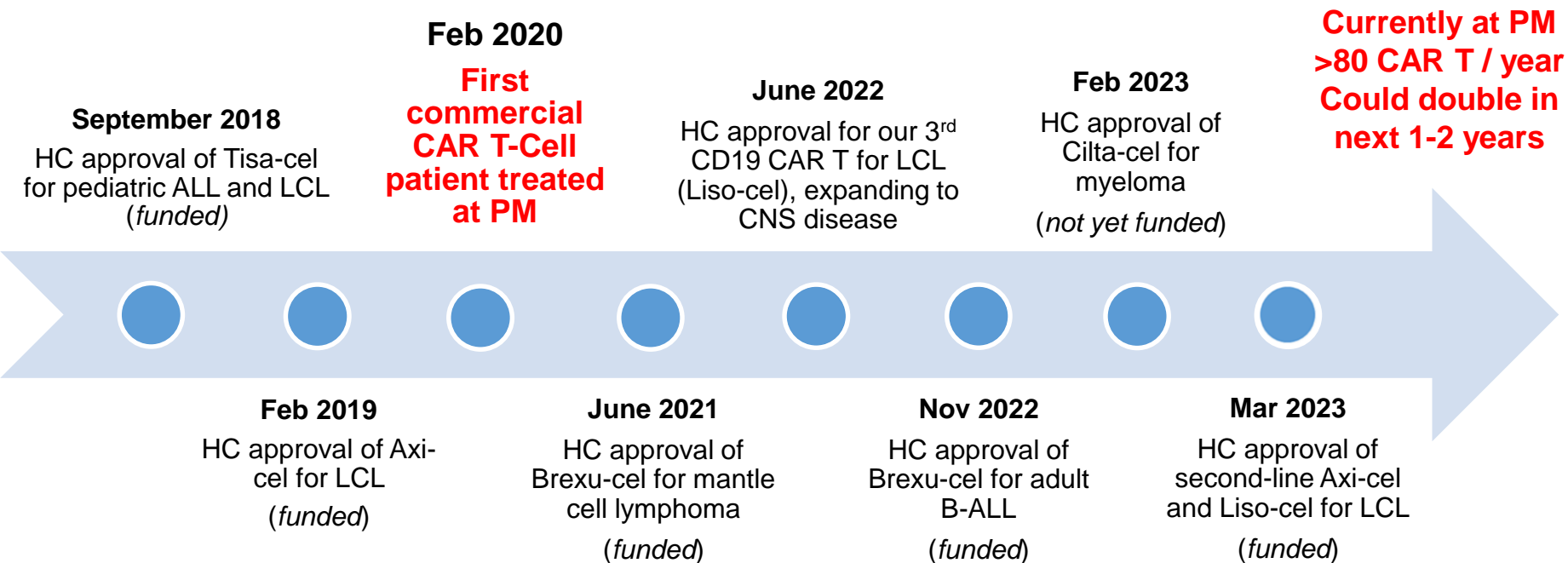
**A genetically manipulated
“live” drug**

CAR T-Cell Therapy



- Complex, resource intensive pathway
- It takes a village:
 - Apheresis and cell processing lab staff
 - Specialists in handling, storage, infusion of cells
 - Expert clinicians
 - Data coordinators
 - Quality oversight
 - (External – manufacturers, couriers)

Rapid uptake of standard of care CAR T-cell therapy in Canada



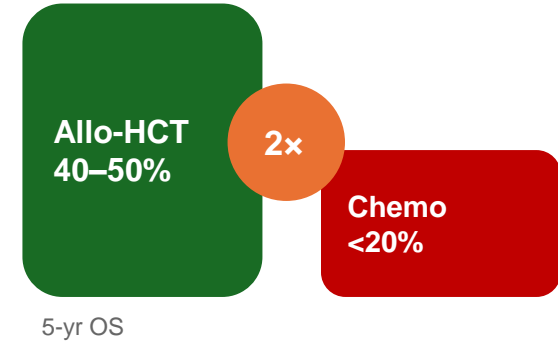
What is the greatest clinical achievement to date?

Curative potential of allo-HCT in high-risk disease

Durable remission & potential cure in otherwise universally fatal disease; adverse-risk AML in CR1: ~2x OS benefit vs chemo alone

Disease	5-yr OS	Key risk features
High-risk AML	35–55%	Adverse cytogenetics, FLT3-ITD, TP53
High-risk ALL	50–70%	Ph+, Ph-like, t(4;11), MRD+
High-risk MDS	20–40%	IPSS-R high/very high, TP53+
Advanced MPN	40–55%	Myelofibrosis DIPSS≥2, accel. phase
BP-CML	20–40%	TKI-resistant, blast phase

Adverse-risk AML in CR1



Landmark survival

2-yr survivors: 76% AML, 81% ALL alive at 10 yrs

MRD is critical

MRD-negativity pre-HCT reduces relapse by >50%

NRM declining

2-yr NRM <20% with modern supportive care

Relapse challenge

30–50% at 5 yrs in adverse-risk; leading cause of failure

MAC preferred for fit patients <60y with active disease; RIC for older/comorbid; MRD status is the strongest predictor of post-HCT outcomes

Expanding curative access: haploidentical HCT and older patients

PTCy-based haploidentical HCT and RIC regimens have expanded access to curative transplant

Haploidentical donors

- >90% of patients have HID
- PTCy-based GVHD prophylaxis
- Outcomes comparable to MUD
- Rapid donor availability

Older patients (age 60–75)

- RIC regimens enable transplant
- 2-year OS: 40–50% in selected pts
- HCT-CI remains key NRM predictor
- Expanding eligibility criteria

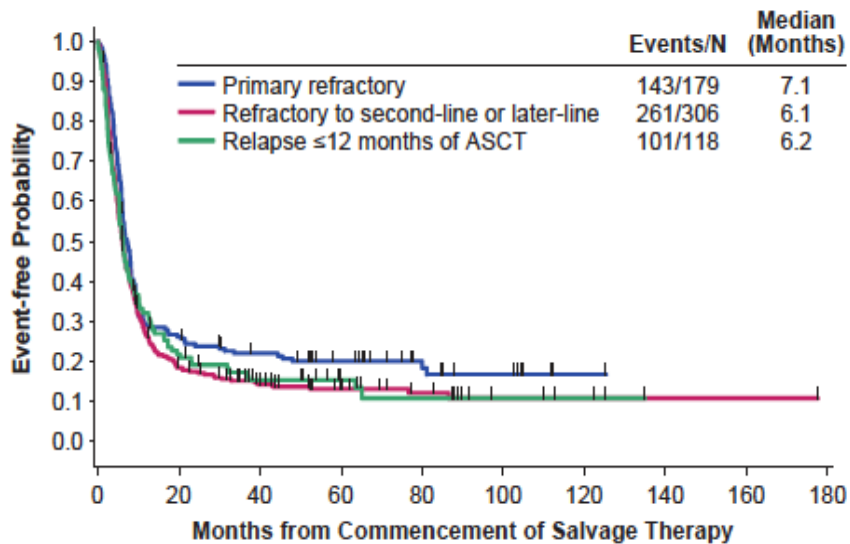
Cord blood (emerging)

