Co-designing culturally responsive KTE products with ethnocultural communities to bridge community needs and health policy

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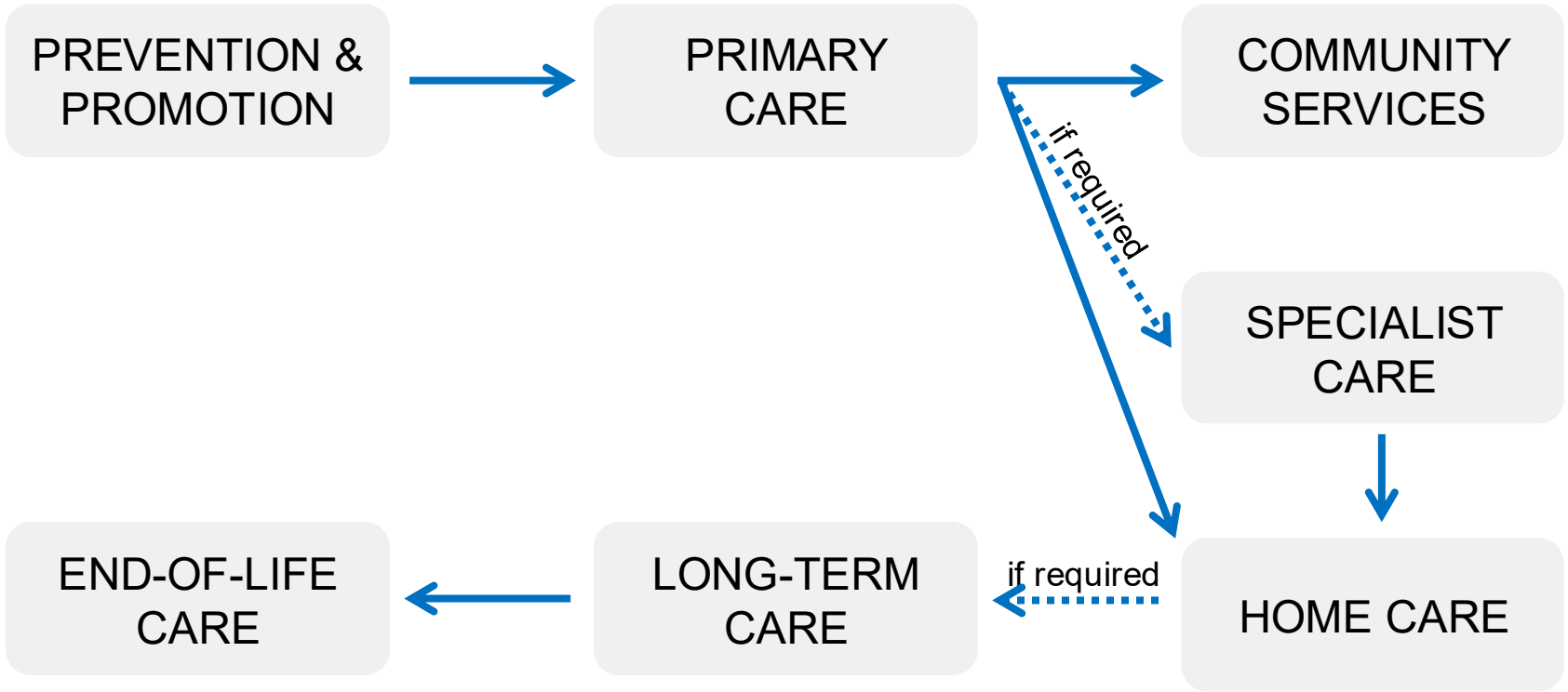
Dementia Care Trajectory



Dementia Care Trajectory



Need for culturally relevant, community-informed solutions.

Mrs. Miller

Less access and delayed diagnosis for racialized people

Under-diagnosis and more hospital use for those with lower SES

PREVENTION & PROMOTION → PRIMARY CARE → COMMUNITY SERVICES

PRIMARY CARE → (if required) → SPECIALIST CARE

SPECIALIST CARE → HOME CARE

HOME CARE → (if required) → LONG-TERM CARE

LONG-TERM CARE → END-OF-LIFE CARE

Poor outcomes (physical restraints, inappropriate drugs) for people who cannot speak the providers' language

Quebec Alzheimer's Ministerial Policy



- Released in February 2025
- Composed of five axes
- **Third foundation:** Taking into account the diversity of people and their social determinants to reduce inequities.

