



Co-designing Culturally Responsive KTE Products with Ethnocultural Communities to Bridge Community Needs and Health Policy

Zaina Alsibai^{1,2}, Sathya Karunanathan^{3,4}, Sanjna Navani², The Alzheimer's Indonesia Toronto⁵, African Canadian Development and Prevention Network⁶, Alexie Dechênes⁷, Rachel Samson⁸, Marie Christine Le Bourdais⁹, Mireille Norris^{10,11}, Howard Bergman^{1,12}, Isabelle Vedel^{1,13}, Claire Godard-Sebillotte^{2,1}

1. McGill University, 2. Research Institute of McGill University Health Centre, 3. University of Ottawa, 4. Bruyère Research Institute, 5. The Alzheimer's Indonesia Toronto, 6. African Canadian Development and Prevention Network, 7. Alzheimer Society of Laval, 8. Federation of Quebec Alzheimer Societies, 9. Alzheimer Society of Montreal, 10. Sunnybrook Health Sciences Centre, 11. University of Toronto, 12. Jewish General Hospital, 13. Lady Davis Institute

Introduction

- Equity-seeking communities face systemic barriers to dementia care, including delayed diagnosis, underdiagnosis, higher hospital use, and poorer outcomes due to language and socioeconomic disparities.
- The new **Quebec Alzheimer's Policy** recognizes equity as a central principle, providing an opportunity to ensure culturally and linguistically appropriate dementia care for all communities.
- Our partner *African Canadian Development and Prevention Network* (ACDPN) is committed to informing the policy's implementation to help ensure it effectively mitigates existing inequities and reflects the lived experiences of racialized communities.