- One million units banked: rapid availability
- Lower cGVHD rates
- Improved engraftment strategies needed
- Bridge to definitive therapy

- PTCy: grade III–IV aGVHD <10%, moderate-severe cGVHD ~15%
- Age alone not contraindication: comorbidity burden (HCT-CI) more important than chronologic age
- “Transplant-eligible” definition expanding: more patients accessing curative therapy

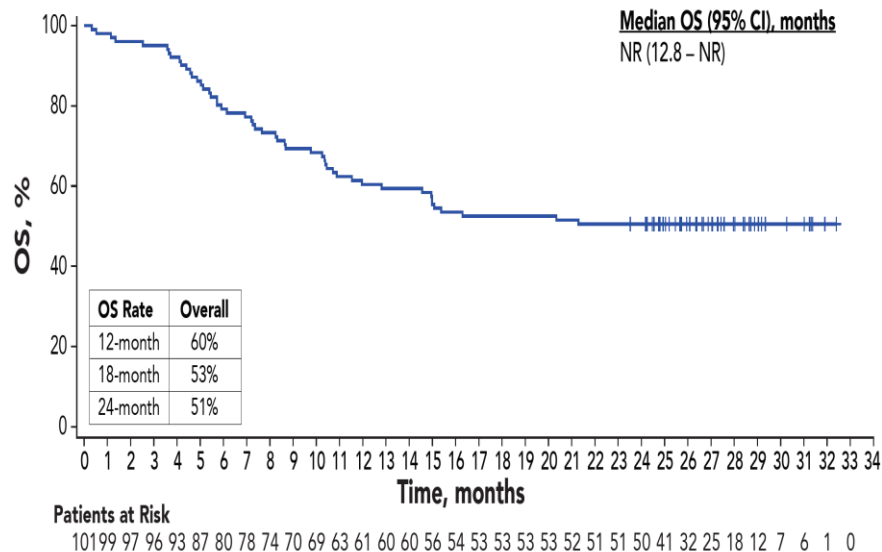
CAR T in Large B-cell Lymphoma

Overall survival: SCHOLAR-1



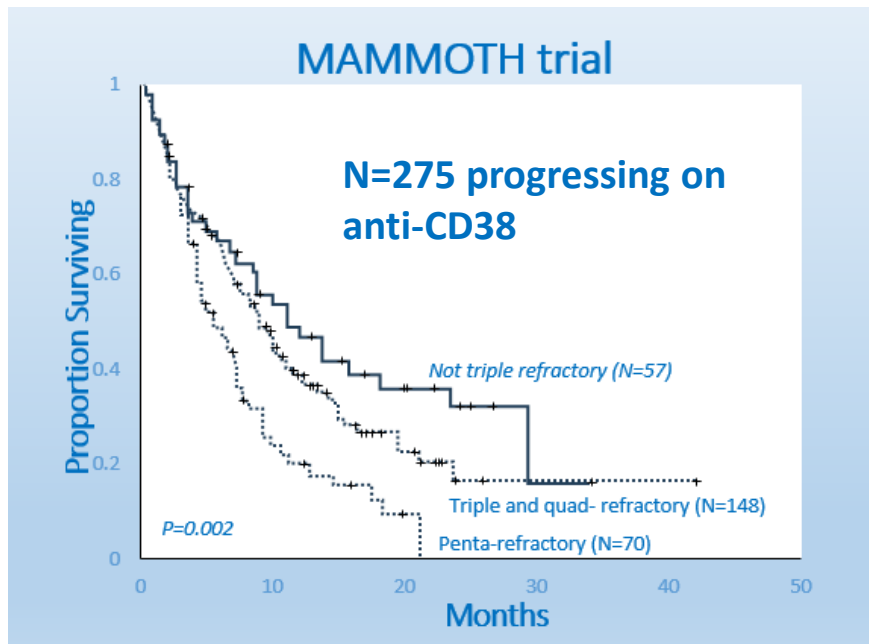
- **N = 636**
- **ORR = 26%; CR rate = 7%**
- **Median OS = 6.3 months**

Overall survival: ZUMA-1

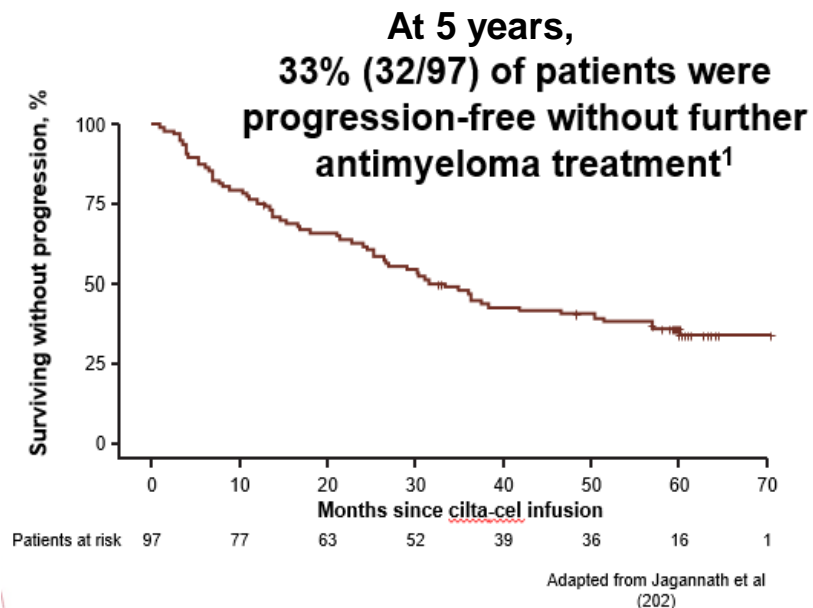


- **N = 108**
- **ORR = 83%; CR rate = 58%**
- **Median OS = 25.8 months**

CAR T in Multiple Myeloma



Median PFS 3.4 mos, median OS 9.3 mos

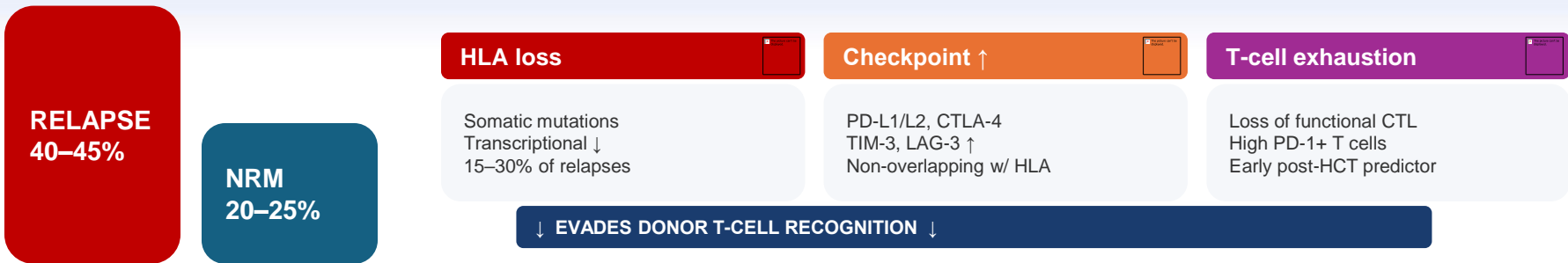


Median OS 60.7 months!