KTE Product – Policy Brief

Objective: Co-generating implementable recommendations making Quebec Alzheimer's Policy more equitable to reduce barriers faced by equity-seeking community.



Methods

Deliberative Dialogues









Process

Quebec Alzheimer ’s Policy	Released in **February 2025**.
Co-designed activities	Iterations were reviewed by vested parties: ACDPN RDPAC · Federation of Quebec Alzheimer Societies · Société Alzheimer Society Canada
Deliberative dialogue 1	**Aim:** Hear and understand their experiences. • Nine participants. • Shared an infographic of modifiable risk factors.
Thematic Analysis	• Shared findings with vested parties. • Created a recommendation guide.
Deliberative dialogue 2	**Aim:** Synthesize and generate their recommendations. • Shared an infographic of the themes.
Policy Brief	These recommendations are integrated into a policy brief to present to the Ministry of Health and Social Services.

Community-identified Recommendations



Strengthening community-based social services and improving pathways to healthcare access.



Providing culturally-adapted accompaniment and case management while navigating the healthcare system.



Increasing services and care for caregivers.



Extending services to prevent avoidable long-term care admissions.



Providing culturally adapted services in long-term care.



Co-developing culturally responsive and representative prevention and promotion efforts informed by community members.

1

Providing culturally adapted services in long-term care.

"As simple as it seems, food makes a big difference. Don't have to change the whole menu, but once in awhile, once a month think about cultural diversity."



- Integrating cultural and linguistic needs into the long-term admission process, such as food preferences, holidays, religious practices, etc.
- Inquiring the care team about trusted community organisations for facilities to reach to further support culturally adapted care.
- Going beyond geography and postal code and integrating language concordance and cultural coherence in relocation decisions.

2

Co-developing culturally responsive and representative prevention and promotion efforts informed by community members.

- Ensuring campaigns reach communities where they are at in both online and offline spaces.
- Producing campaigns that include individuals of similar backgrounds and scenarios for more representation.



Beyond Recommendations



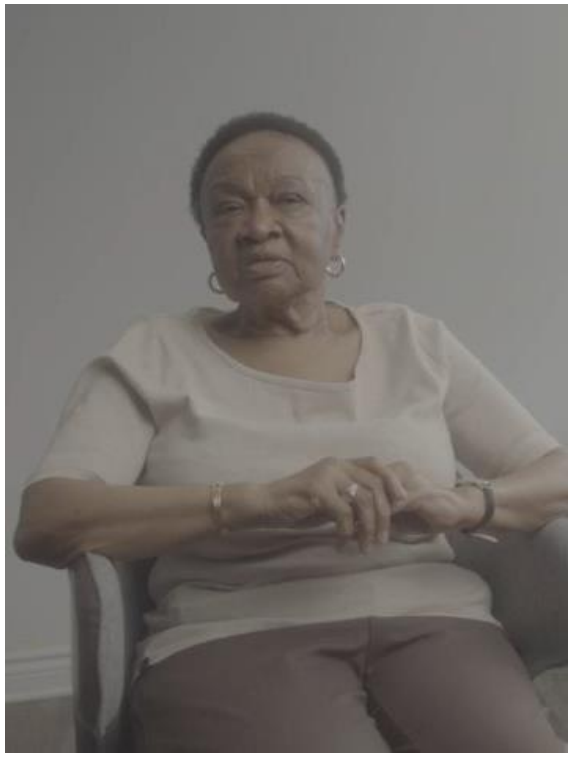
Tamil Community Members

Language: Tamil



Alzheimer's Indonesia – Toronto Chapter

Language: Indonesian



African Canadian Development and Prevention Network

Language: English

Community-led awareness campaigns

- Equity is not only about access after diagnosis.
- Made ***by*** the community ***for*** the community: made, led, and produced by members of the community.



[ACDPN VIDEO]

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