

## Program-at-a-Glance: Day One

| Day 1                                           | Thursday October 29, 2026                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                             |
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| 7:30                                            | Registration & Breakfast                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                             |
| 8:30 – 8:45                                     | Opening Remarks                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                             |
| 8:45 – 9:45                                     | <b>Keynote Address:</b><br><b>Title: What If They're Not Ready Yet? Practical Approaches to Substance Use After Brain Injury</b><br><br><i>Dr. Carolyn Lemsy, Ph.D., C. Psych, ABPP-CN, C-CAT (MB)</i><br><i>Neuropsychologist and Clinical Director, Community Head Injury Resource Services (CHIRS)</i> |                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                             |
| 9:45 – 10:15                                    | PIA & OBIA Awards of Excellence in Brain Injury Rehabilitation Presentation                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                             |
| 10:15 – 10:45                                   | Break                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                             |
|                                                 | Room A                                                                                                                                                                                                                                                                                                    | Room B                                                                                                                                                                                                                                                                                                                                                                                             | Room C                                                                                                                                                                                                                                                                                      |
| <b>Concurrent Sessions</b><br><br>10:45 – 11:30 | <b>Title: Improving Staff Comfort and Skill in Managing Challenging Behaviour after Brain Injury</b><br><br><i>Author: <b>Lynn Renton</b>, BScOT, Coordinator, Nova Scotia Health ABI Provincial Network, Nova Scotia Health Acquired Brain Injury Program</i>                                            | <b>Title: Can Caregiving get E.A.S.I.E.R? Recommendations from a Review of Caregiver Outcomes and Interventions</b><br><br><i>Authors: <b>Arman Ali</b>, MPH Research Associate, KITE Research Institute, Toronto Rehabilitation Institute, University Health Network<br/><b>Judith Gargaro</b>, BSc, Med Toronto Rehabilitation Institute, University Health Network<br/><b>Jackie Quemby</b></i> | <b>Title: Legal Updates Impacting Brain Injury Rehabilitation Professionals by PIA Law – Details to Follow</b>                                                                                                                                                                              |
| 11:30 – 11:40                                   | Transition Time                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                             |
|                                                 | Room A                                                                                                                                                                                                                                                                                                    | Room B                                                                                                                                                                                                                                                                                                                                                                                             | Room C                                                                                                                                                                                                                                                                                      |
| <b>Concurrent Sessions</b><br><br>11:40 – 12:25 | <b>Title: When Recovery Stalls: Identity Disruption as a Nervous System Process in ABI Rehabilitation</b><br><br><i>Author: <b>Irina Valentin</b>, PhD, C.Psych. Neuropsychologist / Clinical Psychologist / School Psychologist, Valentin Psychology Professional Corp.</i>                              | <b>Title: From Survival Mode to Values-Based Living: Acceptance and Commitment Training for ABI Caregivers</b><br><br><i>Authors: <b>Andrea Alves</b>, OT (Reg ON) Occupational Therapist, Community Head Injury Resource Services (CHIRS)<br/><b>Benjamin Promane</b>, MSW, RSW Registered Social Worker, CHIRS</i>                                                                               | <b>Title: The Toronto Concussion Study: Fatigue Trajectories and Vocational Recovery Following Concussion</b><br><br><i>Authors: <b>Carl Froilan Leochico</b>, MD, FPARM, MHSc, Toronto Rehab - University Health Network<br/><b>Mark Bayley</b>, MD, FRCPC – University Health Network</i> |
| 12:25 – 1:25                                    | Lunch & Networking<br>Brief Overview: ABI Provincial Navigators: The Missing Link – Cathy Halovanic, Julie Osbelt (12:50 – 1:00 pm)                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                             |