**What has been the biggest
disappointment?**

Post-HCT relapse: the central challenge & immune evasion

Relapse accounts for 40–50% of deaths post-HCT; relapsed leukemia displays distinct immune escape features



5-yr causes of failure

Relapse by risk

Adverse: 35–45%
MRD+: 40–50%
TP53+: 50–60%

Risk factors

Pre-HCT MRD+
Adverse genetics
RIC, T-cell depletion

Post-relapse OS

Median 3–6 months
Salvage DLI in select
HLA loss → DLI fails

Clinical implications

HLA alterations ↑ in haplo
CPI: GVHD risk 30–50%
Genomic Rx at relapse

Al-Ali et al. *BMT* 2026; PMID: 41286512 | Barnett et al. *Expert Rev Hematol* 2010; PMID: 21083034 | Bejanyan et al. *BBMT* 2015; PMID: 25460355 | Christopher et al. *NEJM* 2018; PMID: 30380364 | Christopher et al. *BMT* 2023; PMID: 37770590 | Crucitti et al. *Leukemia* 2015; PMID: 25371177 | Fernandez et al. *Hematology ASH* 2024; PMID: 39644031 | Horowitz et al. *Blood* 1990; PMID: 2297567 | Hourigan et al. *JCO* 2020; PMID: 31860405 | Kong et al. *Blood Cancer J* 2015; PMID: 26230954 | Magenau et al. *Blood Adv* 2025; PMID: 40198769 | Norde et al. *Cancer Res* 2011; PMID: 21659460 | Schmid et al. *JCO* 2007; PMID: 17909197 | Schmid et al. *Blood* 2012; PMID: 22167752 | Toffalori et al. *Nat Med* 2019; PMID: 30911134 | Vago et al. *NEJM* 2009; PMID: 19641204 | Zeiser & Vago. *Blood* 2019; PMID: 30578254

Addressing relapse risk: prevention & early intervention

Pre-emptive MRD-guided approaches show promise; prophylactic maintenance has mixed results

Pre-emptive DLI

MRD/chimerism-guided

Mixed chimerism, molecular relapse

Best at low tumor burden

Azacitidine

Conflicting RCT data

High-risk MDS/AML (FLT3-neg)

No universal standard yet

FLT3 inhibitors

Gilteritinib, sorafenib

FLT3-mutated AML
Strongest maintenance evidence

Checkpoint Inh.

Promising but risky

Post-relapse salvage
GVHD risk 30–50%

Venetoclax+HMA

Active investigation

MRD+, early relapse
Combination strategies

MRD monitoring

Flow cytometry, PCR, NGS enable risk-adapted intervention timing

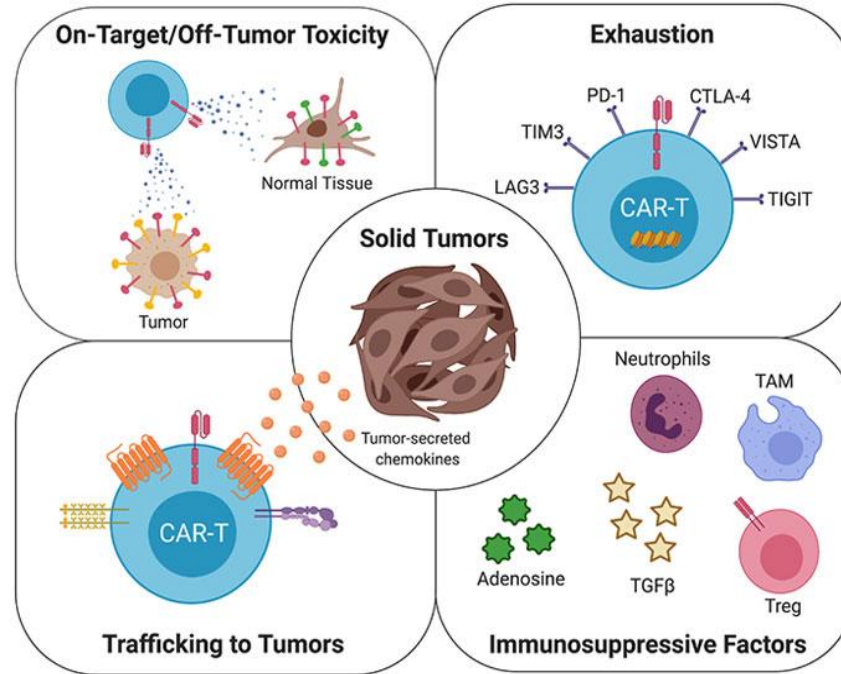
Maintenance Rx

Select patients benefit (adverse-risk, MRD+); no universal standard established

Emerging agents

IDH inhibitors, menin inhibitors under active investigation post-HCT

Suboptimal efficacy in CARs for solid tumor



Lack of tumor-specific antigens and antigenic heterogeneity

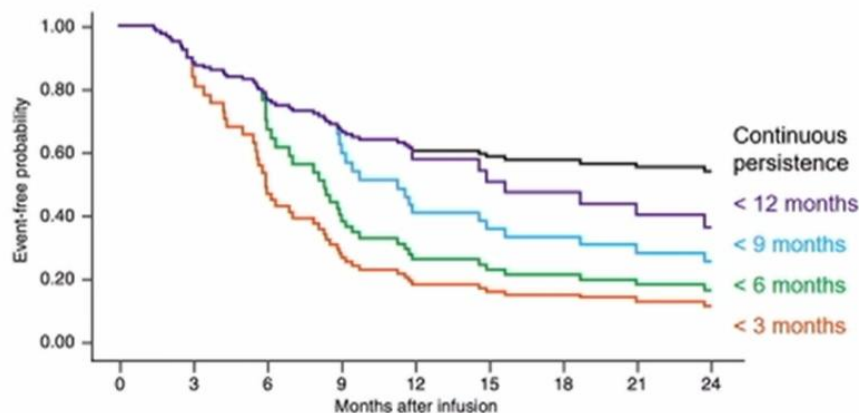
Lack of optimal signaling and physical barriers