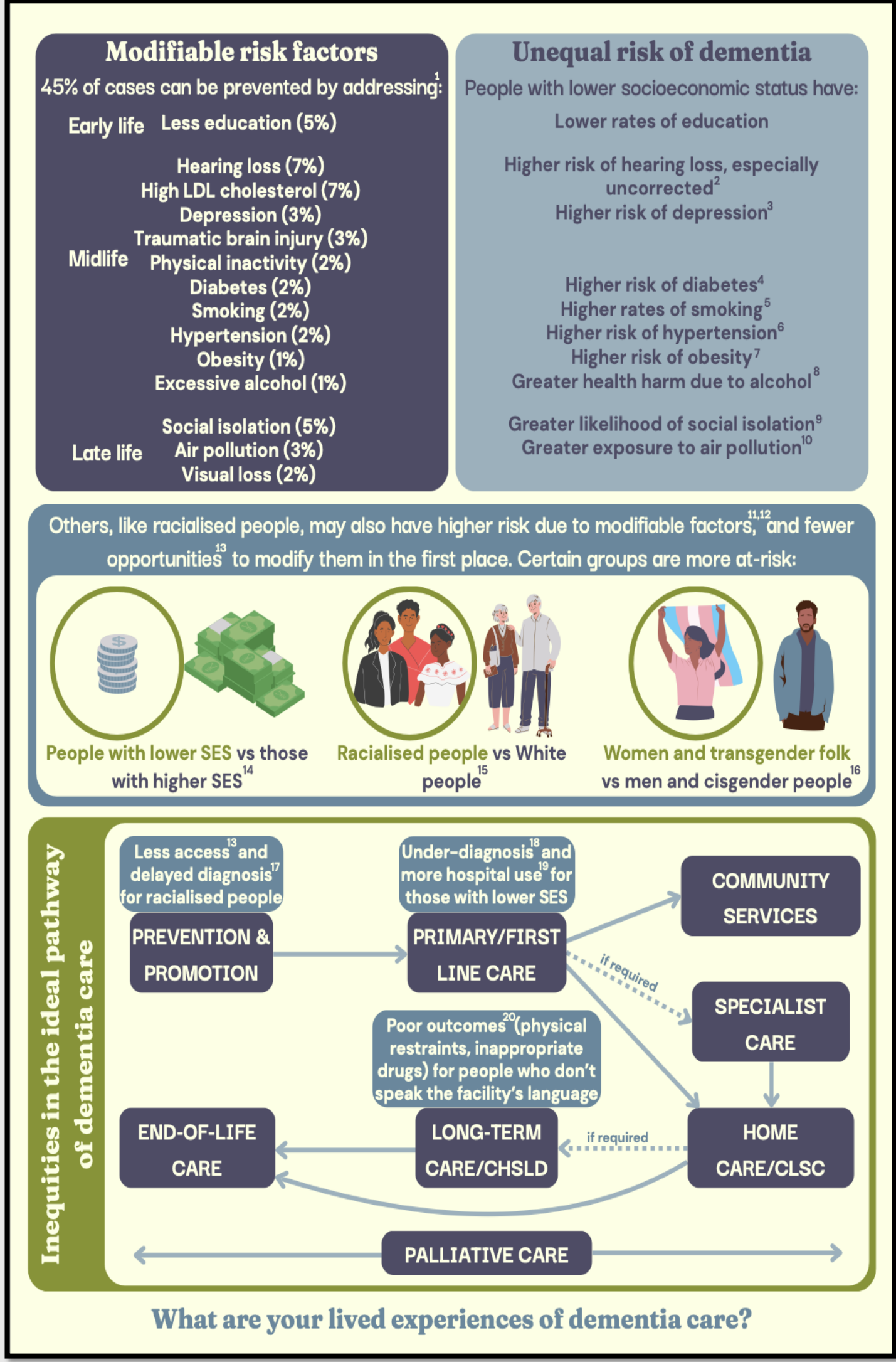
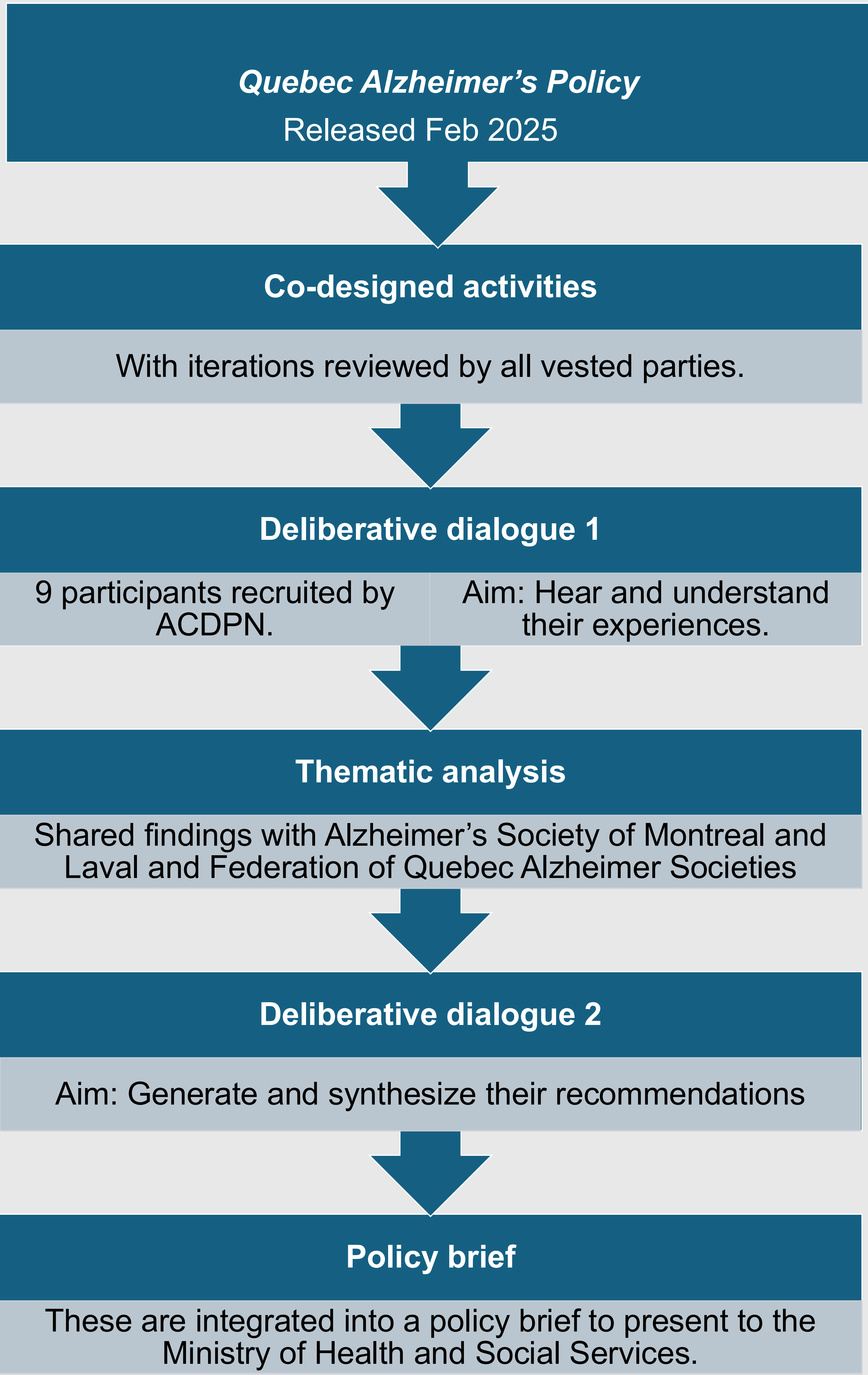
Objective

To generate recommendations with the Black English-speaking community in Montreal to make the Quebec Alzheimer's Policy's implementation plan more equitable.

Approach

Community-based participatory approach and deliberative dialogues

Methods



Infographics shared with community members



Generated Recommendations:

- Culturally adapted health promotion and representation.
- Extending services to prevent avoidable long-term care admissions.
- Strengthening community-based social services.
- Culturally-adapted services in long-term care.
- Transparency and communication while navigating the system.
- Increased care for caregivers.

Reflections

- Duration: Four months
- Long-standing relationship with community organization
- Structured organization
- Positive feedback and eager for future collaborations