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| 1:25 – 2:20                                   | Rapid Podium Presentations – 6 presentations (8 minutes each)                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                            |
| Rapid Podium Presentations                    | <b>Title: The Toronto Concussion Study: Exploring the Role of Pre-Injury Activity Levels in Non-Sports Concussion Recovery</b><br><i>Author: Alice Wang, HBS Sc Candidate, University of Toronto</i>                                                                                                                                                               |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                            |
|                                               | <b>Title: Responding to Complexity: A System-Driven Approach to ABI Crisis Case Management</b><br><i>Authors: Julie Osbelt, Toronto ABI Network &amp; Rene Brassard, Cota</i>                                                                                                                                                                                      |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                            |
|                                               | <b>Title: Overdose-Related Brain Injury: Bridging Harm Reduction and Brain Injury Care through Insights from People Who Use Drugs and Caregivers</b><br><i>Author: Liam Michaud, PhD(c), York University</i>                                                                                                                                                       |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                            |
|                                               | <b>Title: Examining the Final Discharge Destinations and Health Equity Characteristics of Moderate to Severe Traumatic Brain Injury Survivors</b><br><i>Authors: Kassandra Kenyon, RN, &amp; Leslie Taylor BSc(Kin) BSc(PT), Sunnybrook Health Sciences Centre</i>                                                                                                 |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                            |
|                                               | <b>Title: A Legally Informed Decision-Support Tool for At-Risk Discharges in Acquired Brain Injury Rehabilitation</b><br><i>Authors: Ami Li, MD, &amp; Jordan Pelc, MD, Sinai Health</i>                                                                                                                                                                           |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                            |
|                                               | <b>Title: Building Awareness and Service Provider Capacity for Intimate Partner Violence Brain Injury in Canada</b><br><i>Author: Halina (Lin) Haag, MSW, RSW, PhD, Wilfrid Laurier University</i>                                                                                                                                                                 |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                            |
| 2:20 – 2:30                                   | Transition Time                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                            |
|                                               | Room A                                                                                                                                                                                                                                                                                                                                                             | Room B                                                                                                                                                                                                                                            | Room C                                                                                                                                                                                                                                                                     |
| <b>Concurrent Sessions</b><br><br>2:30 – 3:15 | <b>Title: A Functional Approach to Chronic Pain Management in the ABI Population</b><br><br><i>Author: Calvin Leung, OT Reg (Ont). Occupational Therapist, FunctionAbility</i>                                                                                                                                                                                     | <b>Title: Bridging the Gap After Brain Injury: Expanding the Continuum of Care for Work and Financial Wellbeing</b><br><br><i>Authors: Heather Nuttall, MSW Occupational Therapist, OBIA<br/>Zoe Fallis, OT Reg (Ont). Occupational Therapist</i> | <b>Title: How Can We Better Support People with Traumatic Brain Injury after Intimate Partner Violence? Development of a clinical practice guideline and essential tools and resources.</b><br><br><i>Author: Parwana Akbari<br/>Researcher, University Health Network</i> |
| 3:15 – 3:45                                   | Break                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                            |
| 3:45 – 4:45                                   | <b>Keynote Address:</b><br><b>Title: Project-Based Intervention: A Practical Solution for Delivering Evidence-Based Rehabilitation in Real-Life Contexts</b><br><br><i>Deidre (Dee) Sperry, M.Sc., S-LP Reg. CASLPO Reg. NLCHP<br/>Assistant Clinical Professor (Part Time), School of Rehabilitation Science, Faculty of Health Sciences, McMaster University</i> |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                            |
| 4:45 – 5:00                                   | Closing Remarks                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                            |

## Program-at-a-Glance: Day Two

| Day 2                                | Friday October 30, 2026                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                 |
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| 7:30                                 | Breakfast                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                 |
| 8:45 – 9:00                          | Greetings                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                 |
| 9:00 – 10:00                         | <b>Keynote Address:</b><br><b>Title: Enhancing the Precision and Effectiveness of Cognitive Rehabilitation by Applying the RTSS Framework</b><br><br><i>Dr. McKay Moore Sohlberg, PhD, CCC-SLP, ASHA Fellow</i><br><i>Professor of Communication Disorders and Sciences at the University of Oregon</i> |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                 |
| 10:00 – 10:30                        | Break & Last Vote for People's Choice Award                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                 |
|                                      | Room A                                                                                                                                                                                                                                                                                                  | Room B                                                                                                                                                                                                                                                                                                        | Room C                                                                                                                                                                                                                          |
| Concurrent Sessions<br>10:30 – 11:15 | <b>Title: Beyond Accessibility: Clinical Decision-Making for Housing Accommodations in Acquired Brain Injury</b><br><br><i>Author: Alicia Kralt, BSc, MSc (OT), OT Reg (Ont). Occupational Therapist, FunctionAbility</i>                                                                               | <b>Title: Enhancing Access to Bail Support in Ontario: a Focus on Navigation for Women with Brain Injury</b><br><br><i>Authors: Flora Matheson, PhD Director of Programs, Unity Health Toronto; Arthur McLuhan, MA Unity Health Toronto; Lucy Gudgeon Director of Programs, Elizabeth Fry Society Toronto</i> | <b>Title: Beyond the Mandate: Simple Tools for Responding to Crisis and Suicidality in ABI Clients</b><br><br><i>Authors: Eden Dales, BA MSW RSW Eden Dales Social Work Uri Carmel-Kraiem, MSW, RSW, Registered Social Work</i> |
| 11:15 – 12:30                        | Lunch                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                 |
| 12:30 – 12:45                        | Recharging Yoga Session – Angie Davis                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                 |
| 12:45-1:45                           | <b>Keynote Address</b><br><b>Title: The Importance of Choices</b><br><br><i>Dean Wardak, Motivational Speaker</i><br><i>Director, Tamara Gordon Foundation</i><br><i>Patient Partner, EMPaCT, Women's College Hospital</i><br><i>Brain Injury Survivor and Inspirational Speaker</i>                    |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                 |
| 1:45 – 2:00                          | Closing Remarks, Presentation of People's Choice Award, Sponsor Prize Winners                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                 |

*The conference planning committee reserves the right to modify the program if required.*