Poor substrate for autologous CAR T production

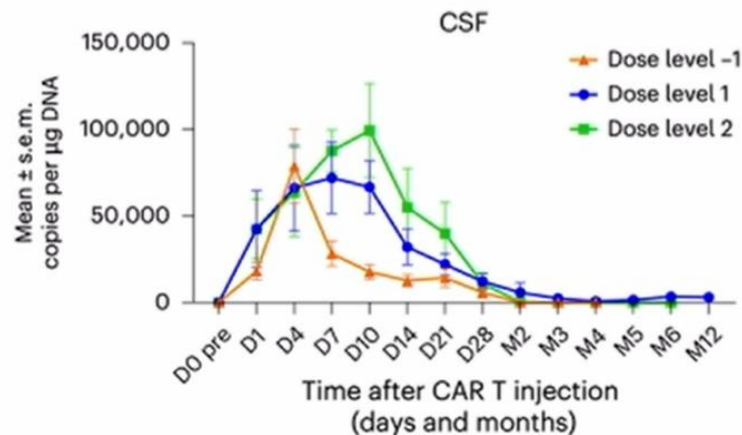
Hostile tumor microenvironment

CAR T cell persistence is short in solid tumor

CD19 CAR T for B-ALL



Bispecific CAR T for GBM



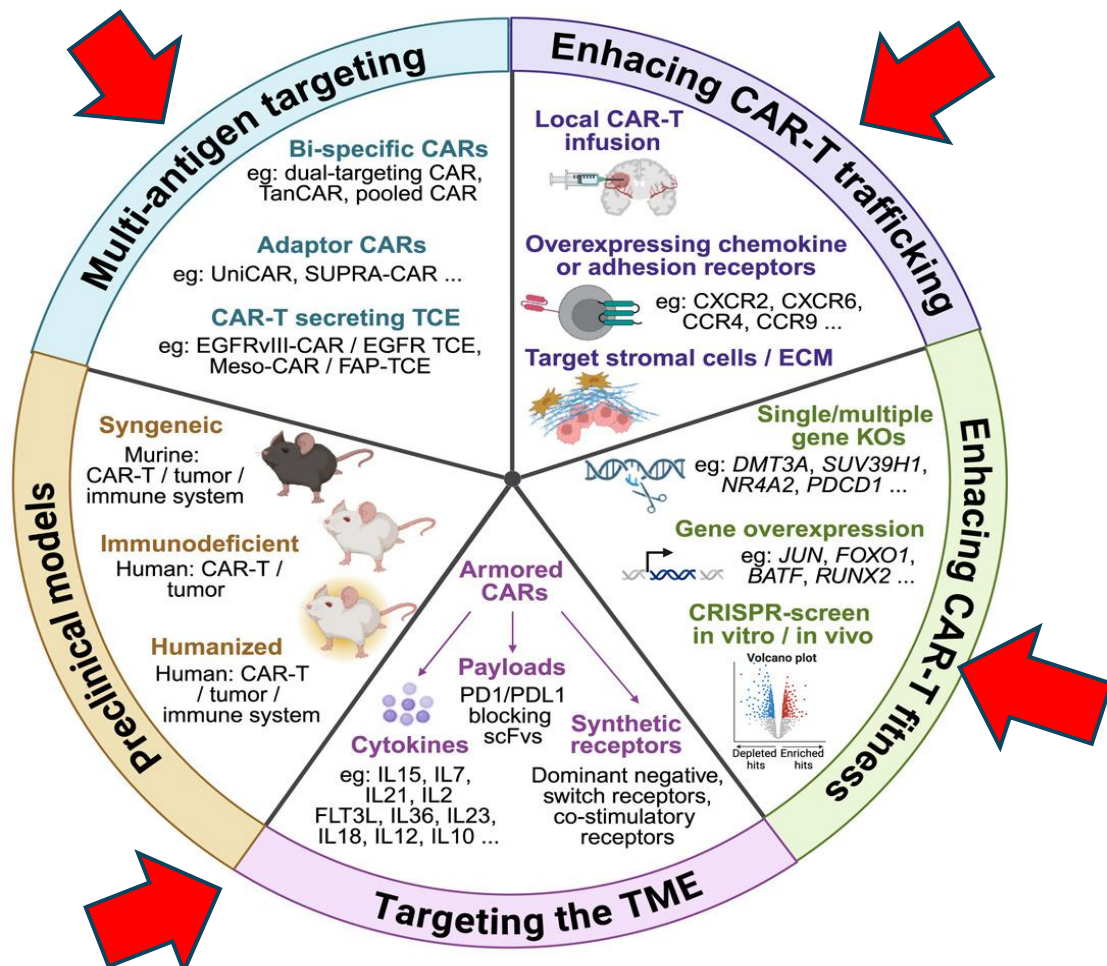
Overcoming barriers

CAR T infusions into CSF, pleura, tumor cavities

Gene editing of CAR T-cells with knockout epigenetic regulators

Multi-targeted antigens to prevent antigen escape

Armoring CAR T cells to secrete cytokines or therapeutic payloads



**Single most concerning toxicity,
and most impactful mitigation
strategy learned?**

GVHD: central challenge & the PTCy breakthrough

Leading cause of non-relapse morbidity; PTCy now enables haploidentical transplant with matched-donor outcomes

ACUTE GVHD	CHRONIC GVHD	PTCy-based	CNI + MTX	CNI + MMF	Ex vivo TCD
Within 100d; skin, gut, liver Gr II–IV: 30–50%; Gr III–IV: <10% Gr III–IV mortality: 30–50% Conditioning → cytokine storm → donor T-cell activation	After 100d; multisystem, autoimmune-like Moderate-severe: 10–15% of survivors B-cell dysregulation; tissue fibrosis 5-yr NRM: 22%; 12-yr NRM: 40%	aGVHD III-IV 6–10% cGVHD mod-sev 15–20% NRM 10–20%	aGVHD III-IV 15–25% cGVHD mod-sev 30–50% NRM 15–25%	aGVHD III-IV 20–30% cGVHD mod-sev 30–40% NRM 15–25%	aGVHD III-IV <5% cGVHD mod-sev 5–10% NRM 10–15%

GVL vs GVHD	PTCy breakthrough
Partially overlapping; same donor T cells mediate both	<p>Mechanism: High-dose Cy (50 mg/kg x2d) eliminates alloreactive T cells</p> <p>BMT CTN 1703: Longer IS-free survival, lower severe GVHD</p> <p>Trade-off: Delayed immune reconstitution; increased CMV/EBV reactivation</p>

- Steroid-refractory GVHD: major therapeutic challenge — now FDA-approved agents available
- Chronic GVHD: leading cause of long-term morbidity, profoundly affects quality of life
- PTCy expanding to matched donors, replacing traditional CNI-based approaches

Approved agents for steroid-refractory GVHD

Three approved targeted therapies transformed management of steroid-refractory chronic GVHD

RUXOLITINIB (JAK1/2i)

