

Canadian Concussion Centre

Public Forum – Free Virtual Event – Registration Required

Title: **Concussion and Treatment of Prolonged Symptoms**

Wednesday, June 3, 2026 – 6:00 – 8:00 PM (EDT)



Time	Session Information
6:00 – 6:10	Canadian Concussion Centre- Opening Remarks Dr. Charles Tator, Director, Canadian Concussion Centre
Moderator: Anna Maria Tremonti	
6:10 – 6:15	Title: Brain Health Presenter: Dr. Carmela Tartaglia
6:15 – 6:30	Title: Concussion & Headache Presenter: Dr. Claire Sandoe
6:30 – 6:45	Title: Concussion & Mental Health Presenter: Dr. Lesley Ruttan
6:45 – 7:00	Title: Goal Management Training (GMT) as a treatment approach for concussion patients Presenter: Dr. Liesel-Ann Meusel
7:00 – 7:05	Break time
7:05 – 7:20	Title: Aerobic Exercise in Concussion Management: Clinical Benefits and Implementation Strategies Presenter: Tamara MacAulay
7:20 – 7:35	Title: Concussion & Sleep Disorder Presenter: Dr. Douglas Bradley
7:35 – 8:00	Patient Panel Moderator: Anna Maria Tremonti
8:00 – 8:10	Closing Remarks