

Sunnybrook CKM Day

CARDIAC, KIDNEY, METABOLIC

Friday, November 27, 2026

8:00 am - 3:00 pm ET

Vaughan Estate at Sunnybrook, 80 Armistice Drive, Toronto, ON

CO-CHAIRS:



Julie Lovshin,
MD, PhD, FRCPC
Chair/Event Organizer
Staff Endocrinologist and Clinical Investigator, Sunnybrook Health Sciences Centre, University of Toronto
Toronto, ON



Rahul Jain,
MD, CCFP, MScCH, FCFP
Co-Chair/Moderator
Family Physician and Hospitalist
Department of Family and Community Medicine, Sunnybrook Health Sciences Centre
University of Toronto
Toronto, ON

FACULTY:



Ayodele Odutayo,
MD, MSc, Dphil
Nephrologist, Division of Nephrology
Sunnybrook Health Sciences Centre
University of Toronto,
Toronto, ON



Stephanie Poon,
MD, MSc, FRCPC
Cardiologist and Medical Director,
Heart Failure program,
Sunnybrook Health Sciences Centre
University of Toronto,
Toronto, ON

GUEST SPEAKERS:



Qasim Khan,
MBBS, MS, FRCPC
Transplant Hepatologist,
London Health Sciences Centre,
University of Western Ontario
London, ON



Sean Wharton,
MD, PharmD
Medical Director
Wharton Medical Clinic
Burlington, ON

Agenda

8:00 am	Networking Breakfast	
8:50 am	Opening Remarks	Dr. Julie Lovshin / Dr. Rahul Jain
9:00 am	Introduction to CKM	Dr. Julie Lovshin
9:10 am	Updates in T2DM	Dr. Julie Lovshin
9:35 am	Q&A	*Moderated by Dr. Rahul Jain*
9:50 am	Updates in Cardiology	Dr. Stephanie Poon
10:15 am	Q&A	*Moderated by Dr. Rahul Jain*
10:30 am	*Break*	
10:50 am	Updates in Nephrology	Dr. Ayodele Odutayo
11:15 am	Q&A	*Moderated by Dr. Rahul Jain*
11:30 am	Obesity Care in CKM	Dr. Sean Wharton
11:55 pm	Q&A	*Moderated by Dr. Rahul Jain*
12:10 pm	*Lunch*	
1:00 pm	MASLD Care for CKM	Dr. Qasim Khan
1:25 pm	Q&A	*Moderated by Dr. Rahul Jain*
1:40 pm	Case-based Group Activity	Dr. Rahul Jain
2:25 pm	Group Presentations / Discussion	*Moderated by Dr. Rahul Jain*
2:55 pm	Closing Remarks	Dr. Julie Lovshin / Dr. Rahul Jain

Learning Objectives

By the end of this symposium participants will be able to:

1) Summarize the updated guidelines for Cardiac, Kidney and Metabolic (CKM) syndrome
2) Describe approach to CKM syndrome - preventative strategies, detection, evaluation and evidence-based management therapies
1) Apply practical clinical pearls in the management of CKM and integrated approaches to Obesity and MASLD care

CLICK HERE TO REGISTER

https://SunnybrookCKMDay.com/

This program has received educational grants/support from: Abbott, Bayer, Boehringer-Ingelheim, Eli Lilly, and Novo Nordisk

This program has been organized by the Department of Family and Community Medicine and the Division of Endocrinology at Sunnybrook Health Sciences Centre, a not-for-profit CPD provider.