- FDA: 2019 (aGVHD), 2021 (cGVHD)
- REACH2: ORR 50% vs 26% ($p \leq 0.001$)
- JAK-STAT inhibition
- AE: Cytopenias, infections

IBRUTINIB (BTKi)

- FDA: 2017 (SR-cGVHD)
- iINTEGRATE: ORR 67%
- B-cell signaling inhibition
- AE: Bleeding, atrial fibrillation

BELUMOSUDIL (ROCK2i)

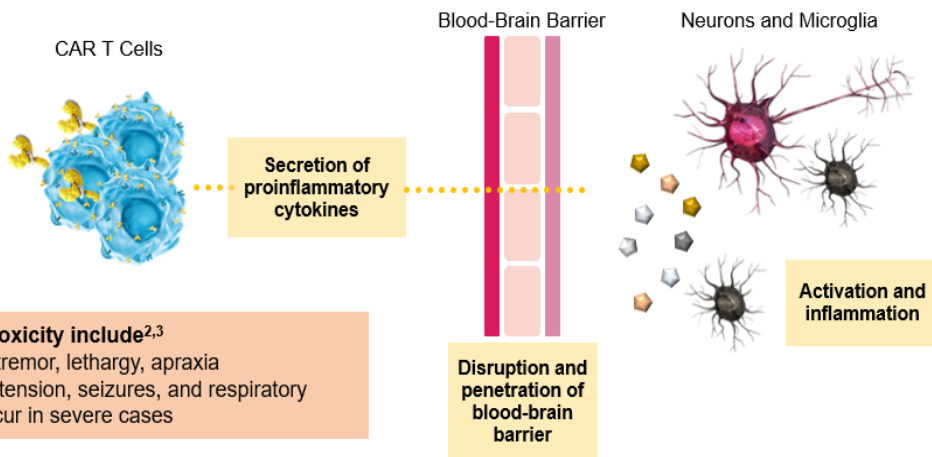
- FDA: 2021 (SR-cGVHD)
- ROCKstar: ORR 75% after 2+ lines
- ROCK2 inhibition, Treg promotion
- AE: Generally well-tolerated

- Steroid-refractory: progression on prednisone 1 mg/kg \times 7d OR no improvement after 14d
- Combination approaches: ruxolitinib + ibrutinib feasible in pediatric patients
- Prevention remains superior to treatment: no agent fully separates GVL from GVHD

Neurotoxicity remains a major concern

ICANS – IEC-Associated Neurotoxicity Syndrome

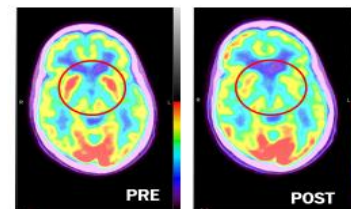
ICANS is believed to occur when cytokines cause an inflammatory state in the brain



Symptoms of neurotoxicity include^{2,3}

- Aphasia, delirium, tremor, lethargy, apraxia
- Bradycardia, hypertension, seizures, and respiratory depression can occur in severe cases




NMT – Neurocognitive movement disorder

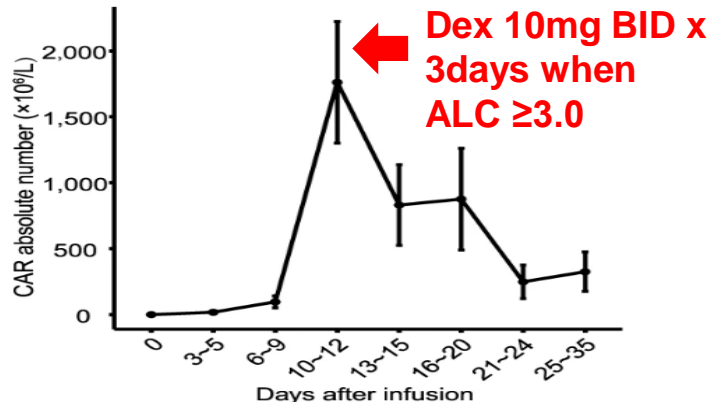


- Mask-like facies
- Mood and personality changes
- Rigidity and bradykinesia
- Cognitive dysfunction
- **Not consistently reversible**
- **Potentially fatal**

What have we learned?

- Parkinson's is associated with:

- 1) High tumor burden  Give everyone bridging
- 2) Lack of response to bridging therapy  Move CAR T earlier
- 3) CAR T-cell expansion  Monitor lymphocyte count and intervene



IMWG registry of 15 institutions and 6 countries

N=52	Incidence CARTITUDE-1	Incidence CARTITUDE-4	Onset (range)
Parkinson's	6%	1%	27.0 (14-108)
Cranial nerve palsies	3%	9%	26 (15-87)
Peripheral neuropathy	7%	7%	31 (7-482)

Top challenge when counselling patients and families

Risk-benefit balance & patient stratification

Allo-HCT uniquely offers cure but carries significant risk — HCT-CI, age, and donor type enable personalized risk estimates

POTENTIAL BENEFITS	POTENTIAL HARMS	Excellent	Standard	Higher risk	Alternatives
<p>Cure (40–60% long-term survival) Disease control via GVL effect Best case: cure + excellent QOL</p>	<p>NRM 15–30% at 2 years Acute & chronic GVHD, infections Infertility, organ toxicity Worst case: treatment-related death</p>	<p><40, HCT-CI 0 2-yr NRM 8–12% 2-yr OS 70–80%</p>	<p>40–60, HCT-CI 1–2 2-yr NRM 15–20% 2-yr OS 55–70%</p>	<p>60–70, HCT-CI 3–4 2-yr NRM 25–35% 2-yr OS 35–50%</p>	<p>>70, HCT-CI ≥5 2-yr NRM 35–50% 2-yr OS 20–35%</p>
Donor hierarchy		Disease status		Mortality context	
<p>MRD < MUD ≈ Haplo-PTCy < Mismatched/Cord blood; donor age >50 increases NRM</p>		<p>Transplant in CR1/2 far superior to active/refractory disease — status trumps all other factors</p>		<p>100-day mortality 5–15%; survivors >2 yr still 4–9× higher mortality than age-matched population for ≥30 yr</p>	

- HCT-CI components: cardiac, pulmonary, hepatic, renal, diabetes, prior malignancy (score 0–15+)
- Key counseling factors: age, comorbidities (HCT-CI), donor type, disease risk, performance status

Abid et al. Transplant Cell Ther 2023; PMID: 37406882 | Bhatia et al. Blood 2007; PMID: 17671231 | Gooley et al. N Engl J Med 2010; PMID: 21105791 | Gooptu et al. Blood 2021; PMID: 34292325 | Socié et al. N Engl J Med 1999; PMID: 10387937 | Sorror et al. Blood 2005; PMID: 15994282 | Sorror et al. J Clin Oncol 2014; PMID: 25154831 | Wingard et al. J Clin Oncol 2011; PMID: 21464398

Practical counseling: balancing hope and realism

Transparent, personalized risk communication builds trust and enables informed shared decision-making

Opening frame



"Transplant offers a chance for cure that no other therapy can provide, but it comes with significant risks including death from complications."

Discussing NRM

"Based on your age, health, and disease, we estimate a [X]% chance of serious complications in the first 2 years."

Discussing GVHD

"GVHD is both a challenge and potentially a benefit — the same immune response fighting your disease can also attack healthy organs."

Long-term perspective

"If you survive the first 2 years in remission, your chances of long-term survival are excellent — approximately 75–85% at 10 years."

Risk calculators

Use individualized tools: DRI (disease risk), EBMT risk score, HCT-CI (comorbidities)

Acknowledge uncertainty

Outcome prediction imperfect; patient autonomy is essential in shared decision-making

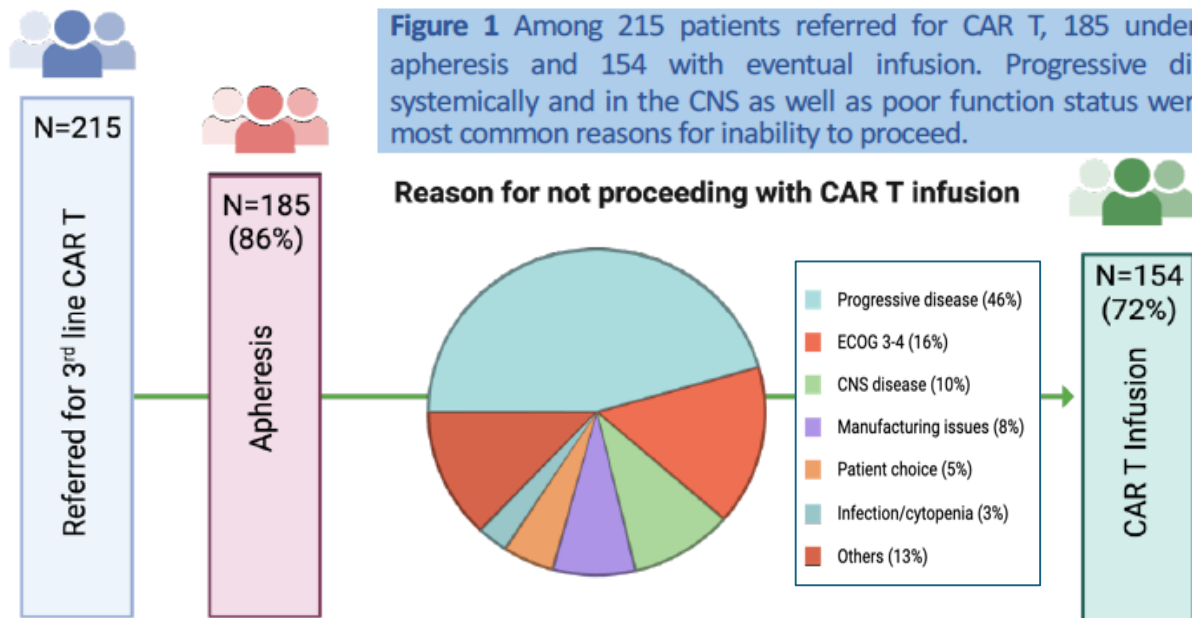
QOL discussion

Late effects: cGVHD 30–40%, secondary malignancies, organ dysfunction, infertility

- NRM ranges: MRD/young/low HCT-CI (10–15%) → Mismatched/older/high HCT-CI (25–35%)
- 100-day mortality: 5–15% in modern era (infection, GVHD, organ failure)

CAR T Attrition

Factors associated with failure to proceed with CAR T therapy



Barriers contributing to attrition

Geography and capacity

Affordability

Lack of support

Eligibility and timing

Regulatory and reimbursement

Information and equity

Almost 1/3 of CAR T referrals did not get infused

Challenge in patient counselling:

Getting off the CAR T train

Fortunately, we see dropping rates of attrition:

- CAR T in earlier line (secondline, even firstline)
- Awareness for early referral to CAR T centre
- More aggressive/uniform bridging therapy
- Improvements in manufacturing capacity, success, and turnaround
- Greater efficiency in workflows as CAR T centres gain experience

Most exciting innovation emerging in the next year

Innovation 1: toward immunosuppression-free transplantation

Ex vivo graft engineering removes alloreactive cells while preserving immunity

TCR $\alpha\beta$ + / CD19+ depletion

- Remove: $\alpha\beta$ T cells, B cells
- Preserve: $\gamma\delta$ T cells, NK cells
- Gr II–IV aGVHD: 20–40%
- Severe cGVHD: 5–10%

CD45RA+ depletion

- Remove: Naïve T cells
- Preserve: Memory T cells (CD45RO+)
- Gr II–IV aGVHD: 30–50%
- Severe cGVHD: 15–25%

CD3/CD19 depletion + add-back

- Remove: All T/B cells
- Add-back: Tregs, Donor NK
- Gr II–IV aGVHD: <10%
- Infection risk higher

- $\alpha\beta$ TCD: removes alloreactive T cells, preserves $\gamma\delta$ T cells (anti-viral, anti-tumor)
- Early immune reconstitution: faster NK and $\gamma\delta$ T-cell recovery vs conventional
- Trade-offs: higher relapse risk (less GVL), increased infection, requires monitoring
- GRFS: 40–50% vs 30–35% with conventional prophylaxis

Innovation 2: antibody-based conditioning

CD117 and CD45-targeted antibodies enable marrow clearance without traditional conditioning toxicity

Approach	Mechanism	Toxicity	Stage	Key study
Traditional MAC	Chemo ± TBI	High: mucositis, organ damage	Standard of care	Multiple
CD117-ADC	Anti-c-kit ADC	Reduced: preserved fertility	Phase I/II	<i>Czechowicz et al. Nat Commun 2019; PMID: 30728354</i>
CD45-ADC	Anti-CD45 ADC	Intermediate myelosuppression	Phase I/II	<i>Saha et al. Blood 2022; PMID: 34986233</i>
CD47+CD117+JAKi	Antibody-based	Anemia (main), no chemo	Preclinical	<i>Persaud et al. Blood Adv 2024; PMID: 38968137</i>

- CD117-ADC: targets c-kit on HSCs, clears marrow space, preserves non-hematopoietic tissues
- CD45-ADC: broader clearance, combined with low-dose TBI in early trials
- Applications: older patients, comorbid patients, non-malignant diseases (SCD, SAA)
- Timeline: Phase I/II ongoing; likely 3–5 years to phase III data

Innovation 3: precision relapse prevention via MRD monitoring

Real-time MRD monitoring enables pre-emptive intervention before clinical relapse

PRE-EMPTIVE
Stop ISS • DLI • Targeted Rx

EARLY INTERVENTION
DLI • HMA+VEN • Chemo

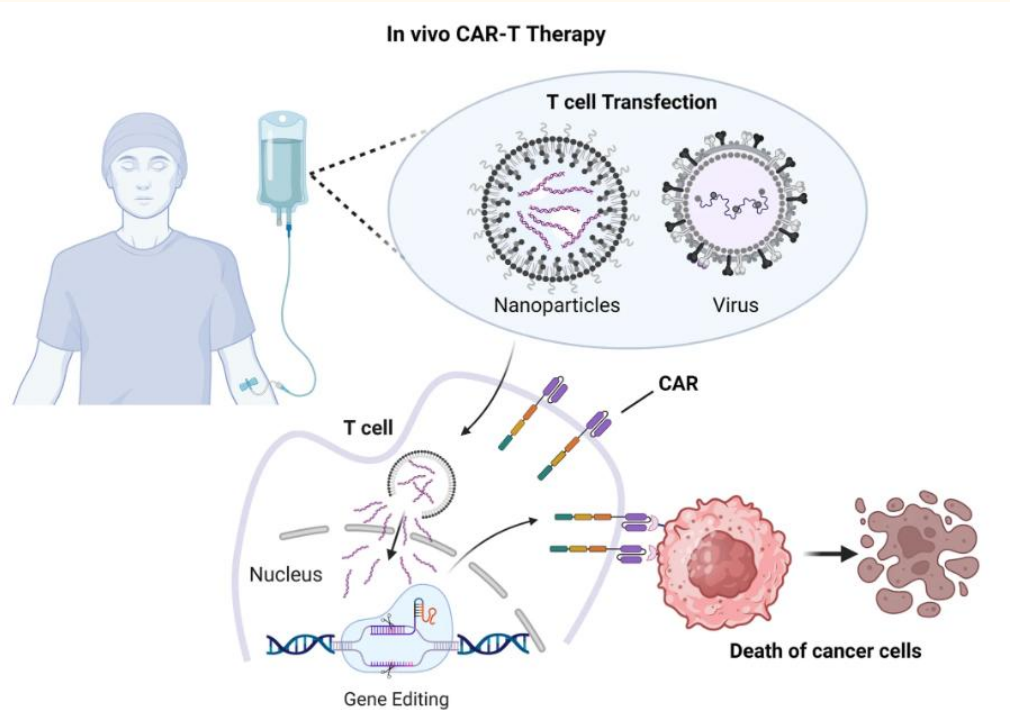
LATE / SALVAGE
Chemo • 2nd HCT

← **Best outcomes**

Worst outcomes →

- MRD technologies: Flow cytometry (10^{-4}), PCR/NGS (10^{-5} to 10^{-6})
- Pre-emptive DLI: effective when MRD detected early, tumor burden low; 50–70% durable responses
- Post-HCT maintenance: targeted agents (FLT3i, IDH1/2i, menin inhibitors) under investigation
- Future: liquid biopsies, ctDNA, single-cell sequencing for ultra-sensitive monitoring

In vivo CAR T-cell Therapy



Now approved in Europe: clinical trials for in vivo CAR T therapy. (Figure taken from Bui et al., in eBioMedicine 2024, CC BY NC ND 4.0, DOI: 10.1016/j.ebiom.2024.105266)

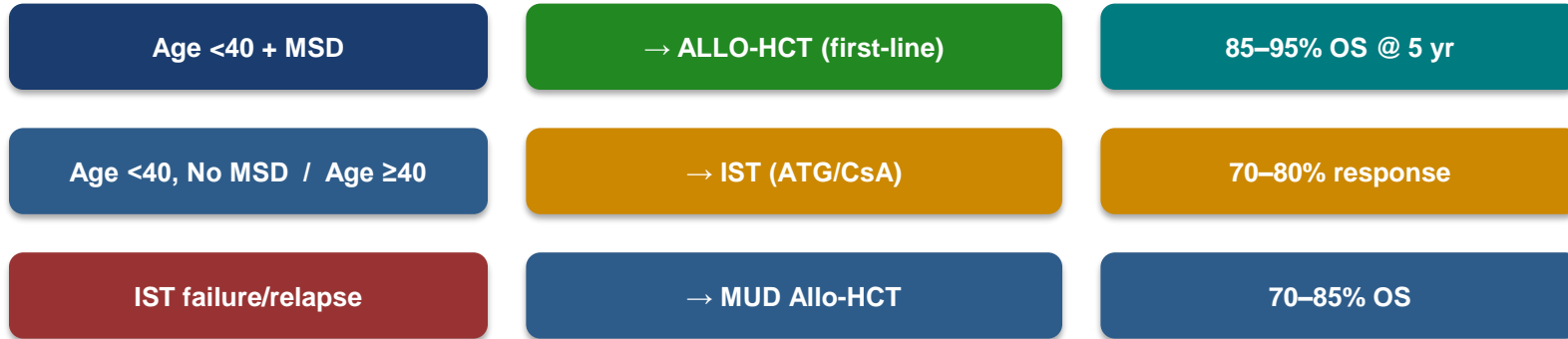
1. Fast (1-3 days for expansion)
2. No manufacturing resources (off the shelf)
3. Cheap(er)
4. Accessible
5. Scalable (1 formulation could treat thousands)
6. Safer (?) – no LD chemo, mRNA in nanoparticles are transient
7. More effective (?) - healthier T cells, can co-opt multiple immune cell types

Now in human clinical trials

Applicability beyond cancer

Beyond cancer: severe aplastic anemia – transplant as first-line

For young patients with SAA and matched sibling donor, allo-HCT offers 85–95% long-term survival



- MSD allo-HCT: bone marrow preferred over PBSC (lower chronic GVHD)
- IST: ATG + cyclosporine – 70–80% response but 30–40% relapse at 10 years
- MUD transplant: outcomes improving with PTCy-based GVHD prophylaxis
- Late effects: near-normal life expectancy if MSD HCT done in childhood

Sickle cell disease: allo-HCT offers cure with caveats

NMA allo-HCT achieves 80–90% DFS in adults with SCD, but graft failure remains a barrier

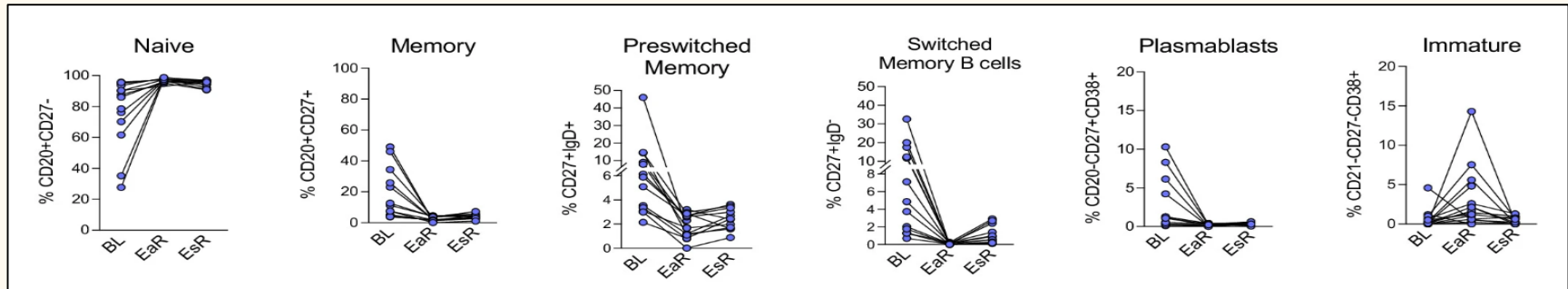
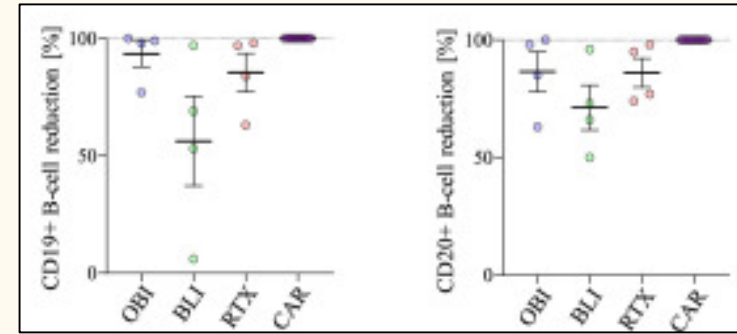
Pediatric MSD	Adult NMA	Haploidentical
Myeloablative Matched sibling DFS 90–95% Graft failure: <5% GVHD: 10–20%	Non-myeloablative MSD or MUD DFS 75–85% Graft failure: 10–20% GVHD: 10–15%	RIC + PTCy Haploidentical DFS 70–80% Graft failure: 15–25% GVHD: 10–15%

Curative outcomes	Graft failure barrier	Key toxicities	Gene therapy competition
~80% achieve normal Hb, resolution of vaso-occlusive crises	Major impediment (10–25%); driven by RBC alloimmunization, ABO incompatibility	GVHD 15–25% Infertility 80–90% Seizures 10–25%	Lentiviral, base editing emerging; avoids GVHD but durability TBD vs allo-HCT

Bolaños-Meade et al. Blood 2012; PMID: 22955919 | Eapen et al. Lancet Haematol 2019; PMID: 31495699 | Gluckman et al. Blood 2017; PMID: 27965196 | Hsieh et al. JAMA 2014; PMID: 25058217 | Walters MC. Curr Opin Hematol 2015; PMID: 25767957

CAR T-cell therapy for autoimmune disease

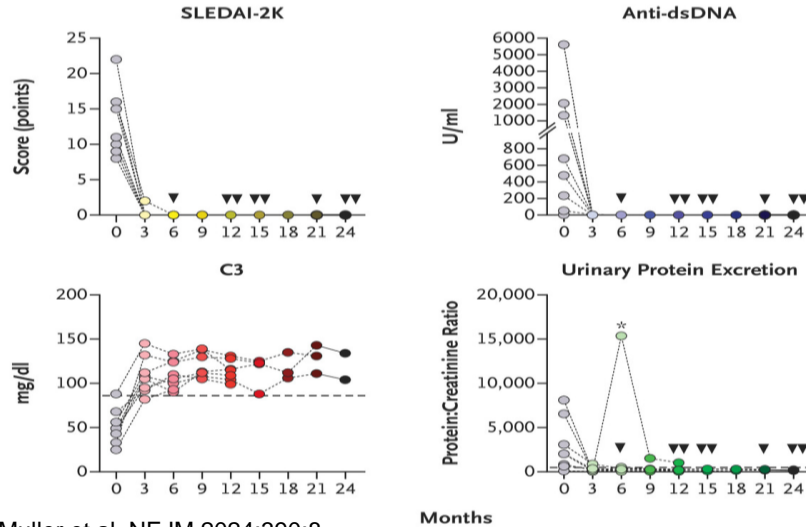
- B cell depleting monoclonal antibodies can be effective, but have limited tissue penetration and require continuous administration to control disease
- CD19 CAR T leads to profound B cell depletion followed by reconstitution with naïve B cells (>90%) without memory B cell and plasmablast compartments
→ **“Immune Reset”**



CD19 CAR T for autoimmune disease

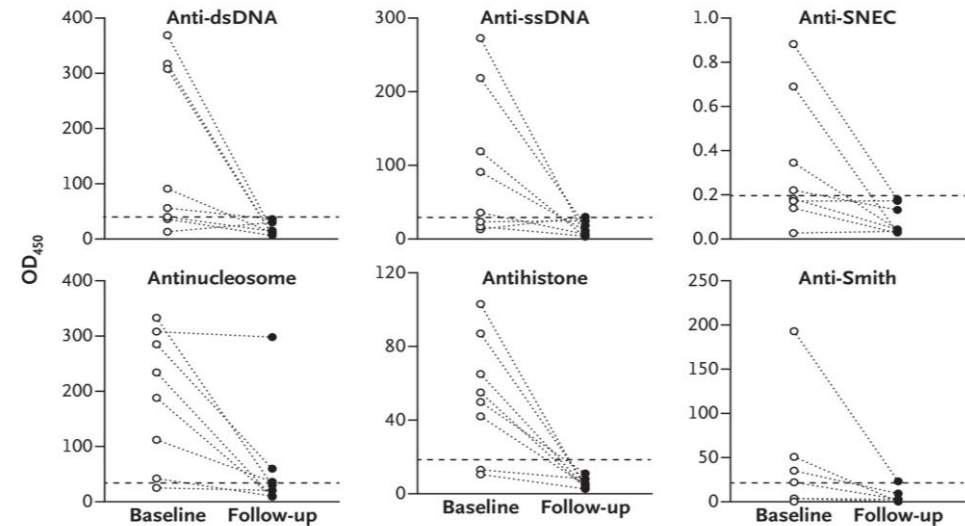
- Case series of severe SLE (n=8), Idiopathic inflammatory myositis (n=3), and systemic sclerosis (n=4) – all with inadequate response to at least 2 prior therapies
- All stopped immunosuppressive therapy, with durable clinical remission

B Long-Term Outcomes in Patients with SLE (N=8)



Muller et al. NEJM 2024;390:8

A Serum Autoantibody Levels in Patients with SLE (N=8)



Many trials testing CD19 or BCMA CAR T in autoimmune disease in progress

Conclusions: Allogeneic transplant and CAR T-cells

- 1. Both have critical roles in the management of hematologic cancer and beyond**
- 2. Challenges include toxicity, expense, intensive use of resources, access**
- 3. Exciting innovations on the horizon!**



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Questions or comments?